

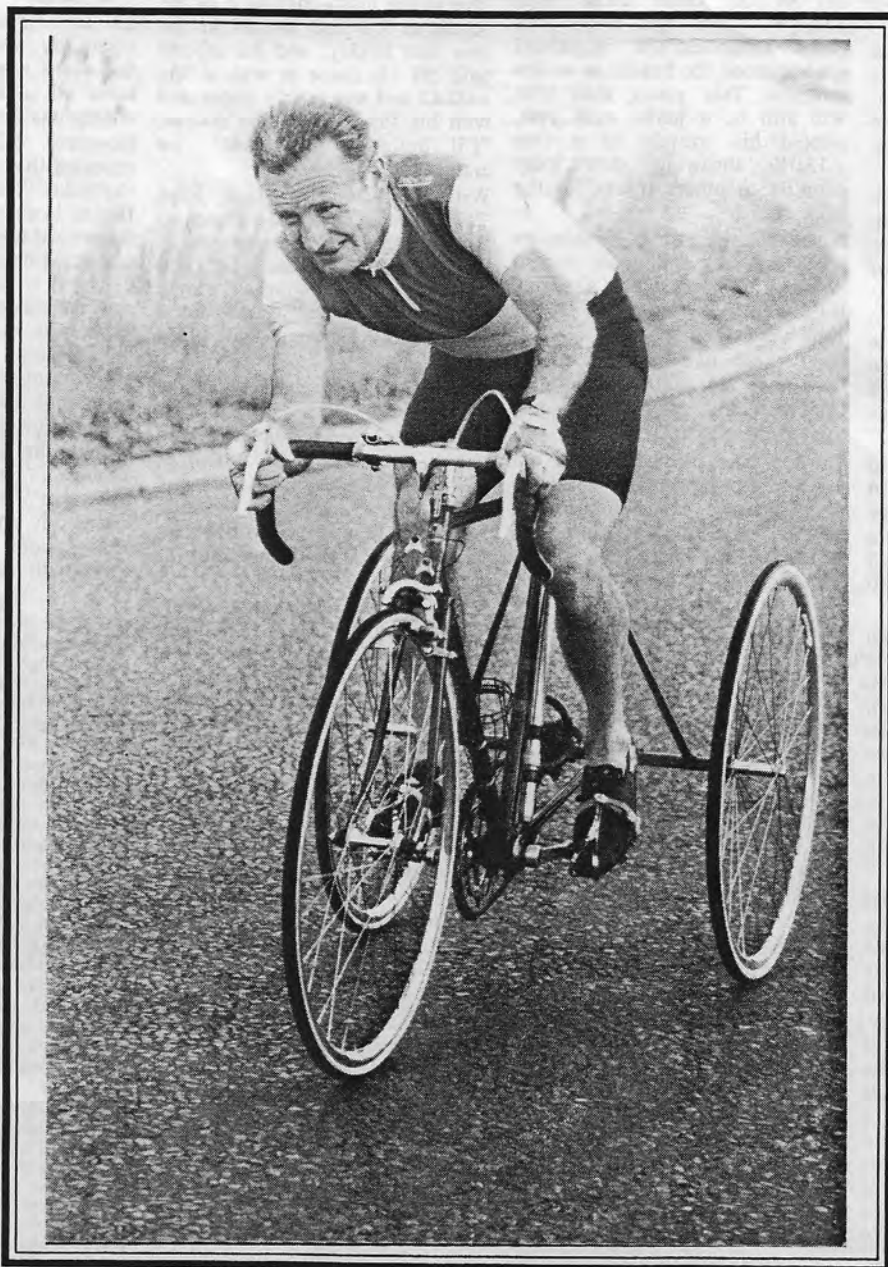
TIME TRIAL WEEKLY

PRODUCED BY TIME TRIALLISTS

25th March, 1993

No42

Price 70p



Bill Finch CC Bexley

Butler Supremo

Gethin Butler (RT Italia/Ribble) became only the 4th rider to win the Porthole Grand Prix in successive years when he added to his 1992 victory on Sunday.

His win was emphatic. The only ride under the hour, his time of 59.21 giving a handsome margin of 71 seconds over Stuart Dangerfield (Leo RC-Shorter Rochford) with rising star, Paul Jennings (North Wirral Velo-Kodak) third in 1.00.40.

The story could have been different however, had Chris Boardman (North Wirral Velo-Kodak) not been forced to retire after only three miles with mechanical problems.

But let not this fact detract from what was an exceptional winning performance, on what was once again an exceptional occasion for British time trialling.

Such is the Porthole GP. that no one rider can be bigger than the event, not even an Olympic Champion. Indeed the Porthole is more than just a race, it has become an occasion.

Under the impetuosity of avid cycling fan and race patron Gianni Berton, and the guidance of organiser Derek Tunstall, a galaxy of stars were assembled for this the 14th and greatest so far, edition.

Present were five past winners, an Olympic champion, a double commonwealth games champion, six reigning RTTC champions, two RTTC competition record holders and two RRA record holders. Ingredients surely for a cracking days competition on what must be one of the most testing and scenic time trialling courses in the country.

On the stroke of 8.01.am, it was A.M.Wills of the promoting club, Kent Valley RC who got the event underway. Soon after the start, riders are faced with a stiff 1 in 8 climb to Windermere. Following three miles of undulations to Ambleside the course runs down the West side of the lake. This section is a mixture of twisting 'B' and unclassified roads and includes the 1 in 7 'Devils Gallop'. From Newby Bridge, it's all up and down along the east side of the lake to the finish at Bowness.

Such is the nature of this course, that there is no opportunity to get into a rhythm. The rider is constantly changing gears and position.

The first significant ride of the day came from No 23 Marie Purvis (Manx Viking Wheelers) who stormed round in 1.08.32, smashing the womens record. This despite the course being virtually 26 miles, due to roadworks necessitating a diversion. Marie was to finish a creditable 48th overall, making

her journey from the Isle of Man well worth the effort.

Grahame Waddington (Pendle Forest CC) off at No 25, set the mark in the mens competition with a time of 1.02.04. This was to eventually earn him 6th place and confirmed his excellent early season form.

Riding a rare time-trial, Ian Morris (North East RT-Hardisty) of No 35 came close with 1.03.49, but it was No39 Ben Elliot (Macclesfield Wheelers) who grabbed the headlines at this juncture. This young man who will still be a junior next year, piloted his tricycle to a fine 1.15.18, throwing down the gauntlet to others trying for the trike award.

His challenge lasted 19 minutes until end to end trike record holder Ralph Dadswell (Antelope RT-Radford) came in with 1.14.51.to take the award.

Both these two promise to be back next year, and both promise to break the record they just missed this year!

At this point the sun came out and the day got hotter-so did the competition. At number 65, BBAR Kevin Dawson (GS Strada) came within an ace of Waddingtons' time with 1.02.08. He was, however, pleased with his effort having just recovered from a bout of flu. "I also had hardly any sleep last night" he confided "I kept waking up every hour, on the hour. I was glad when it was time to finally get up!"

It was to be Paul Jennings to finally end Waddingtons reign. His time of 1.00.40. confirming the rapid rise of this young man. Indeed he seems to be inspired by joining forces with Boardman and co., at the North Wirral Velo.

It was at about this time, however, that news came through of Boardmans day of despair. He had retired owing to mechanical problems, but it was a retirement that he had half expected.

Just before his start, a rear wheel puncture resulted in him taking a spare from a bystander-his helpers already having gone out on to the course. But Boardman, shaking his head on the start line, already had his doubts.

"It was a standard training wheel with a thick tyre" Boardman revealed, "and it was too thick for the frame, the tyre rubbed on the chain stays. Going up hills was ridiculous, it was as if I had my brakes on".

Boardman continued, "I started and hoped that I'd think of something-maybe get another wheel. I know that Sal (his wife Sally) was 6 miles up the road, but after three miles I was timed at being 15 seconds down on Butler. So that would have been 30 seconds at 6 miles, plus the

time for the change-I knew my race was over."

Indeed this incident was the culmination of a week of woe for the Olympic champion. Whilst out training during the week, his forks snapped resulting in a injured back.

"It wasn't too bad", he confessed "I was back on the bike by Friday, but I guess that this has been just one of those weeks"

So it wasn't to be Boardmans day, but was it to be Chris Balls? The young multi-champion of the Antelope RT had arrived in the area late Friday, and his efforts paid off. He came in with a fine 1.02.42 and was highly impressed with his first visit to the course, "I'll definitely be back!" he enthused.

With a whirring of legs, John Tomlinson (Sheffield Phoenix) did the lap of Windermere on an astonishing 72" fixed gear, and this maestro of the single sprocket did himself credit with a fine 1.07.56 securing 2nd. place on standard.

With Jennings being just outside the hour, a string of sub-hour rides were expected-but they did not come. Paul Curran (DinningtonRC-Nielson) came close with 1.01.47, and Simon Lillistone made a team win for North Wirral more likely with his 1.03.19.

Long distance specialist, Andy Wilkinson (Port Sunlight Wheelers) showed everybody that he can still turn a pretty pedal at the short distances coming in with a tremendous 1.02.47, and a revitalised Mark Addinall (Middridge CRT) took the creases out of his new skinsuit with a fine 1.01.32 to slot into second place.

All eyes were now down the road for the arrival of Jon Walshaw (North Wirral). He didn't quite live up to expectations with his 1.02.10, but made the issue of the team winners a certainty.

It was now down to two riders, Stuart Dangerfield and Gethin Butler. Butler was already a minute up at halfway and storming. Dangerfield, though, found it heavy going. Coming in with 1.00.32 he felt that his unfamiliarity with the course put him at a disadvantage, also he wasn't sure wether he'd used the right bike! "I hardly used the tri-bars" he said afterwards, "I've never known a course like it!". His aim for 1993 is simple "To win more races than last year!"

So the stage was set for Gethin Butler to storm into view. The gallery of spectators had high hopes for a '57' ride, but maybe that was asking a bit too much. In any case his 59.21. was over a minute faster than the rest, and put him into a class of his own. Incredibly it was almost a ride which didn't happen "I've been feeling a bit under the weather all

week, all I did in the way of training was four 23 mile rides from school to home," he confided. "I had a bit of a sore throat this morning, but Gianni persuaded me to start. I'm glad I did now! The ride hurt me a lot, but obviously it hurt everybody else that little bit more."

And so the race ended, but the occasion was only half over, such is the generosity of the race sponsor, all riders and officials were treated to a fabulous spread of food in the headquarters afterwards.

In an extended prize giving ceremony, all the past winners of the event were honoured and so were all of the reigning RTTC champions present.

However, sadly to say, it was revealed that this may be the last Porthole. The cost to Gianni Berton is simply too much during these hard times and a co-sponsor is needed desperately. However, I do seem to remember that being said on previous occasions, and I along with many others, hope that the passion of Gianni and the enthusiasm of the organisers will be enough for this great occasion to continue. For no other reason, but for the sake of British Time Trialling. "We need more events like this" said Butler-I think everybody on the shores of Lake Windermere last Sunday will agree with that.

The Result

G.J.Butler.(RT Italia).....	59.21
S.J.Dangerfield.(Leo RC).....	1.00.32
P.D.Jennings.(Nth Wirral Velo).....	1.00.40
M.Addinall.(Middridge CRT).....	1.01.32
P.Curran.(Dinnington RC).....	1.01.47
G.Waddington.(Pendle For CC).....	1.02.04
K.Dawson.(GS Strada).....	1.02.08
J.M.Walshaw.(Nth Wirral Velo).....	1.02.10
C.C.Ball.(Antelope RT).....	1.02.42
A.Wilkinson.(PortSunlight Whs).....	1.02.47
C.Allcock.(Delta RT).....	1.03.10
S.Lillistone.(Nth Wirral Velo).....	1.03.19
M.Dodgson.(RT Italia).....	1.03.39
I.Norris.(Nth East RT).....	1.03.49
S.O'Brien.(Nth Wirral Velo).....	1.03.51
C.K.Sanders.(PortSunlightWhs).....	1.04.13
C.A.Myhill.(Chesterfield Cour).....	1.04.24
J.Kirchin.(Mansfield RC).....	1.04.28
N.P.Nicholson.(RichmondSDCC).....	1.04.39
H.Walker.(GS Metro).....	1.05.06
R.J.Haigh.(Seamons CC).....	1.05.06
Team. North Wirral Velo. Jennings/Walshaw/Lillistone. Lady.	
M.Purvis.(Manx Viking Whs).....	1.08.32
A.Plant.(Lakes RC).....	1.14.13
L.Flavell.(Port Sunlight Whs).....	1.15.06
A.L.Hunter.(Horwich CC).....	1.15.06
K.Hindmoor.(Team Rapide).....	1.20.05
L.M.Maxwell.(Lakes RC).....	1.26.22
Fastest Vet.	
A.Lane.(Team Mirage).....	1.05.42
L.J.Foster.(Border City Whs).....	1.06.41
P.Guy.(Mid Shrop Whs).....	1.07.01
S.Giles.(Leo RC).....	1.07.02
Vets/Std.	
D.Logbottom.(VC York).....	+4.36
J.Tomlinson.(Sheffield Phoenix).....	+4.15
J.Woodburn.(Antelope RT).....	+4.08
Jun.	
M.P.Haynes.(Horwich CC).....	1.05.45
A.S.Robinson.(Morley CC).....	1.06.59
P.A.Waddington.(BradfordWhs).....	1.09.03
Trikes.	
R.Dadswell.(Antelope RT).....	1.14.51
B.R.Elliott.(Macclesfield Whs).....	1.15.18
B.Moore.(VC Cumbria).....	1.20.36
S.Hawkes.(Oxonian CC).....	1.27.19
D.J.Atkinson.(WestPennine RC).....	1.40.01

Ian Claudius

Ray Hughes takes Test Valley Trophy for fourth time, in Sotonia Weekend

John Pritchard wins 10 in record time.

Summer came early to Andover for the Sotonia CC. 10 on Saturday afternoon, and many of the 120 responded to the warm sunshine by re-writing their line 1 details for future entries before the last man, off John Pritchard (Bio RT Argos Racing Cycles) put them all in the shade with a sparkling 20.15 to beat his own course record by fourteen seconds.

Until the Welshman flew past the finishing line by Thruxton Aerodrome, Amesbury's Lee Paxton (Salisbury RC) had remained at the top of the leader board for 1½ hours, with a time of 20.45. which proved too good for noted short distance specialists like Pritchard's clubmate, Andy Sharpe, former BBAR Gary Dighton (Leo RC) and the exuberant Peter Pickers (Antelope RT) but it was the arrival of the winner's schoolboy son, Ceri, which brought gasps of surprise from onlookers when his time of 21.12. was posted.

Will it be long before this amazingly quick juvenile beats all-comers in an open 10?

His father's time buttoned up the outcome of the team prize, but Ray Hughes (Clarence Wheelers) was the only one in the top ten who featured in the result of the promoting club's second event on the following morning. This took the form of a 50 kilometre race from the outskirts of Romsey up the Test Valley to Stockbridge before following the A30 across rolling downs to Sutton Scotney and back again, and it was very

obvious well before the first man, South DC. chairman, Martin Napier, came too the line that this course did not appeal to many of the 10 milers.

Race favourite, Glenn Longland (Antelope RT) was one of several in the disappointing entry of 38 who were missing from Saturday's event, but one who did race on both days was the winner. Ray Hughes. Though claiming at the finish that he thought it was not so good as the slightly shorter circular course it replaced a year ago, he made better progress than Longland to win by twenty seconds in a new event record time of 1.13.21. which assured him of the Test Valley Trophy, awarded each year to the fastest on aggregate in the two races, for the fourth time in five years.

With several of their more noted time trialists racing elsewhere, Antelope RT also lost out to Clarence Wheelers for the team prize, with Hughes being backed up by Richard Pace and the club's new veteran signing, Alan Strong, whose wife, Pauline, now in Crabwood CC colours, won the ladies award.

Sotonia CC 10 mile TT

Saturday 20th March.

J.Pritchard.(BioRT)	20.15
L.Paxton.(Salisbury RC)	20.45
R.Hughes.(Clarence Whs)	20.48
G.Dighton.(Leo RC)	20.52
D.Redding.(Mid-Shrop Whs)	20.57
A.Sharpe.(Bio RT)	21.09
P.Pickers.(Antelope RT)	21.10
C.Pritchard.(Bio RT)	21.12
P.Panagi.(Hastings & ST LCC)	21.14
A.Dawson.(Antelope RT)	21.25
Team.	
Bio RT. (Pritchard/Sharpe/C.Pritchard)	
Vet.	
J.Pritchard.	
Jun.	
W.Grainger.(Andover Whs)	21.53
Juv.	
C.Pritchard.	
Lady.	
Z.Harris.(Crabwood CC)	22.44

Sotonia CC 50 Km TT

Sunday 21st March.

R.Hughes.(Clarence Whs)	1.13.21
G.Longland.(Antelope RT)	1.13.41
R.Pace.(Clarence Whs)	1.16.41
M.Parton.(Antelope RT)	1.20.12
J.Withney.(Addiscombe CC)	1.20.21
J.Edwards.(St'hampton Whs)	1.20.36
E.Bonner.(Central Sussex CC)	1.21.08
S.Howatt.(Antelope RT)	1.22.21
T.Cox.(Polytechnic CC)	1.22.22
N.Beckwith.(Fareham Whs)	1.22.24
Team. Clarence Wheelers.	
(Hughes/Pace/Strong)	1.24.35
Vet.	
E.Bonner.	
Lady.	
P.Strong.(Grabwood CC)	1.34.45

Gemini BC

Hilly 27.5 mile TT

Sunday 21st March.

N.Archibald.(Gemini BC)	1.07.24
L.Martin.(San Fairy Ann CC)	1.08.31
M.Whitehead.(VC Deal)	1.09.02
C.Roffey.(Gemini BC)	1.11.22
M.Vowell.(San Fairy CC)	1.11.47
I.Whitehead.(Gravesend CC)	1.12.01
S.Pearson.(Wembley RC)	1.12.03
R.E.Crayford.(Gravesend CC)	1.13.50
N.Stratford.(Met Pol CC)	1.14.09
K.Craven.(Crescent CC)	1.16.18
Lady.	
C.Gandy.(San Fairy Ann CC)	1.18.39
Jun.	
S.Pearson.	
Vet.	
K.Craven.	+8.36.

Charles Star CC 23 miles.

Sunday 21st March Kettins.

P.Duncan/L.Simpson.	
(Aberdeen Multi S)	57.02
P.Hutton/G.Moore.(Penicuik RC)	57.42
D.Hannah/J.Ritchie.(Denny RC)	57.59
P.Brown/R.Tully.	
(Dunde Thistle RC)	59.21
D.Cameron/C.Dean.	
(Aberdeen Multi S)	59.24
R.Stewart/K.Stewart.	
(Deeside Th)	1.00.58
Ladies.	
L.Bisset/V.Begg.	
(Carnoustie CC)	1.18.20

V.C.Slough Challenge starts with win in CC Breckland 50K.

Loughborough are student champions

Although the weather was a big disappointment to competitors and organisers alike in the CC Breckland 50km 4Up TTT on Sunday, with continuous rain throughout the open and BSSF Championship event which followed, there were remarkably few none starters.

Coughs, colds and flu meant that a number of teams started with just three riders or else, starting with a full complement, dropped their least fit member to finish with three. Among these were the winning VC Slough team of Dave Creese, Phil Silver, Dave Smith and Steve Hunt who, in spite of the odds, turned in a super ride of 1.08.58 over a minute faster than second placed Leo RC.

As in last year's event every team started in the BSSF Championship quite an achievement when you consider that of the 32 teams entered riders had travelled from as far as Edinburgh, Bristol and York to compete in the wilds of Norfolk!

And again as in last years' event, the Loughborough Students 'A' team of James Norfolk, Kev Brennan, Richard Craven and Geoff Frost, who started his racing career with CC Breckland, took the top spot with a time of 1.09.47.

Over two minutes in arrears Cambridge University 'A' finished second in 1.11.58. beating the ex-Sheffield Polytechnic team (now grandly re-named Sheffield Hallam University) into third place.

Scene of the 1990 National Open 4UP TTT Championship the headquarters were again in the heart of Thetford Forest on the super Forestry Commission site at High Ash where there is hard standing to spare for the vehicles of the 300 odd people who came to compete, organise and spectate.

Sunday 21st March. BS/21

VC Slough. D.Creese/P.Silver/	
D.Smith/S.Hunt.	1.08.58
Leo RC. G.Taylor/A.Stapleton/	
G.Snellin/S.House.	1.10.02
RT East. (R.Oliver/E.Page/	
B.McDonald/R.Van-Looy.	1.12.31
Team Welwyn. S.Layfield/J.Stewart/	
A.Friedman/R.Jefferies.	1.13.36
VC Norwich. Z.Carr/P.Bedford/	
J.Trenchard/B.Owen.	1.14.10
Ipswich BC 'A' B.Toole/N.Douglas/	
J.Morris/P.Hetzel.	1.14.18
Paddington CC. S.Wharton/S.Kirkham/	
A.McDonald/T.Gibb.	1.14.38
Wisbech Whs. M.West/J.Kierman/	
P.Russell/I.Noons.	1.16.14
CC Breckland 'A' R.Boundy/	
D.Saunders/S.Lake/R.Moore.	1.17.59
Stowmarket CC 'A' A.Chase/J.Barnard/	
P.Davidson/A.Healey.	1.23.19
1st Comp.	
VC Norwich/Norfolk RC.	1.16.36

British Students Sports Federation 50km TTT

Loughborough St 'A'	
J.Norfolk/G.Frost/K.Brennan/R.Craven.	
	1.09.47
Cambridge Univ 'A'	
A.Williams/C.Cox/N.Fretwell/P.Wothers.	
	1.11.58
Sheffield Hallam Univ 'A'	
T.Grassby/S.Owens/R.Moss/D.Farmer.	
	1.12.22
Leicester Univ 'B'	
D.Jennings/C.Pike/J.Wilson/M.Foxwell.	
	1.13.46
Loughborough St Tri Club.	
P.Blacker/C.Ball/T.Haines/P.Skilbeck.	
	1.14.15
Oxford Univ 'A'	
I.Paine/J.James/D.Hulme/J.Morgan.	
	1.15.36
Edinburgh Univ.	
J.Mackintosh/M.Garrett/A.Drybrough/	
N.Cheatham.	1.16.03
Univ of York.	
P.Morran/R.Osman/S.Ward/P.Simon.	
	1.16.11
Sheffield Univ 'A'	
P.Goodfellow/M.Sherwin/A.Burns/	
I.Simpson.	1.17.29
Sheffield Univ 'B'	
W.Hobbs/A.Ralph/T.Peregrine/A.Brown.	
	1.18.15

Stourbridge CC 2Up TTT

Saturday 20th March. K8/10

G.Pardoe/P.Bayton.		(Chelham C)	22.20
(Team Sabre)	20.52	T.Hughes/T.Goodwin.	
N.Yarworth/A.Rowley.		(Evesham Whs)	22.23
(GS Vitesse)	21.07	P.Mallen/P/Pullinger.	
R.O'Connor/S.Campbell.		(Stourbridge CC)	22.29
(Coventry Oly)	21.27	A.Minovi/M.Harborne.	
R.Evans/M.Purhouse.		(Warwickshire RC)	22.38
(Royal Sutton CC)	21.31	P.Prince/R.M.Smith.	
W.Elliott/P.Nabi.		(Bromsgrove Olym)	22.44
(Concorde/Elizabethan)	21.38	1st Comp.	
S.Barnes/R.Lyne.		Eliot/Nabi.	
(Gloucester CCC/Heron)	21.56	1st Inc Vet.	
G.J.Murray/M.Moore.		R.Minovi/M.Harborne.	
(Coventry Olym)	22.05	1st Inc lady.	
T.Morgan/C.J.Vasey.		S.J.Evans/P/Carbutt.(Solihull CC)	23.38
(GS Vitesse)	22.09	Ladies.	
S.Haines/D.Sinar.		S.Gillitt/L.Sayer(Coventry RC)	28.35
(Birmingham CC)	22.10		
K.Sidwell/D.Sidwell.			
(R.Sutton/Hinckley)	22.13		
M.Ascroft/J.R.Stammers.			

Paxton on form

"I am going well considering I have a cold" said Lee Paxton (Salisbury RC) after storming round to win the East Dorset CA 25 mile time trial at Wimborne.

"This is the fourth this year" I should be getting used to them" he continued. He is not run down, having done a personal best for 10 miles the day before in the Sotonia 10, and only beaten by John Pritchard.

The reason is that in his job as a carpenter he is working in army camps and meeting more people, instead of his usual work on healthy, if draughty roofs.

Local Paxton fans are torn between admiring at his current increase in short distance speed, or worrying that he is peaking too early for his summer attempt to improve in the BAR.

The signs are that he has the late season firmly in mind, but with no lack of stamina, he is concentrating on improving speed while he has the chance.

Not too far behind in second place was veteran Terry Icke, showing flashes of his old form, Terry is currently trying out some of the new training techniques, and they work for him.

He finds the shorter training helpful as under pressure at work, he has been working 60 hours a week for the last fortnight.

This was his first time with clipless pedals, and while he felt they still needed adjustment, he was delighted with them "Now that Kelly has changed, I don't have an excuse for holding out any longer" he says. But he still can not justify a disc wheel. "I don't believe in buying equipment just for the sake of buying it."

Times apart from the two leaders looked a little old fashioned, on a calm mild March morning. Due to the policy of the East Dorset CA of using courses that owe more to being sporting and safe, than super fast.

Sunday 21st March. P422

L. Paxton (Salisbury RC).....	56.20
T. Icke (Poole Whs).....	57.42
B. Watkinson (B'mouth Arrow).....	59.58
S. Brown (B'mouth Jub Whs).....	1.00.03
M. Ashurst (New Forest CC).....	1.00.17
P. White (Poole Whs).....	1.01.10
M. Tarrant (B'mouth Jub Whs).....	1.01.53
J. Bilby (Wessex RC).....	1.01.59
A. Rivett (Team Avon).....	1.02.02
M. Davies (Poole Whs).....	1.02.44
D. Hanbury (New Forest CC).....	1.02.11
Q. Allen (B'mouth Jub Whs).....	1.03.03
P. Jarvis (Wessex RC).....	1.03.31
F. Scott (Team Avon).....	1.03.52
P. Doughty (Poole Whs).....	1.03.53
W. Suttie (B'mouth Jub Whs).....	1.04.17
B. Marsh (CC Weymouth).....	1.04.18
K. Rutter (Poole Whs).....	1.04.43
W. Kirkland (Wessex RC).....	1.05.01
J. Marshman (B'mouth Jub Whs).....	1.05.27
G. Young (B'mouth Jub Whs).....	1.05.40
T. James (CC Weymouth).....	1.05.40
Jun. B. Marsh	
Vet. T Icke	
Team	
Poole Whs (Icke/White/Davies)	
Lady	
M. Kitcher (Poole Whs).....	1.10.43

Trevor Fenwick

Stone Wheelers Hilly 40 mile TT

Sunday 21st March. J8/1

S. Walton (Manchester Whs).....	1.17.37
J.D. Spooner (Stoke AC).....	1.21.46
S.K. Butterworth (Dukinfield CC).....	1.22.20
K. Milward (Leek CC).....	1.23.14
J. Waddilove (Crewe Clar Whs).....	1.23.34
I.M. Moston (Crewe Clar Whs).....	1.23.58
J.J. Findlay (Lyme CC).....	1.24.28
D. Davies (Wrekin Sp).....	1.25.03
R.J. Chadwick (Tunstall Whs).....	1.25.27
D. Ireland (Crewe Clar Whs).....	1.26.29
Lady	
C. Roberts (Crewe Clar Whs).....	1.29.39
R. Almond (Wolverhampton Whs).....	1.37.39
Juv.	
G. Roberts (Stone Whs).....	1.44.35
Vet/Std.	
K. Biddulph (Stone Whs).....	1.38.59
K. Moore (Stone Whs).....	1.34.44
T.D. Gilliot (Crewe Clar Whs).....	1.32.49
Team. Crewe Clar Whs.	
Waddilove/Moston/Ireland).....	4.14.13

Manchester & District TTA Jun. 10 mile championship 13th March.

W. Sanderson (Stockport Clar).....	24.25
A.C. Critcher (Hyde Olym).....	25.18
M. Sharrock (Leek CC).....	25.30
M.J. Turnbull (Leig Premier).....	25.52
C. Oliver (ABC Centreville).....	26.03
M.S. Taylor (Stretford Whs).....	26.17
S. Hall (Crewe Clar).....	26.41
M.J. Ward (Warrington RC).....	26.44
R.E. Iley (ABC Centreville).....	27.13
J.A. Dance (ABC Centreville).....	28.21
P. Cleary (Manchester Whs).....	30.51
Juv.	
C.A. Morgan (Manchester Whs).....	25.52
D.S. Yates (Macclesfield Whs).....	26.49
H. Sanderson (Stockport Clar).....	31.57
K.A. Knight (ABC Centreville).....	36.47

Nunbrook Wheelers 25 mile TT

Sunday 21st March. V336

L. Holmes (Leeds St. Chris. CC).....	53.54
G. Metcalfe (Otley CC).....	56.52
J. Lewis (WV Amsterdam).....	57.38
S.P. Tyson (Hartlepool CC).....	57.59
J. Wainman (Hull Thurs RC).....	58.12
W. Thorpe (Goole Vermuyden CC).....	58.45
C. Giles (Huddersfield Star Whs).....	59.25
D. Moralee (Featherstone RC).....	59.53
D. Roe (Morley CC).....	1.00.08
J.R. Asquith (Ravensthorpe CC).....	1.00.15
D. Marriott (Ravensthorpe CC).....	1.00.33
B. Sargent (Lindsay Roads).....	1.00.44
A. Chatterton (Hartlepool CC).....	1.00.52
G.R. Sayer (Hartlepool CC).....	1.01.00
T. Rose (Clifton CC).....	1.01.43
G. Firth (Bridlington CC).....	1.01.47
A. Bennison (Featherstone RC).....	1.02.16
Team. (Bidlake.) Hartlepool CC (Tyson/Chatterton/Sayer).....	1.01.00
Group A	
L. Holmes.....	53.54
G. Metcalfe.....	56.52
Group B	
D. Moralee.....	59.53
B. Sargent.....	1.00.44
Group C	
G. Firth.....	1.01.47
A.D. Bennison.....	1.02.16
Group D	
P.A. Chapman (Otley CC).....	1.04.09
H. Fairclough (Featherstone RC).....	1.05.43
Group E	
B. Beachall (Halifax RC).....	1.05.24
C. Beese (Featherstone RC).....	1.05.43
Tandems	
C. Simpson/Cwhittam (Yorkshire RC).....	59.39
S. Brown/Mrs R. Brown East Bradford CC.....	1.00.50
J.H. Cooper/C.R. Taylor Doncaster Whs.....	1.01.18

Laurie Holmes weekend double, Scarborough 10 & Nunbrook 25

Scarborough Paragon CC held the first of its open 10 mile time trials on course V418, Pickering/Malton road on Saturday.

A generous prize list was on offer to the full field of men, 37 awards in total, including one for any rider who could better the current course record of 20.28, from July 1991 by Ian Cammish. However, one look at the weather conditions and it was obvious that it was safe until the next time.

Conditions were cool with a very strong SW wind, riders having to battle out to the turn. Nevertheless there were the usual ones to defy the weather and produce splendid times.

Laurie Holmes (Leeds St. Christopher CC) recorded an excellent time of 22.00, to win by nine seconds from his second-placed club mate Vince Macklam. Together with (Dad) Jack Macklam (25.01) they took the team award for Leeds St. Christopher CC.

In third place was Goole Vermuyden CC's Robbie Krygsman with 22.29, and his team mate Peter Read scooped the fastest veteran prize with a fine 23.44. Best veteran on standard was Geoff Firth from Bridlington CC with +4.13., (24.39) First junior was Ben Monks from Malton Wheelers RC (26.00) and best juvenile M. Wolstenholme, from the, Clifton CC. York 27.08. To share the prizes still further the field was grouped A/E as well as the scratch section.

There were only four finishers out of seven tandem entries, one having mechanical problems, one puncturing and one failing to start. First place here went to Scarborough Paragon CC's Rob Taylor and Barrie Cappleman with 23.35, riding together for the first time.

Second place went to Stuart and Chris Hopkinson from City RC (Hull) with 23.50, and third was M and Mrs. B. Penrice, Seacroft Wheelers, 28.17.

The event seemed to go very well and organiser Mick Storey was happy that there were only 10 DNS. Thanks to all who helped from Scarborough Paragon and timekeepers Pete McLeavy and Trevor Wheatcroft. Next open on this course from Paragon is in September.

Elaine Ward organised the first Yorkshire Ladies' event of the new season on the Pickering/Malton V418 course in conjunction with Scarborough Paragon CC's Tandems and solo men's '10'

Yvonne McGregor of Bradford Olympic RC/Paul Milnes Cycles rode well to notch her first win of the year in a time of 25.30, which

reflected the difficult conditions. Elaine Ward was second, just 18 seconds in arrears and quite happy with the result. Third place went to Jeannine Gavaghan of Mirfield CC in 27.45.

D. Spencer of Rotherham Wheelers recorded 30.05 to win first handicap (nett 23.55) and along with club mate B. Helliwell who did 29.27, they won the team award on Bidlake system. Second handicap went to J. Towell of Barnsley Triathlon club with 30.27. (nett 25.07) and third handicap to Doreen Hugill, Teesside RC 32.34. (25.14 nett)

Thanks are extended to all who helped in the running of the event, mainly Scarborough Paragon members and all who baked the famous Yorkshire Ladies cakes!

Elaine Ward

Yorkshire Ladies CA 10 mile TT

Saturday 20th March. V418.

Y. McGregor (Bradford Olym).....	25.30
E. Ward (Scarboro Para).....	25.48
J. Gavaghan (Mirfield CC).....	27.45
H. Lowes (Askern CC).....	29.19
B. Helliwell (Rotherham Whs).....	29.27
C. Truman (Calder Clar).....	29.59
D. Spencer (Rotherham Whs).....	30.05
M. Dawson (Teesside RC).....	30.09
J. Towell (Barnsley Tri Club).....	30.27
C. Sherlock (Clifton CC).....	30.40
M. Salter (Clifton CC).....	30.58
R. Brown (Est. Bradford CC).....	31.36
D. Hugill (Teesside RC).....	32.34
Team. Bidlake Rotherham Wheelers. (Helliwell/Spencer)	

Scarborough Paragon CC 10 mile TT

Saturday 20th March. V418

L. Holmes (Leeds St. Chris CC).....	22.00
V. Macklam (Leeds St. Chris CC).....	22.09
R. Krygsman (Goole Vermuyden).....	22.29
S. Gore-Brown (VC York).....	23.14
S. Brown (Est Bradford CC).....	23.25
J. Cullen (Otley CC).....	23.30
J. Lewis (WV Amsterdam).....	23.31
P. Read (Goole Vermuyden).....	23.44
D. Almond (Selby CC).....	23.44
G. Hatcher (Midridge CRT).....	23.45
W. Thorpe (Goole Vermuyden).....	23.49
D. Roe (Morley CC).....	23.49
M. Davidson (Morley CC).....	23.50
D. Thompson (Regency RT).....	23.52
M. Storey (Scarboro Para).....	24.04
S. Lancaster (Goole Vermuyden).....	24.06
J. Benham (City RC. Hull).....	24.08
Jun.	
B. Monks (Malton Whs).....	26.00
Juv.	
M. Wolstenholme (Clifton CC).....	27.08
Vet.	
P. Read.....	23.44
Vet/Std.	
G. Firth (Bridlington CC).....	24.39
Lantern Rouge	
C. Ralphs (otley CC).....	34.34
Team. Leeds St. Chris. CC. (Holmes/V. Macklam/J. Macklam).....	25.01
1.09.10	
Tandems	
B. Cappleman/R.M. Taylor (Scarboro Para).....	23.35
S. Hopkinson/C. Hopkinson (City RC).....	23.50
Mrs. B. Penrice/M. Penrice (Seacroft Whs).....	28.17
M.A. Oates/G. Oates (Est Badford CC).....	29.58

NEW SPONSORS FOR IAN CAMMISH. CYMAN/MAXIM

The superb setting of Danesfield House, near Marlow was the location for the launch of a new name into the cycling field-CYMAN/MAXIM, co-sponsors of Ian Cammish for his assault on various road records for this year.

Maxim is already well established as a supplier of energy foods but CYMAN is a border-crosser from the field of Formula 1 motor racing, where the technology of carbon fibre and kevlar is an everyday aspect of their work.

CYMAN's input was on display in the form of a state-of-the-art carbon fibre composite racing machine, with a couple of revolutionary features that will help Ian Cammish in his quest to reduce his already formidable RRA records.

Weighing in at under 18 pounds, the eye-catching production prototype reminds one at first glance of the Lotus that captured the nation's imagination at Barcelona. Closer inspection reveals that they have very little in common. The CYMAN is more "conventional" in having a "proper" top tube and twin blade forks and stays. The designers claim that their chief aim was to achieve a configuration capable of transmitting a rider's power output to the back wheel with minimal loss through frame flexing. Ian Cammish has been riding one for a couple of months and claims it does just that. Aerodynamics were a secondary consideration, as the machine has been conceived for road use where weather, road surface and a whole load of other variables can cancel out any benefits of streamlining.

The significant feature of the machine is in its handlebars, best described as "variable geometry". These ISObars(sic) may be adjusted by the rider, (rather like the wings on a swing-

wing fighter plane) while moving, and via an ingenious centre pivot on the end of the integral stem, can pivot from a wide starting/climbing position to the elbows-in tuck favoured by 99% of time triallists. At all times the brake levers are at the rider's fingertips. Ian Cammish has had little practice with them to date, but is very optimistic and will hopefully be using them in his major attempts.

CYMAN are fully intending to market the frame and ISObars, with very competitive price tags, and are further designing a deep aero carbon rim and carbon hubs. A set of Campag style carbon cranks was in evidence on the show bike, and these too, are to be available. A distribution deal has already been struck with a reputable and well known importer and wholesaler, so look out for the ads!!

As for Ian Cammish, this latest major coup will assist him in his all-consuming desire to break records. Looking very relaxed and fit, he spoke of his hopes for 1993, significant being his declared intention to reduce the "blue riband" RRA straight out 100 record to BELOW 3 HOURS!! The 25 and 50 records are also on his mind, plus London-York (which he narrowly missed last year) and London Bath and Back. With the determination evident from nine BARs, two current comp records, sundry road records, and two sub 49 minute 25s there is no doubt that the combination of Ian Cammish and the CYMAN-MAXIM team will provide some fireworks in the racing and record breaking field this year. First outing will be the Luton 10 on the F1 on 27th March. Watch this space, and good luck Ian (and Lawrence, Nick and Jonathan of CYMAN) from Time Trial Weekly!!

B.A.R. TALK

Chris Ball talks to Time Trial Weekly

There was everybody gathered at the Porthole hilly 25 mile time trial on Sunday. Gianni Berton of the Porthole Eating House was sponsoring the event for the 14th and final time. He wanted to go out in style. And he did, all the RTTC national champions were invited, every single one, plus all the past winners.

Gianni loves cycling and he must be the most generous guy I've ever met. He spent thousands on us. It was the best event of the year for me: both the best run and the hardest course.

We arrived late on the Friday night, about 12.30.am, that's Mum, Dad and me. It was my first visit, so the priority was to ride round the course. The hotel said Chris Boardman would be going round at 10 am on Saturday and they phoned him in his caravan (seems there were swarms kipping in the thing) and he said he would be more than happy if I joined him.

So I set off at 10am on the Saturday in company with Jon Walshaw and Paul Jennings. Chris rode with us too until the Press got at him.

Paul had this gear lever problem. The friction was not working so whenever he engaged his 18 sprocket and stood up, the rear mech slowly drove the chain across to the 12 sprocket. It meant he had to hammer into the hills just to avoid standing still and falling off.

We got round in about 1hour 15 minutes. It should be 25.5.miles but in fact was 26.25 miles because of a diversion.

Then we had a Press conference with the Boardman squad and bike on the front. I tucked in at the back, taking a low profile. It was marvellous to meet so many people like this. Every RTTC champion was there.

I slept like a log. Kevin Dawson was in the next room and he made me promise to hammer on the wall on the Sunday morning so he didn't sleep in.

I was riding No75 and was away at 9.15.am. I did very well and got ninth place. Everything suited me fine. Ninth place meant I'd got some big scalps. Amongst those behind my time were Olympic rider Simon Lillistone, Isle of Man Invitation 25 winner Scott O'Brien, Chris Saunders and Martyn Dodgson. I was delighted to have finished within 30 seconds of national professional pursuit champion Jon Walshaw and current BAR holder Kevin Dawson.

Paul Jennings did a good time-I noticed that he'd had his bike fixed by then!

For me, it sure was like being thrown in at the deep end. It was brilliant. What a race. You'd got to think all the time, like, what do I do now, what do I do next, is this hands on the drops, is this hands on the tri-bars? It was 100% concentration.

The wind was fairly strong and the rain from Saturday night meant the bends could be dangerous.

The two other Antelopes up at Bowness-on-Windermere were John Woodburn, who'd done it a few times before, and Ralph Dadswell. They gave me support.

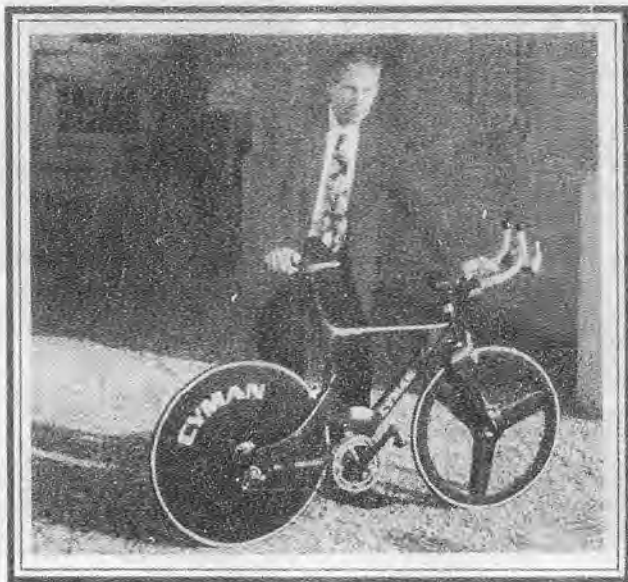
Daryl Webster, four times winner, was great for tips. I like to go flat out from the start, trying to hit a spot of 35mph. But there's a hill after three-quarters of a mile and Daryl warned me that if you hammer things right from the gun you die on the climb.

He was right. It would have taken me several miles to recover. I followed his tip and rode the flat into it 5mph slower than normal.

Also, the final seven miles are less hilly and you get a tailwind. Again Daryl warned me not to see the green light come on and give it everything as there were still four lesser hills to go. So I didn't go mad and when, after two miles, I hit the first of the four climbs I was able to go up in fine style.

North Mids CF 25 mile TT Sunday 21st March. 025/4

M.Walsham.(PCA).....	56.39	Lady.	
P.Barlow.(Kiveton Park).....	56.48	D.P.Barber.(Kiveton Park CC) ..	1.10.59
S.J.Roberts.(Hudd'Star Whs).....	56.49	Handicap.	
P.Jezewski.(Beighton Whs).....	57.22	D.Hewitt.....	50.25
C.Staniforth.(Dinnington RC).....	57.48	M.R.Ireland.(Askern CC).....	52.02
W.G.Cook.(Chesterfield C).....	57.57	N.Day.(Rockingham CC).....	52.43
M.A.Attwell.(Sth Pennine RC).....	58.18	Team. South Pennine CC.	
S.P.Thoren.(Sth Pennine RC).....	58.32	(Attwell/Thorne/	
J.Oakes.(Dinnington RC).....	59.07	D.Moore.1.00.38).....	2.57.28
D.G.Thompson.(Regency RT).....	59.10		
C.D.Drummond.(Beighton CC).....	59.14		
J.Richardson.(Ratae RC).....	59.15		
J.J.Gracia.(Sheffield Ph CC).....	59.18		
D.Hewitt.(Stockport Clar).....	59.25		
K.J.Collis.(Royal Sutton CC).....	59.26		



DOUGIE IN THE DAY TIME.

We're halfway through the Richard Ballantine story. You've a memory like a sieve so let's have a re-cap: Richard offered to meet me here in The Seventy Nine Cafe to guide me through the maze of conflicting advice that a time triallist faces the moments he's let it be known that he's prepared to dip into his pocket to buy improvements. To me it seems slightly immoral to buy faster times in this way, but then everyone else does it (there's a moral here somewhere).

As one of the two Richards who produced Richards' Ultimate Bicycle Book, the definitive, colourful guide to what's what in all aspects of cycling, Richard Ballantine had achieved an air of familiarity as one of two faces to be found inside the back cover of the book. Now the beard and woolly hat are sat across the table in this comfortable cafe-visualise it as an artists' rendezvous with atmosphere. Richard's home is just round the corner but with builders busy knocking out an end wall it's no place for a lengthy meaningful conversation. Having talked about the importance of aerodynamic position, aero-bars, laminar flow and wrinkle-free clothing earlier, we now turn to a minor aspect: the bike itself.

'In my opinion you want a disc wheel on the back,' Richard says. A large hole suddenly appears in the bottom of my pocket and I realise Cynthia won't like this. 'The trouble with spokes is that they have an egg-beater effect as they cut through the air. A disc wheel is worth a 10% improvement in aerodynamic efficiency. Even a covering of cardboard is better than riding with just bare spokes.

'The rule with disc wheels is that the surface should be as smooth as possible (clothing, you'll remember should have a slight weave). Avoid a design where the discs come in on each side and meet to produce the same cross-section profile as a conventional spoked wheel. At their narrowest (ie just inside the rim), the two disc surfaces should be exactly the same distance apart as the rim's braking surface. The aim is a smooth profile to minimise drag.

'Thankfully time trialling rules don't allow disc wheels on the front-they're too dangerous. Because the steering axis lies ahead of the rider, the effect of a sudden crosswind, the sort you often find gusting through a gap in a hedge, when you're travelling at speed would be to push you 10ft out into the road and that's just not on!

Richard votes for a Specialised Tri Spoke on the front. Dougie thinks that's another £450 to contemplate/secretly syphon off. Good grief!

'Tri-spokes in general offer a plus,' says Richard, 'while Specialised's version is the top. It is the most convincing in terms of its shape and configuration of the blades. I may be prejudiced here because I know the guy who developed it, and I have several friends who swear by it.'

When looking at the bike and its components, it's the wheels that offer scope for the greatest improvement. But watch out-if you've been thinking of following those trendies with natty-looking rigs that feature a smaller front wheel then don't. Think again. The Ultimate Bookman's opinion is that there's nothing to beat a pair of 700mm rims because the bigger the wheel, the less rolling resistance. Any advantages of a smaller front wheel are outweighed by that basic fact.

What about the value of titanium saddles? Richard waves his hand in disdain. Two ladies wheeling prams past outside the cafe window wave back.

'Stick to a saddle that's comfortable,' he urges. 'The overall weight of the bike isn't desperately important. I remember the era when time triallists drilled out brake levers and gear changers to save a few grams. The resulting difference was marginal. Fundamentally it is air resistance that matters.

'Okay, if you can knock a pound or two off the weight of the bike it should be helpful because mathematically you'd lift less weight when climbing hills, and on hilly courses you take more time going up than coming down.'

The Ultimate Richard presses the plunger on a fresh round of coffee. It's a Seventy Nine Cafe special, so good that I'm thinking I might come here again to impress my book agent. I arrived by tube. I've always liked the Northern Line most. Don't ask me why. Its trains are so plain and worn, yet they have a cosmopolitan, enduring feel. Not plush but practical. Like me.

Which brings us to tubs (and another chance for Dougie-type connoisseurs to practice a sizeable, non-too-obvious mental leap). While the theory suggests weight doesn't matter much, it practice the lighter the wheel, and its components, the quicker the rider's speed.

'Go for tubs in time trials,' urges Richard. 'The ideal is to ride 18mm tubs on smooth courses

and 20mm tubs on rougher courses. The latter have more surface contact and therefore they produce more resistance for your muscles to overcome, so only use them when you fear that thinner tyres wouldn't stand up to the road surface's inconsistencies.

'High pressure racing tyres have arrived on the scene but the only reason people pick them is to get away from the chore of having to glue tubs on. They won't outperform tubs in a 25 mile time trial, in fact they'll cost you time.

'For training, I'd ride cheaper, heavier tubs You can buy them by the half-dozen at £6.- £8 each. Then, before the event, I'd switch a quality tub and make sure I ran it at 140 psi.'

Now on to something that's been bothering me. Why do riders-in-the-know talk about keeping tubs under their beds for 12 months before putting them on? It's struck me as being a bit of a nonsense. Not a bit of it, says Richard. There's good reason for it: the tyre cures and strengthens with time, while its rubber compound gets more supple. So you're better off two ways for letting them mature.

On pedals, it's the Shimano SPDs that win Richard's vote. He thinks they're the best there is at the moment, but points out that further improvements are still to come.

'Modern clipless pedals have a smoother shape than traditional pedals with clips and flapping leather straps and hence are aerodynamically better,' he explains. 'However the designers haven't gone far enough yet: rather than shoes that are flat all along the bottom, we need to see ones with the spindle section set up in the profile of the shoe itself. One such design surfaced in California but it failed to reach the commercial production stage' Surprisingly Richard is no great aficionado of hand-built frames. If money is short, he's all in favour of second hand bikes because they offer better value for money. However, if the pocket is deep enough they do offer personal satisfaction.

Fundamentally, a conventional diamond-shaped frame performs a simple task since there are just three points (and the distance between them) to consider (the seat, the pedals and the handlebars) and of these three one (the pedals) is fixed.

'Whatever bike you ride, get it set up for the muscles you have,' advises Richard. 'Some people, like Beryl Burton, chose to pedal powerfully with their back providing good leverage, others do best when spinning pedals more rapidly.'

'Supporters of spinning pedals argue that putting lighter loads on the muscles avoids hampering them through the over-production of lactic acid, while physiologically the rider's torque has greater adaptability (eg to counter a slight rise or sudden gust of wind).

'Biochemically, the most efficient (ie most distance per energy unit) is 55rpm. However you get more total power at higher rpm's which is better for racing. In other words, you get there first.

'In a one-hour time trial you can't pedal at max rpm over the entire distance, so a compromise is needed. So while 55 rpm is indeed the most efficient it is too slow to produce your fastest possible time.

'It's a controversial subject, one that should stir up Time Trial Weekly readers!

Sat back in the underground waiting to roll, I flick through Richard's Ultimate Bicycle Book. There's more valuable tips here that I haven't space to include. And amongst the photos there's a great shot of John Pritchard piling on the agony. Ah, here comes the train.

Dougie

Ribble Valley hilly TT Sunday 21st March.

M.Middleton.(Cleveleys RC).....	1.29.05
T.Schools.(Team Rapide).....	1.29.10
M.P.Wheddon.(AB@Centreville).....	1.30.29
J.Martin.(Team Rapide).....	1.30.57
M.D.Ingham.(Condor RC).....	1.32.10
A.Cooper.(Huddersfield RC).....	1.32.19
N.Farmer.(Ribble Vall CRC).....	1.33.05
C.J.Ellis.(Cleveleys RC).....	1.33.42
M.J.Andrews.(Cleveleys RC).....	1.33.44
R.E.Francis.(Horwich CC).....	1.33.47
D.A.Collier.(Horwich CC).....	1.34.52
S.Weston.(Cen Lincs RC).....	1.34.52
S.Haggart.(Kirkby CC).....	1.35.52
F.Yates.(Southport RCC).....	1.36.05
S.J.Myerscough.(Team Rapide).....	1.36.15
Jun.	
S.Weston.	
Team. Team Rapide.	
(Schools/Martin/Myerscough).....	4.36.22

For Sale
21" Robiero Low Profile Frame.
653 Tubing,

Red with White lettering,
In very good condition,

£180. o.n.o.

24" Front wheel £50.00.

Ring Steve Vaughan
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576023

Chippenham Wheelers 27 mile TT

Table with 2 columns: Name and Time. Includes entries like J. Jones (JPM Racing) 1.02.05, L. Davis (B. mouth Arrow) 1.03.08, B. Luckwell (Professional CA) 1.03.18, etc.

Sussex CA 25 mile TT Sunday 14th March.

Table with 2 columns: Name and Time. Includes entries like S. Elms (Et Grinstead CC) 54.12, S. Dennis (Et Grinstead CC) 56.34, R. Thorne (Polytechnic CC) 56.34, etc.

Liverpool TTCA 25 mile TT Sunday 21st March. D25/11

Jim Howard of Merseyside Wheelers was a clear winner of the opening Liverpool TTCA 25 on the D25/11 from Broxton in Cheshire.

His 56.46. was a superb effort on the day when nobody else got inside 58 min utes. Jim is the British Firefighters champion at 25 miles.

Second spot went to Steve Mitton of Crewe Clarion Wheelers in 58.00. and scratchman Phil Barnes, Team Rapide, was third in 58. 25.

In fourth came the talented youngster Andrew Martin of Prescott Eagle RC with 58.58. Andy has been the LTTCA junior champion for the past two seasons and is still a junior, taking that prize here.

Chester RC were delighted with their team award which came from leader Mark Talbot, seventh in 59.36., supported by former triathlete John Kitching, 1.00.30. and veteran roadman Phil McCormick, 1.01.09.

Merseyside could well have a new star in 23 years old Lynne Robertson of Port Sunlight Wheelers, she took first handicap and was fastest lady in 1.07.42 in her very first open time trial, beating former international Helen Chadwick, Team Rapide. Lynne says she has managed to hang on to the lads of Port

Sunlight in their training rides for the past two seasons and she is keen to get into racing as a diversion from her job as a local authority officer for Cheshire County Council.

One blot in an otherwise good promotion by George McCormack was a missing marshal on the A55 at a left hand filter to Curzon Island. Two early starters J. Stopforth, East Liverpool Whs and C. Higgins, Goole Vermuyden, missed the turn and went on along the A55 into North Wales.

The rest were saved when an emergency marshal stepped in.

So, Jim Howard leads the LTTCA championship for 1993. All he has to do now is ride a 50, 100 and 12 hour!!

Bronte Wheelers 25 mile TT Sunday 21st March. V831

Table with 2 columns: Name and Time. Includes entries like R. J. Binks (Huddersfield RC) 1.01.23, R. Reynolds-Jones (V Bradford) 1.02.38, D. Proctor (Mercury RT) 1.03.07, etc.

Elizabethan CC Hilly 18 mile TT

Table with 2 columns: Name and Time. Includes entries like P. Nabl (Elizabethan CC) 46.43, R. Eperjesi (Elizabethan CC) 47.28, N. Woodward (Birmingham CC) 48.33, etc.

Icknield RC 27 mile TT Sunday 21st March.

Table with 2 columns: Name and Time. Includes entries like J. French (VC Bad) 1.06.41, L. P. Pick (Icknield RC) 1.07.39, M. Bird (VC Bedford) 1.08.39, etc.

Weston Wheelers CC 10 mile 2UpTTT

Table with 2 columns: Name and Time. Includes entries like A. Rowley/A. Griffiths (GS Vitesse) 20.33, A. Lyons/L. Dinham (Plymouth Cor) 21.26, A. Sharp/J. Morley (Bio RT) 21.36, etc.

Border CA 2Up 20 mile TTT

Table with 2 columns: Name and Time. Includes entries like A. Dawson/P. Pickers (Antelope RT) 44.08, J. S. Pegg/D. Cottingham (Charlotteville CC) 45.03, B. Gilham/M. Druce (Reading CC) 45.09, etc.

Abbotsford Park RC 10 mile TT

Table with 2 columns: Name and Time. Includes entries like S. Walton (Manchester. Whs) 22.29, A. Hilton (Leigh Premier) 22.34, J. E. Bean (Evesham & Dist) 22.48, etc.

CLUB PAGE

Hampshire RC Interclub 25 P832

R.Hayles.(Team Haverhill).....	53.51
G.Children.(Portsmouth CC).....	1.00.28
D.Ludford.(Portsmouth NECC).....	1.02.23
R.Parker.(E't Grinstead CC).....	1.02.58
R.Allen.(Portsmouth NECC).....	1.03.12
R.Woodcock.(Hampshire RC).....	1.04.08
M.Williamson.(Portsmouth NECC).....	1.04.14
P.Dunleavy.(Fareham Whs).....	1.05.04
T.Warner.(Fareham Whs).....	1.05.07
Underwood.(Hampshire RC).....	1.05.09

North Hampshire RC 20 mile Hilly TT 20th March.

G.Smith.....	52.42
D.Barton.....	52.59
S.Carver.....	53.34
D.Morris.....	53.51
P.Watts.....	55.57
S.Oxley.(2nd claim).....	56.43
J.Moore.....	58.42
T.Willard.....	58.50
P.Tozzo.....	1.00.13
J.Bawden.....	1.00.42

Newbury RC 10 mile TT H10/3

L.Gipson.....	24.39
S.Carver.....	25.27
R.Wilson.....	25.42
K.Harvey.....	25.44
D.Barton.....	25.55
A.Ringrose.....	26.44
R.McConley.....	26.52
B.Tate.....	27.19
M.James.....	27.26
P.Jarvis.....	28.06

New signing and veteran speedman Lee Gipson showed his class to win this pipe-opener on the sporting H10/3 by a goodly margin. Despite cold and windy conditions the event attracted 24 starters, an indication of the high level of enthusiasm existing in the club this year.

Newbury RC 17 mile hilly TT CC210

M.James.....	46.00
A.Ringrose.....	47.31
S.Towler.....	47.44
C.Burch.....	48.06
S.Oxley.....	48.48
L.Bowman.....	49.46
D.Portwood.....	49.46
P.Jarvis.....	50.57
B.Tate.....	51.54
G.Morris.....	53.13

Fireman Mark James showed some fire of his own in taking the Tate Trophy in this hilly event held over some of the roads used by the Bath RC Hilly 50. After a good second place last year, Mark's one minute improvement was well ahead of the rest, and bodes well for his hopes of the club Senior BAR.

Rutland CC.

Like butterflies emerging from winter hibernation on a warm springday, so it seemed when 44 Rutland members turned out on pristine psychedelic summer racing velocipedes, safety bicycles and ordinarys to ride the early season ten on the popular Cuckney/Worksop course. Many of these bikes had not seen the light of day since the last time trial back in September. Q.E.D. bikes were noted by their absence (perhaps one or two will emerge later on during the mid week events) although one or two new bikes of the low profile and disc wheel variety were in evidence and it was two of those that took first and second place helped a little by their riders. Junior (still) Dan Lowthorpe 24.16. and Veteran George Lascelles 24.40. filling these places. Edwin Wright again on a new bike took third place with a 25.13., this on his return to racing after a couple of seasons off. A good ride for fourth place was by Matthew Wilson 25.17. a junior rider new to the club.

Four juveniles and two ladies took part in this popular event, the juveniles finding it very hard on the return 5 miles into a strong strength sapping headwind.

George Steers and Earnest Keeton entering their 8th decade kept up their assault on the "Timex" watches by beating many younger members. Both have ridden for Rutland since the late 1940s and over the years must have shown their back side! to many overtaken time triallists. Congratulations to both on reaching their 70th birthdays, still in the saddle.

The club mid week events open on Tuesday April 6th on a new course down the Dronfield by Pass with a return on the old Dronfield road to the finish just before the by pass a distance of 11 miles. If the early season is indication of things to come we are certainly in for some good times ahead.

Chelmer CC

took a lion's share of awards when the Cyclists Touring Club held their national dinner at Swanley, Kent, taking the magnificent Allondon Trophy for first club team in the unisex Best all Rounder contest for time trials over 25, 50 and 100 miles. Which they also won in 1991, but were second to Crewe Clarion last year.

The same team, Steve Freeman, Sue Wright and Andy Reynolds, also retained the Rowntree Cup which they won last year, for best District Association, ie., Essex DA.

Sue Wright won the ladies' competition over 10, 25 and 50 miles for the 4th successive year but was unable to attend, the Craven Vase being received on her behalf by club captain Mary Horsnell.

Steve Freeman's fiancee Julia Reynolds (Easterley RC) and a Chelmer second claim member, was placed third, having been a previous winner in 1988.

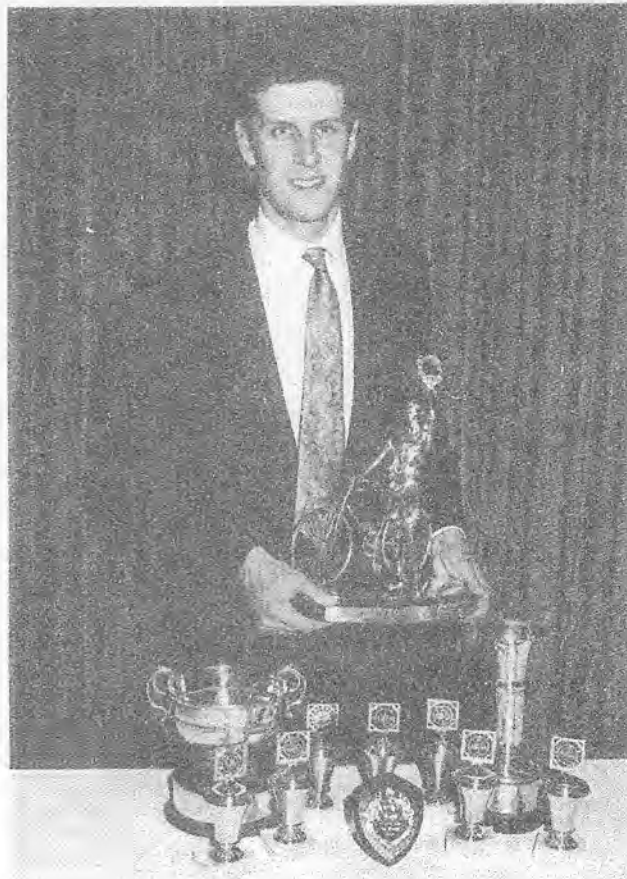
The club's first event on their 1993 programme, the medium gear "25" on the Rodings course, gave secretary Jeff Wade a surprisingly good win from youthful Graham Painter, both much improved after hectic winter training. Leading times;

J.Wade. 1.05.42	
G.Painter.....	1.09.45
A.Maskery.....	1.10.37
D.Wall.....	1.11.38
G.Biggs.....	1.13.19

Meanwhile Bill Broadfield continued his come back into 6th place in the Basildon 25 in 59.57. and is gradually regaining the form which made him a National 50 mile medallist back in the 1960's in Yorkshire.

Placed riders were	
F.H.JacksonWarwickRC	56.55
C.J.Wedge,(Whitewebbs)	57.57
RCollins.(HemelHemp)	59.22

Steve Freeman Chelmer CC With his awards



WHAT'S ON

Saturday, 27th March, 1993
Craven CC Hilly 27mile
L271 10.00hrs
GS Metro 26 mile
MM4 14.00hrs
Hyde Olympic CC
2-up 25 mile
J6/6 14.00hrs
Askern CC 3-up 25 mile
O25/7 14.00hrs
Huddersfield RC 25 mile
V336 14.00hrs
Wolverhampton Whs
22 mile
K21/26 14.00hrs
Belper RC Hilly 20 mile
AH/3 14.00hrs
Luton Arrow CC 10 mile
F1/10 14.00hrs
Southern Counties CU
10 mile G413 14.00hrs
Border CA 10 mile
H10/2 08.00hrs
34th Nomads CC 10 mile
Q10/19 06.20hrs
Avon & Somerset Police CC
10 mile
U21A 14.00hrs
Sunday 28th March, 1993
Heron RC
Hilly 32 mile
S2/32H 09.00hrs
Southwell CC 2-up 50 K
AH/12 09.00hrs
Ely & Dist CC 50K
BS8A 09.00hrs
ECCA Hilly 30 mile
E14/30 10.00hrs
Royal Dean Forest
Hilly 29 mile
U61 09.00hrs
Halifax Imp. Whs
Hilly 29 mile
V961 09.00hrs
Hemel Hempstead CC
Hilly 25.5 mile
F12/25 09.00hrs
Boston Whs CC 2-up
25 mile
C25/14 10.00hrs
Essex & Suffolk
Border Comb. 25 mile
E72/25 07.00hrs
North Middx & Herts CA
25 mile
F1/25 08.00hrs
Southern Counties CU
25 mile
G436 09.00hrs
Mid Oxen CRT 25 mile
H25/13B 08.00hrs
South Staffs CA 25 mile
K6/25 09.00hrs
Cleveleys RC 25 mile
L251 08.00hrs
T.A. North West 25 mile
L257 08.30hrs
Sunderland Clarion CC
25 mile
M254 08.00hrs
Barnsley RC 25 mile
O25/7 09.00hrs
Salisbury RC 25 mile
P612/25 08.30hrs
D.E.Montfort Rage ON
25 mile
NC/10 08.30hrs
Clevedon & Dist CC 2-up
25 mile
U18R 09.00hrs
Team Mirage Hilly 25 mile
V768 09.00hrs
San Fairy Ann CC
24 mile
QS/16A 08.00hrs
Crewe Clarion Whs
Hilly 21 mile
J8/2 08.00hrs
Cardiff Ajax CC 10 mile
RS10R 11.00hrs
BDCA 20.5 mile 2Up TTT
Sunday 21st March.
M.Upton/S.Hough.
(Coalville Whs) 47.51
N.Beasley/J.Dale.
(Kent Valley CRC) 48.51
N.Dring/R.Haines.(Ratae RC) 49.48
T.Puffer/S.Sayers.(Ratae RC) 50.40
S.Turner/R.Hunt.(Belper RC) 50.50
N.Portess/R.Gent.
(Melton Olym CC) 51.04
D.Hodges/A.G.Foskett.
(Coalville Whs) 51.27
A.F.Vallance/A.G.Black.
(Coalville Whs) 51.47
N.Copeman/D.Calvert.
(Chesterfield Sp) 51.56
D.Foot/M.Salter.
(Melton Olym CC) 51.58
S.Rajecki/A.Bridgen.
(Trent Vall CRC) 52.24
T.Byett/D.L.Woodward.
(Sherwood CC) 52.43
A.Pettitt/M.Pettitt.
(Mercia CC/Leices RC) 52.53
N.Bray/P.James.(Coalville Whs) .. 53.23
P.Strudwick/P.Hunt.(Coalville CC) . 54.11

R.T.T.C ENTRY FORMS

£5.20 per 100 including Post, Packing and VAT

£9.15 per 200 including Post, Packing and VAT

£11.25 per 250 including Post, Packing and VAT

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