

# TIME TRIAL WEEKLY

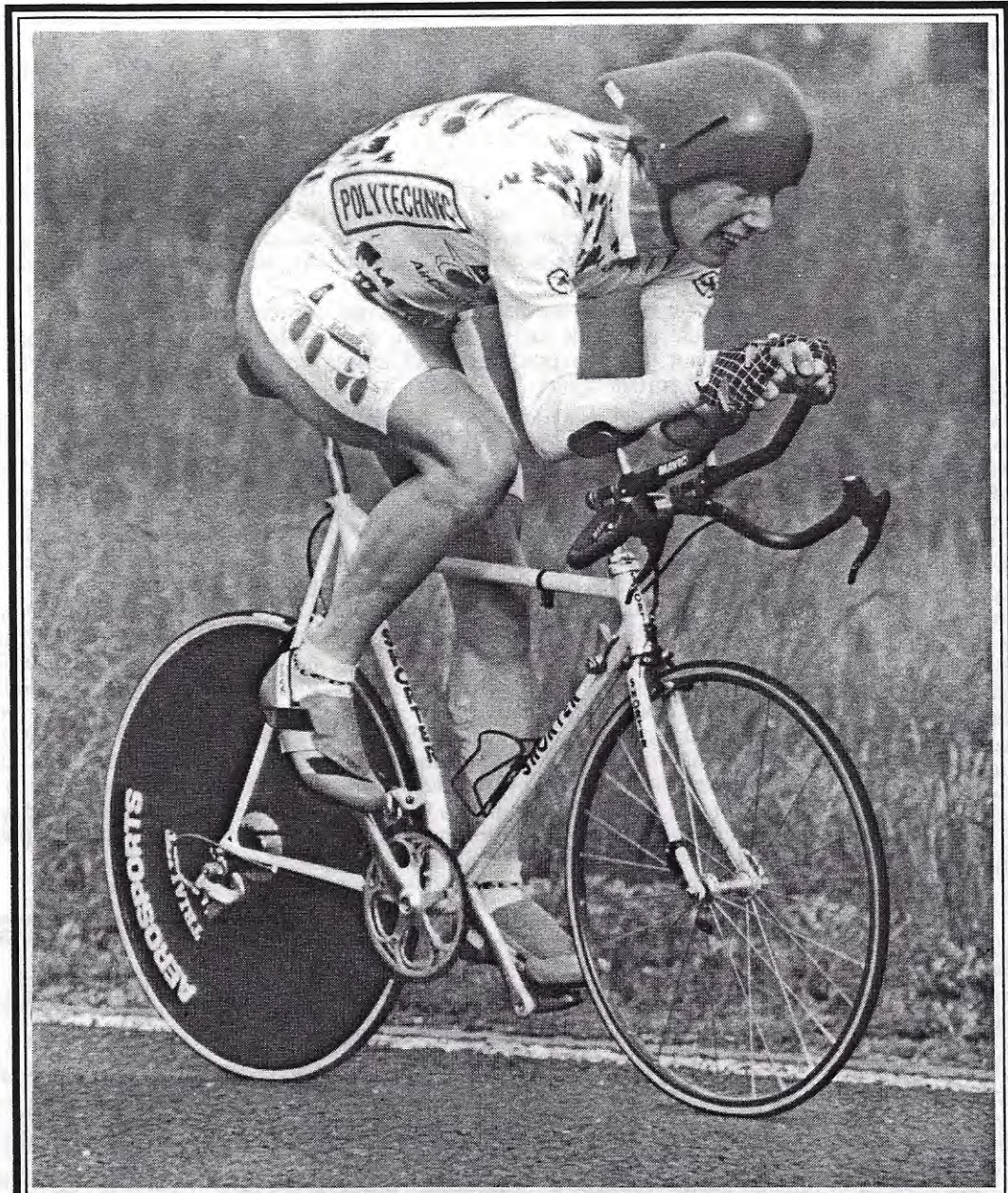
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THURSDAY

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**Martin Pyne Polytechnic CC**

A prominent winner all season

Time Trial Weekly is registered at the post office as a newspaper.

## TO A ROSEBUD.

By the Late M.B.Hargreaves (Assoc)  
British College of Physiotherapy.  
Member of the Yorkshire RC.

Here are a few words of guidance to our young racing members. May they prove to be as helpful as they are intended to be... and may they help you to avoid mistakes which I have made.

To become a good roadman it is essential to have a comfortable and efficient position on the cycle. Length of limbs and body will largely decide each individual's particular position. The most suitable width of handlebars will be found by measuring between the palms of the hands, with the arms relaxed when stooping forward. The distance from the top of the bars to the peak of the saddle should be roughly the length from the elbow to the top of the longest finger.

Whether to sit over the bracket, which demands a short but strong thrust, or two or, more inches behind, bringing pressure to bear over a longer arc depends on the strength of the front thigh muscles and the length of the thigh and leg bones.

To cultivate an efficient style of pedalling the ball of the foot should be placed on the pedal and the heel should always be dropped as the pedal reaches the top of its circuit. This brings downward pressure to bear on the pedal with the minimum waste of energy. The shin and thigh bones should be at right angles when the descending crank is between 1 and 2 o'clock. This is the point where the action of the thigh muscles is strongest. As the strength of the downward thrust decreases, the leverage will then for a time increase.

A block of leather placed on the shoes in front of the rear pedal plate, enables the pedal to be drawn back and upwards from its lower arc, thus bringing into play the muscles at the back of the lower limb. This will give a much more powerful action than clawing with the toes, which tends to cramp the muscles of the foot and front of the shin.

Attention should be then given to the following in the order of their importance:-

**First-Will Power.** This can be strengthened by cultivating self-discipline: by forming good and regular habits and refusing to allow oneself to do anything injurious to physical fitness. The will to drive oneself will be strengthened by refusing to be dropped when things get too hot, or when having a bad time, and will thus put the demand on the body necessary to increase its ability.

Secondly come the Heart and Lungs, and I will briefly explain their function. The heart, which is muscular, pumps blood laden with gas to the lungs, where this gas is expired and the blood picks up oxygen and passes back to the heart, which then pumps it through the arteries to the places where it is required. Every movement and every muscle which is held in a state of tension increases the demand on the heart for blood. It will be

obvious therefore, that the continued contractions of muscles required in road racing is purely dependent on the ability of the heart to supply oxygenated blood, charged with materials picked up from the digestive tracts, to the muscles, and also by the muscles being continually able to free themselves of the residue caused by the muscular contractions.

The heart being a muscle has to be strengthened as such by continually increasing the demand made upon it. In the average individual the resting heart will contract slightly over 72 times per minutes. In the crack cyclist this will usually be found to be around 50 or even less. This is the condition known as Athletes Heart and is the condition to be aimed at. Without it a huge chest and bulging muscles will be of little avail to the aspiring roadman, and may even be a hindrance rather than an asset.

The reason why a first-class athlete should have so slow a heart beat is fairly obvious. His heart is such a powerful muscle that it is only necessary for it to beat 22 times fewer to maintain the same output.

Closely allied to the heart are the lungs. To make the lungs more proficient deep breathing must be practised at all times. The important point to watch is the exhaling action or breathing out. Only a small fraction of the air in the lungs is exhaled at each breathe and effort should be made to increase the amount of air exhaled. If this quantity is increased, the incoming air will take care of itself.

Skipping will help to develop the lungs, but care should be taken to swing the rope backwards and over the head to avoid stooping and consequent constrictions of the chest.

The best way of increasing the power of the heart and lungs is by doing physical jerks and riding short distances "eyeballs out." Going mile-eating when one has got the rough off will only cause the heart, lungs and muscles to work within their usual capacity, and saturate the muscles with the fatigue products of their continued contractions and so help to produce staleness.

Thirdly, a word about the muscles. The aim in training is to improve the suppleness of the muscles: to maintain the full mobility of the bones which they articulate, and to improve the circulation over the whole system.

The strength of the muscles will develop in accordance with the demand placed on them. They rid themselves of the waste residue of muscular contractions by their spongelike squeezing action against the adjacent bones on contracting and relaxing.

It is therefore necessary to pedal the lowest possible gear with which the speed required can be maintained. Firstly, because each push requires less effort; and secondly, because more contractions are gained and, consequently, more waste is squeezed from the muscles.

If the muscles are working to their utmost capacity they will begin to ache

under the exertion, but this ache should quickly cease when the demand is eased.

Many racing cyclists will find that at extreme speed their lungs feel like bursting and they experience a feeling of sickness, but the legs do not ache. This is caused by the Heart and Lungs not being able to cope with the demand for oxygenated blood and not because the muscles are weak.

To achieve the peak of physical efficiency one must get into the habit of performing physical exercises. A set of exercises should be performed daily which exercise the whole body, thereby improving the circulation throughout the body, improving the tone of every muscle and mobilising every joint and muscle to its fullest extent. The movements should be free movements, that is, performed without the help of any mechanical contrivance. They need not be performed an excessive number of times, but should be performed very vigorously. More benefit will be gained by spending 10 minutes each day on such exercises than by doing one hour each week.

If one should desire to increase the strength of any group of muscles, the assistance, or resistance should I say, of weights should be employed. The main point to be borne in mind is that the muscles are working within their capacity until they begin to ache. This explains why many people do not benefit from this type of exercise. They desist as soon as the muscle begins to ache. The weight used as a resistance and the number of repetitions of the movement should be gradually increased.

In conclusion a word about food and drink, tobacco and sleep. Whilst training down to your fit weight, avoid fattening food. Nicotine may be soothing to the nerves, but it has been proved medically to stunt the growth of tissue. If you have to have a drink, use it as a refresher and not to be sociable, and stick to near-water. Arrange your affairs so that you can get as near nine hours sleep as possible every night.

Finally-all the best.

### WINTER MAGAZINE ISSUES.

Time Trial Weekly will be published on the 8th, 15th, 29th October and 5th November. Then production will be suspended until Mid February 1993, with the exception of a special issue after the "Champions Night" at Derby.

All subscription balances will be honoured from Feb 1993. and reminders to renew will be sent out when required.

## Not so prolific but Pyne's still a power.

Martin Pyne (Polytechnic CC Air Canada) may not be such a prolific winner of short distance time trials these days, but the former national '25' champion is still a power to be reckoned with, especially on his own East Anglian roads.

He was back in the winning groove again in Sunday's CC Sudbury '25' on the fast B25/38 course near Bury St Edmunds when those who braved cold drizzle and a nagging NW wind at the start were rewarded with a deceptive rash of fast times and not a few improvements.

The big Poly man is finishing his season with a flourish, his 51.35. showing the sort of form he started his '92' campaign, from a start at number 90.

Ian Cammish, Team Raleigh, starting as last man in a full field at noon may have had the luxury of sunshine early on, but as the rain stopped the wind blew harder and it was generally felt the later starters had the worst of the conditions. His eventual second-place 51.47. again demonstrated his ability to ride consistently close to the 30 mph standard.

The potential of the day had been shown when Kevin Neary (Southend & County Wheelers) continued an outstanding season by getting within 25 seconds of his best with 53.52.

This led the result board until North Road Racing Team's Belgium exile Bryan Long swept in with 53.48. off number 71, improving almost 2 minutes. He has spent much of the season on the continent after winning some early season road races.

This looked good enough for a place until his clubmate Dave Staff, off 14 minutes later, beat him by a single second, improving on his best by over half a minute.

Fastest junior award went to Zak Carr (VC Norwich) with a 55.00.

**Mike Daniell**

### CC Sudbury 25 mile TT

Sunday 11th October. B25/38

Martin Pyne. (Polytechnic CC)	51.35
Ian Cammish. (Team Raleigh)	51.47
D.A.Staff. (North Road RT)	53.47
B.Long. (North Road RT)	53.48
K.Neary. (Southend & County)	53.52
P.D.Bedford. (VC Norwich)	54.24
R.C.Van Looy. (Polytechnic CC)	54.25
Z.Carr. (VC Norwich)	55.00
M.D.Adams. (Kings Lynn CC)	55.25
R.C.Oliver. (RT East)	55.34
Lady. D.Petrella. (CC Breckland) 1.02.12. Jun. Foster. (VC Norwich) 59.26.	

### Norwich ABC 10 mile TT

Saturday 10th October. B10/44

Ian Cammish. (Team Raleigh)	21.02
M.Pyne. (Polytechnic CC)	21.11
D.Staff. (North Roads RT)	22.04
B.McDonald. (RT East)	22.40

#### Vets/Std.

E.Fone. (Norwich ABC)	+5.40
M.Gambling. (CC Breckland)	+4.46
M.Pepper. (Wolsey RCC)	+3.12
P.Pepper. (Wolsey RCC)	+3.05
Lady. B.Durant. (East Anglian CC) 26.26. P.Pepper. (Wolsey RCC) 27.40. Jun. D.Phillips. (CC Breckland) 29.51. Juv. S.Jordan. (Gt. Yarmouth CC) 26.14. Team. Polytechnic CC. (Pyne.Hall 23.28/Everett. 23.44.) 1.08.23.	

## The Chelmer CC.

The final Chelmer events of the season are the club 25 for the Kathleen Smith, Rosebowl on October 18th, Rodings course and the hill climb at Little Baddow on October 25th.

The club dinner and prize presentation is on November 28th, at the Country Hotel, Chelmsford, when the club will be honoured by the presence of the Mayor and Mayoress.

## North Yorks Couriers 25 mile TT

Sunday 11th October. V333

Pete Longbottom. (GS Strada)	52.31
Kevin Dawson. (GS Strada)	54.32
L.Murray. (Stockton Whs)	55.46
G.Metcalf. (Otley CC)	57.37
M.Standevan. (Birdwell Whs)	58.15
M.Wright. (Midridge CRT)	58.30
P. Barnes. (Team Rapide)	58.40
W.Roberts. (ABC Centreville)	58.57
J.Read. (Goole Vermuyden)	59.18
W.Thorpe. (Selby CC)	59.18
Lady. K. Hindmoor. (Team Rapide) 1.08.14. Jun. D.Webb. (Calder Clar) 1.00.18. Juv. A.Jordan. (City RC. Hull) 1.02.26. Vet. Roberts. Team. Otley CC. (Metcalf/G.Yates 59.51/P.Yates. 1.08.15.)	

### Hillingdon 25 mile TT

Sunday 11th October. H25/14

Eddie Atkins. (Manchester Whs)	51.01
Course & Event Record	
N.Gardiner. (Oxford Poly CC)	51.11
J.Pritchard. (Express RT)	51.57
D.Redding. (Mid Shrop Whs)	52.46
J.Jenninson. (Southampton Tri)	53.41
D.Barnes. (Team Zoyland)	53.58
N.Archibald. (Gemini BC)	54.00
P.Miller. (Mansfield RC)	54.09
J.Lowe. (Severn RC)	54.13
A.Barrett. (Aylesbury CC)	54.17
Lady. G.Reynolds. (Willesden CC) 1.02.14. Jun. I.Wroblewski. (Leicester RC) 55.27. Vet. Adkins. Std. B.W.Kenealy. (VTTA Merseyside) +18.14. D.Hedges. (Swindon RC) +18.14.	

### Chippenham CC 27 mile 3Up TTT

Sunday 11th October.

#### Vets & Juniors.

M.Hinton/A.Ball/E.Walcroft. (Westbury Whs)	1.09.07
S.Harradine/T.Harradine. (2riders)(Ross on Wye & Dist)	1.11.26
J.Fry/D.Galley/E.Moody. (Composite)	1.12.47

#### Seniors.

A.Rowley/E.Morris/N.Boyle. (Gloucester City CC/Evesham & Dist)	1.00.45
J.Watson/M.Dawe/D.Hayward. (Catford CC)	1.03.33
A.Horswill/G.Scott/S.Millard. (Cotswold Fudruckers)	1.04.06
S.Offord/K.Wood/E.Price. (Dursley RC)	1.04.37
D.Russell/S.Clarke/N.Plant. (Mendip CC)	1.06.50
S.Thomas/J.Ovens/C.Noakes. (Trowbridge CC)	1.08.35
A.Gitlin/C.Newby/P.Hell. (University of Bristol)	1.08.43
P.Latchem/R.Scott/S.Briggs. (Somerset Vall)	1.09.11
M.Cook/R.McMillan/A.Dennes. (Bath CC)	1.09.22
C.Hitchin/P.Cooper/P.Batchelor. (VC Central)	1.09.34

The event was run in dry conditions with a cool northerly breeze, slowing riders up Lyneham Banks and over the first ten miles. The steep climb of Callow hill caught out one or two of the pure "testers" on their low profiles with large single rings. The last five miles were wind assisted making a rapid return to the finish.

The use of Kington Langley Village Hall put the finishing touches to an excellent end of season event, unfortunately the number of entries have been down in the past two years, presumably because of a clash with the Vets. 2 up at Bournemouth.

## Longland's three minutes win

A race reduced in distance from 27 miles to 30 kilometres to avoid new traffic lights in Winchester was matched by a drop in entries for an event which recalled the days of old style courses where riders completed an "out and home" route which finished opposite the start.

In this instance the course was an extension of the old Romsey 10 in the Test Valley which was frequently used for both open and club events until the prohibition of "U" turns stopped its use, but the promoting Antelope Radford Accountants RT revived it simply by extending the turn to a roundabout at the eastern end of Stockbridge High Street.

Unfortunately for the organisers, this new course only appealed to 21 riders, five of whom declined to start, and when one of those was Portsmouth's top road man, Paul Rogers (VC St. Raphael) there was no one left to challenge Antelope RT's sole entrant, Glenn Longland.

Last to start on an afternoon made difficult by a cold north wind blowing down from the turn, Longland was just catching sight of runner-up, Mike Potter (Weston Wheelers) his four minute man, when he swept across the finishing line in 44m.32s. to end his twenty-third consecutive racing season with a win.

Though well beaten by the winner, Potter was delighted to finish second best and promised to return next year. A similar date on the calendar has already been approved for the event, but discussion round the result board afterwards suggested an earlier day in the year might be sought in 1994.

### Antelope RT 30 km TT.

Saturday 10th October. P142

Glenn Longland (Antelope RT)	44.32
M.Potter. (Weston Whs)	47.38
M.Olney. (St Eastern RC)	47.50
I.Prince. (Bournemouth Jubilee)	49.34
C.Sheppard. (Bognor Regis)	49.46
P.Cribb. (Bognor Regis)	50.40
J.Earnshaw. (Weston Whs)	51.00
E.Green. (Farnboro & Camb)	51.23
A.Morris. (Salisbury RC)	52.18
M.Benstead. (Salisbury RC)	52.33
Vet. Earnshaw.	

### North Bucks RC 10 mile TT

Saturday 10th October. F5/10A

Dave Creese. (VC Slough)	20.44
Eddie Adkins. (Manchester Whs)	20.55
Les Pick. (Icknield RC)	21.12
J.Pritchard. (Express RT)	21.24
J.Hunt. (Hemel Hempstead CC)	21.29
A.Sharpe. (Bio RT)	21.50
P.Panagi. (Hastings & St Leo's)	21.58
N.Coventry. (High Wycombe CC)	22.00
S.Hunt. (VC Slough)	22.09
P.Abraham. (Icknield RC)	22.10
Lady. R.Freestone. (Verulam CC) 26.24. Jun. J.Hunt. (Hemel Hempstead CC) 21.29. Juv. C.Pritchard. (Oxonian CC) 23.15. Team. VC Slough. (Creese/Hunt/R.Palmer. 23.57.) 1.06.50.	

Dave Creese so often the bridesmaid in this sort of field, proved his late season form was to good for the opposition in the N.B.R.C. 10 on Saturday. The F5/10A on this cold October day with a strong North Easterly wind produced some surprisingly good times. Jon Hunt one of the Hemel's super fast juniors off number 21 came back with a P.B. of 21.29. and stayed on top of the result board for nearly forty minutes until Les Pick (Icknield RC) arrived with a ride seventeen seconds quicker (21.12)

Half an hour later Dave Creese set the target (20.44) for Eddie Adkins and scratchman John Pritchard, but it was an act too hard to follow, with John relegated to an unfamiliar fourth place.

## Jeff Wright is King of The Rake

Tyne Velo's Jeff Wright, runner-up to National Champion Chris Boardman on Park Rash last year, emerged as a clear favourite for this year's title, for which Boardman has not entered, by returning to The Rake at Ramsbottom in Lancashire on Sunday, and repeating his victory there 12 months before. And his beating of Boardman by a similar margin to that of last year made his victory all the sweeter.

The Lancashire Road Club, thanks to Tony Wilson, former hill,climb champion Pete Graham and their team, once again put on a brilliant promotion, and with massive sponsorship from Quicke's, the main Ford dealers in Bury, the event again attracted not only many of the top hill-climbers in the land, but also one of the biggest crowds ever to witness time trial of any kind.

They came from far and wide, not just to see cycling's new olympic champion, not just to see battle re-newed between Boardman and Wright, but also to see if either of them, or anyone else from the start card of 72 riders, could claim the £1,000 extra prize put up by Quicke's of Bury for a winning time faster than Pete Graham's record of 2.18.0. established way back in 1961.

In the event they were disappointed on the final count, but, boy, what a race they witnessed!

The early leader was Mansfield's silver-haired Chris Roy, and it was a full 30 minutes before the in-form Manchester Wheeler Steve Hulme took over at the top, urged on by an enormous gallery ignoring the cool conditions. But within the next 10 minutes, there was even more-drama. Firstly, there was road-man Steve Calland. The Stars and Stripes man has only taken to hill-climbing this season, and has surprised even himself. He took over the lead in fine style, even though few thought he'd win on the occasion, with all 3 medallists from last year's championship still to come.

Leo's Stuart Dangerfield was the first of those three, but tragedy struck within 200 yards of the finish. He looked set to take the lead, but suddenly his chain came off, and he was out of it. Huddersfield's Richard Binks caught the eye, but couldn't quite match Calland, and then it was the turn of last year's winner.

Wright suffered a high-speed crash on his way to work two days before, and was sporting a bandage on his right arm, but he was clearly unaffected by it. He was smooth and fast, and there was a gasp from the huge crowd when his time was announced.

It was 3 seconds faster than last year, and just 1.4. seconds away from the record.

Then at last it was Boardman's turn, keeping his promise to the organisers despite his lack of training since Barcelona, he surged up the hill amidst a crescendo of encouragement-quite the loudest I can recall, even including National Championships! But it wasn't quite enough. He too, was faster than last year, but he was once again 2nd to Wright, and Pete Graham's record is safe for another 12 months.

The massive crowd stayed on after the finish for the prize presentations, and were generous with their applause as the Mayor of Bury handed over the equally-generous prizes. But that £1,000 bonus remains on ice until next year, and more imminently, the new champion on October 25th must surely be either Jeff Wright or Stuart Dangerfield.

### Mike Smith

#### Lancashire RC Hill Climb.

##### Sunday 11th October. L812 970 yards

J.Wright. (Tyne Velo) .....	2.19.4
C.M.Boardman. (GS Strada) .....	2.25.2
S.J.Calland. (Stars & Stripes) .....	2.31.4
R.J.Binks. (Huddersfield RC) .....	2.32.4
S.R.Hulme. (Manchester Whs) .....	2.32.9
J.B.Barnes. (Gloucester City RC) .....	2.37.5
R.M.Thompson. (GS Metro) .....	2.39.5
C.Roy. (Mansfield RC) .....	2.40.4
J.Jepson. (ABC Centreville) .....	2.44.0
S.Wharton. (Paddington CC) .....	2.45.3
Lady. J.L. LeLuan. (Lancashire RC) 3.41.8. Jun.	
M.D.Leyland. (Horwich CC) 2.51.6 Juv. P.J.Botteril	
(Knaresboro CC) 3.07.9. Vet. M.G.Smith.	
(Lancashire RC) 3.14.9. Team. ABC Centreville.	
8.17.6.	

### Border CA Hill Climb.

#### Sunday 11th October. HC8A

D.T.Ryan. (Oxford University) .....	3.56.4
B.P.Robinson. (Farnham RC) .....	3.57.7
C.G.Brooking. (VC Meudon) .....	3.59.3
S.W.Winter. (Farnboro & Camb) .....	4.06.9
D.I.Hulme. (Oxford University) .....	4.09.5
J.D.Morgan. (Oxford University) .....	4.11.6
R.Bruton. (Farnham RC) .....	4.12.6
T.Pain. (Nth Hants RC) .....	4.15.8
A.W.Tang. (Oxford University) .....	4.20.9
G.Addison. (VC Meudon) .....	4.21.4
Lady. J.D.Winter. (Farnboro & Camb) 6.00.1. Team.	
Oxford University. 12.17.5.	

### VTTA Merseyside 30 mile TT

#### Saturday 5th September.

D.Hacking. (Birkenhead NE) .....	+20.51
W.Davidson. (Birkenhead NE) .....	+19.32
D.Orford. (Peaks Vets) .....	+18.38
D.Swales. (Birkenhead NE) .....	+18.12
G.Thompson. (Birkenhead NE) .....	+16.16
G.Taylor. (Rhos-on-Sea) .....	+14.53
K.Matthews. (Wrexham RC) .....	+14.03
J.Harrison. (Congleton CC) .....	+13.52
S.Old. (Walton C & AC) .....	+13.30
R.Holland. (Merseyside Whs) .....	+13.10
Trike. T.Lawley. (Barrow Central Whs) +2.11.	
Team. Birkenhead NE. (Hacking/W.Davidson/	
Thompson. +56.39.	

### CC Todmorden Hill Climb. (1 mile)

#### Saturday 10th October. L815

S.J.Calland. (Stars & Stripes) .....	5.07.4
M.J.Harrison. (Congleton CC) .....	5.14.2
M.J.Andrews. (Cleveleys RC) .....	5.22.2
S.Walton. (Barnesbury CC) .....	5.22.3
J.Jepson. (ABC Centreville) .....	5.25.5
G.E.Love. (ABC Centreville) .....	5.29.9
T.J.Battersby. (Leigh Premier) .....	5.31.6
M.J.Turnbull. (Leigh Premier) .....	5.37.3
J.P.Furton. (Leigh Premier) .....	5.38.6
R.P.Clough. (ABC Centreville) .....	5.39.0
Lady. J.B.Blackburn. (Hyndburn Tri) 7.29.30. Jun.	
H.P.Matthews. (ABC Centreville) 6.28.9. Juv.	
D.Coverdale. (CC Todmorden) 7.56.2. Vet. P.Jepson.	
(ABC Centreville) 6.39.3. Team. ABC Centreville	
16.34.4.	

This new one mile course at Cornholme, Todmorden which takes in two sections of 1 in 6 gradients and two hair pin bends, which proved to be popular with the entrants. Despite a slight headwind Steven Calland riding 42 x 20 fixed wheel powered his way up in 5.07.4. beating Mike Harrison by 7 seconds. First lady J.Blackburn had an excellent ride, and at the top said she must get back to go for swim and run training.

### E.C.C.A. 25 mile TT

#### Sunday 11th October. E72/25

S.Elms. (East Grinstead) .....	54.13
D.Knight. (Bishop Stortford) .....	55.07
P.Connelley. (Chelmer CC) .....	55.16
S.Freeman. (Chelmer CC) .....	56.52
R.Souster. (Basildon CC) .....	57.09
M.Edmonds. (Easterley RC) .....	57.13
R.Ruocci. (CC Breckland) .....	57.31
D.Rudd. (De Laune CC) .....	57.57
S.Meen. (Basildon CC) .....	58.06
D.King. (CC Bexley) .....	58.26
Jun. Rudd. Juv. S. Constable. (Basildon CC) 1.05.3	
7. He'p. M.Fuller. (Dartford Whs) 49.20. (11.00)	
Team. Chelmer CC. (Connelly/Freeman/P.Perrin.	
59.54.)2.52.02	

## Knaresborough pair win

A typical end-of-season Saturday afternoon in Nottinghamshire produced some highly old-fashioned looking times in Chesterfield Spire's 2-up '25', in which one riders had to be a veteran.

A cold northerly wind ensured that only six teams beat the hour, and although Tony Nash and 40-year-old Alan Lane from the Knaresborough CC have gone much faster than they did on this occasion, they were well pleased when they scrutinised the result board. "That's a nice way to end my season". said Alan, who has surprised many veterans this year. "But I'll be back again next season", he continued. "I want to have a crack at the veteran record in the Porthole Grand Prix round Windermere". His partner Tony Nash described the day, and the replacement course due to road works on the A1 as "Hideous", and now intends to turn his attention to cyclo-cross to see him through the next few months.

Behind these two, the revived Morley CC fielded three teams, and gave them a great run for their money.

Malcolm Cowgill, who only two years ago was on crutches with a broken leg that refused to heal following an accident involving a car, was full of praise for his partner Chris Peate. "He's my locomotive", said the seasoned campaigner. "If he looks like flagging, I just shovel on a bit more coal!"

But their team-mates Steve Vaughan and former Rockingham BBAR man Derek Roe pipped them by 24 seconds, despite the versatile young Steve complaining that he couldn't get his pulse rate up to 190 this time!

Former professional Phil Wilkins, now in Ashfield RC colours, was back in the prize money, taking Lyn James of the Mapperley CC around in 59.09. to win the composite team prize, whilst surprise winners of the 'C' Group award were the East Bradford CC pairing of veteran Mike Healey, a former triathlon man, and 16-year-old Sean Jenkinson, who is in his first year of racing.

### Mike Smith

#### Chesterfield Spire RC 25 mile 2 up

##### (1 rider a vet)

#### Saturday 10th October. )25/5

Alan Lane/Tony Nash.	
(Knaresboro CC) .....	57.42
S.Vaughan/D.Roe. (Morley CC) .....	58.24
C.Peate/M.Cowgill. (Morley CC) .....	58.48
P.Dentith/D.Hodgins.	
(Stockport Clar) .....	58.53
P.Wilkins/L.James.	
(Ashfield/Mapperley) .....	59.09
R.V.Oakes/R.Oakes.	
(Beauvale/Nottingham) .....	59.44
L.Foot/A.Shore.	
(Melton Olym/Ace RT) .....	1.00.29
M.Barras/I.Hindley. (Askern CC) .....	1.00.49
A.Gascoyne/P/Tyson.	
(VC Chesterfield) .....	1.01.10
M.Overton/P.Hurt. (Morley CC) .....	1.01.48

### Composite.

Wilkins/James. ....	
Group 'A' Lane/Nash .....	
Group 'B' Gascoyne/Tyson .....	
Group 'C' .....	
S.Jenkinson/M.Healey.	
(East Bradford CC) .....	1.04.07

**Epsom CC 25 mile TT  
Sunday 4th October. G432**

K.Reed. (Clarence Whs).....	57.44
R.Keeble. (Express RT).....	57.54
A.A.Meilak. (West Kent RC).....	59.46
K.Shaw. (Willesden CC).....	59.58
B.Molloy. (Tooting BC).....	1.00.26
R.Searle. (CC Breckland).....	1.01.00
M.Hennessy. (Southend & Cty).....	1.01.04
M.P.Olney. (South Eastern RC).....	1.02.32
D.E.Osborn. (Old Portlians CC).....	1.02.37
P.G.Toppin. (Worthing Exc CC).....	1.02.43
Lady. R.Hedley. (De Laune CC) 1.16.11. Jun.	
S.Wright. (Eastbourne Rovers CC) 1.07.12. Juv.	
D.C.Corney. (Rother Valley CC) 1.07.19. Team.	
West Kent RC. A.R.Dann 1.06.00./	
A.S.Meilak. 1.04.38 /Meilak) 3.10.24.	

**Vets Std.**

R.Keeble. (Express RT).....	+11.08
A.Dann. (West Kent RC).....	+10.37
M.Hennessy. (Southend & Cnty).....	+10.35
S.Avely. (Tooting BC).....	+ 9.36
C.Robson. (Eastbourne Rov. CC).....	+ 9.17

**Tandems**

A.Smith/R.Holkham. (Brighton Excelsior).....	54.44
A.Steinf/D.Redding. (Leo RC/Mid Shrop).....	56.04
S.Mitchell/G.Dodd. (Kingston Ph).....	56.33
M.Winter/S.Winter. (Farnboro & Camb).....	59.15
M.Fagg/Miss.G.Cheatle. (Willesden CC).....	1.00.41
M.G. & A.Twitchett. (South Eastern RC).....	1.03.24
P.J.Coventry/M.J.Bloom. (Crawley Whs).....	1.04.55
K.E. & Mrs.M.Herbert. (Anerley BC).....	1.05.19
C.B.Slater/D.A.McGlashan. (South Eastern).....	1.05.53
A.P.Daw/P.N.Ward. (Tandem Club).....	1.08.14

**VTTA Merseyside 25mile TT  
Sunday 4th October. D25/11**

V.Palk. (Altrincham Ravens).....	+17.16
R.Little. (Altrincham Ravens).....	+17.01
J.Bailey. (Nelson Whs).....	+16.00
J.Keith. (Middleton RC).....	+15.40
B.Kenealy. (VTTA Mersey).....	+15.18
T.Hoyle. (Nth Lincs Clar).....	+15.03
B.Haskell. (Huddersfield RC).....	+15.00
K.Boardman. (Birkenhead NECC).....	+14.43
D.Hodgins. (Stockport CC).....	+14.08
H.H.Hill. (Middleton RC).....	+14.01
Trike. J.Read. (Merica CC) +9.44.	

**Wigmore CC Hill Climb.**

**Sunday 11th October. QHC/12**

Steve Castle. (Wigmore CC).....	2.53.0
Chris May. (Wigmore CC).....	2.53.8
Phil Austin. (Wigmore CC).....	2.57.2
D.Collins. (Wigmore CC).....	2.58.2
J.Potts. (Wigmore CC).....	3.05.4
T.Tuohy. (Catford CC).....	3.12.4
K.Walker. (Wigmore CC).....	3.17.4
S.Cornew. (Wigmore CC).....	3.27.4
R.Pieri. (Wigmore CC).....	3.29.4
S.Morris. (Wigmore CC).....	3.33.6
Jun. Cornew. Juv. J.Field. (Medway Velo) 3.35.2.	
Team Wigmore CC. 8.44.0.	

A disappointing entry of only 23 riders with a large contribution to the numbers made up by members from the promoting club.

Favourite Paul Longfield (Wigmore CC) broke his chain after 200 yards, leaving the honours to go to Steve Castle (Wigmore CC) an unknown quantity, who was new to the club this season, and just having ridden three evening '10s' and some mountain bike riding.

**TIME GENTLEMEN  
PLEASE.**

Organiser Joan Price tossed a hand grenade to the riders in the two 24th Christchurch Grand Prix des Gentlemen events at Wimborne and Bere Regis. Reminding them in a GP des Gentlemen, the vet stays behind the pacer.

A few would not understand this so she spelled out clearly on the start sheet "NO BIT AND BIT".

This in an event where some of the pacers spend months preparing for the task, and the week before worrying whether they are going to be able to hold the wheel of the "super vet" who has chosen them to honour his athletic career.

There were some unable to restrain themselves, but Joan used the Nelson Approach. "I did not see anyone cheating" she said. "And no one complained in writing, but next year the rules will be applied strictly."

There were a few complaints going round, but as for putting it in writing, well they were after all "gentlemen."

One veteran with no problem sticking to the rules was Mike Ashurst (New Forest CC) paired with Olympic team time trial rider Gary Dighton (Manchester Wheelers.)

"It was a different world" he said afterwards. "It took me a few miles to get used to the increase in speed, but it was easy once I settled down, Providing I did not move out into the wind, when it was like hitting a brick wall."

Gary provided the matching team vests a pair of England jerseys. "I nearly slept in it the night before, I was so pleased" said Mike.

Fastest time came from new vet Mark Fodden (Bournemouth Arrow CC) paired with old rival Geoff Giddings (Delta RC) Until this year, Mark has taken on the job of pacer, making sure that some of his elderly club mates go faster than ever before in their lives. Still able to mix it with the best, it was obvious that the only challenge would come from the Dighton/Ashurst pair.

In the separate event for over 50s. The pairing of Harry Featherstone (Norwood Paragon) and Neville Stroud (Antelope RT) had a treble. Winning the event on standard, and leading both events on classification for two years in succession, as well as being faster in the over 50s.

With 248 riders the event was split between over and under 50s, and on two courses. Making it difficult to compare the times, but at 60 Harry Featherstone still gives the youngsters a fright, and it is hard to imagine any pacer going too fast for him.

The celebration dinner afterwards was missed this year, and Phil Downer killed in an accident with a motor cycle during the winter. It was his job to arrange the 29 officials and marshals.

It would be nice to have some French riders from the Duo Normand next time.

**Trevor Fenwick**

**Wrexham Hill Climb.**

**Sunday 11th October. DO/1**

J.Waddilove. (Crewe Clarion).....	10.04
D.Kirby. (Coventry CC).....	10.18
G.Taylor. (Coventry CC).....	10.18
P.Moss. (Coventry CC).....	10.33
T.Donnellon.(Ellesmere Port).....	10.38
A.Jones. (Deeside Olym RC).....	10.48
D.Corlett. (Liverpool Mercury).....	10.57
A.Barker. (Team Kronos).....	10.59
J.Wood. (Coventry CC).....	11.05
C.Stephens. (Chester RC).....	11.06
Lady. E.Bell. (East Liverpool Whs) 14.44. Jun.	
Corlett. Juv. C.Barry. (New Brighton CC) 12.32.	
Vet. R.Johnson. (Nth Shrop Whs) 12.05. Std.	
W.Graham. (Anfield BC) +3.30. (13.30) Team.	
Coventry CC. 2nd. Team. Ellesmere Port.	

**Huddersfield Star Wheelers Hill Climb.**

**Saturday 10th October. V9912**

J.Wright. (Tyne Velo).....	4.09.3
S.Green. (Oldham Century).....	4.24.1
S.Hulme. (Manchester Whs).....	4.24.4
C.Giles. (Huddersfield Star).....	4.30.9
R.Binks. (Huddersfield RC).....	4.36.3
F.Holmes. (Paragon RT).....	4.47.1
C.Roy. (Mansfield RC).....	4.54.0
P.Waddington. (Bradford Whs).....	4.57.7
P.Brierly. (Huddersfield RC).....	4.58.3
R.Holmes. (Paragon RT).....	5.00.1
Jun. P.Waddington. Juv. T.Holmes.(Huddersfield Star) 5.22.3. Vet. A.Waddington. (Bradford Whs) 6.04.7.	

**VTTA (Wessex) 24th Christchurch  
Grand Prix des Gentlemen,**

**25 mile 2up TT. 40-49 P413.**

Terry Icke/Mike Malins. (Poole Whs).....	+10.30
Mark Fodden/Geoff Giddings. (BournemouthArrow/Delta RC).....	+10.24
M.Ashurst/G.Dighton. (New Forest CC/Manchester Whs).....	+10.23
M.Tarrent/G.Pickford. (Bournemouth Jub/VC St.Raphael).....	+10.13
J.Reed/P.Courage. (Vectis Roads CC).....	+ 9.15
K.Sealy/A.P.Malone. (Corsham RC).....	+ 8.26
B.Watkinson/J.Clark. (Bournemouth Arrow).....	+ 8.18
D. Majoram/P.White. (Poole Whs).....	+ 7.58
J.Turner/K.Stephens. (Southampton Whs).....	+ 7.22
R.Driver/MrsG.Clare. (Bath CC).....	+ 6.24

**Fastest.**

Mark Fodden/Geoff Giddings. (BournemouthArrow/Delta RC).....	55.36
Mick Ashurst/Gary Dighton. (New ForestCC/Manchester Whs).....	56.07
M. Tarrent/G.Pickford. Bournemouth Jub/VC St Raphael).....	57.47
J.J.Reed/P.Courage. (Vectis Roads CC).....	58.45
T.Icke/M.Malins. (Poole Whs).....	59.34
B.Watkinson/J.Clark. (Bournemouth Arrow).....	59.42
D.Davis/P.Marshall. (Bath CC).....	1.00.02
K.Sealy/A.P.Malone. (Corsham RC).....	1.00.36
R.Redrup/R.Lloyd. (Fareham Whs).....	1.00.50
J.A.Turner/K.Stephens. (Southampton Whs).....	1.01.09

**50 years and over. P422**

**Standard.**

Harry Featherstone/Neville Stroud. (Norwood Paragon/Antelope RT).....	+18.08
P.Newbury/D.Hambleton. (Salisbury RC).....	+15.51
A.Limbrey/M.Jones. (Sussex Nomads/GS Ste).....	+15.27
J.Stagg/N.Davis. (Bath CC).....	+15.27
J.Kempe/D.Kempe. (Bristol South CC).....	+14.09
D.Smith/R.Dadswell. (Antelope RT).....	+13.28
D.Driver/G.Evans. (Yeovil CC).....	+12.58
R.Crick/Dawn Courage. (Vectis Roads CC).....	+12.39
Daphne Lodge/L.Paxton (Salisbury RC).....	+12.28
Anne Wallace/Clare Newman. (Crabwood CC).....	+12.10

**Fastest.**

H.Featherstone/N.Stroud. (Norwood Paragon/Antelope RT).....	58.29
D.Driver/G.Evans. (Yeovil CC).....	59.16
A.Limbrey/M.Jones. (Sussex Nomads/GS Stella).....	1.01.10
D.Smith/R.Dadswell. (Antelope RT).....	1.01.27
R.Bolwell/R.Pears. (Bath CC).....	1.01.37
J.Kempe/D.Kempe. (Bristol South CC).....	1.02.28
B.Patten/R.Shepherd. (Wessex RC).....	1.02.42
G.P.Boore/D.Bennett. (Sussex Nomads CC).....	1.02.52
D.Pearson/P.Doughty. (Poole Whs).....	1.02.56
R.Crick/Dawn Courage. (Vectis Roads CC).....	1.03.24

**BORDER CYCLING ASSOCIATION.**

Open 10 mile. 20th December.  
Course H10/5.

This will also include an open tandem event, starting at 11.15am. approximately (depending on number of solo entries) Entry fee £5 per tandem. Event secretary as per handbook.

**An attempt on a new place to place record.**

**From Grantham to York.**

By Hedley Stennett (Newark Castle CC) and Martin Purser (Charlotteville CC) on a Tandem Trike.

First possible date Saturday 17th October.

# WHAT'S ON

**Saturday 17th Oct, 1992**

**Wyre Forest CRC 2-up 25 mile TTT.**  
Course K8 Start 2pm

**Sussex CA Hill Climb**  
Course G901 Start 2pm

**Chesterfield Spire Hill Climb**  
Course OHC6 Start 2pm

**Bristol South Hill Climb**  
Course UH26 Start 3pm

36 competitors take part and seeded riders are Rob Pears, Phil Marshall 2nd in 91, Chris Revill, 3rd in 91, Stuart Berryman Heron CC winner 1991, John Barnes 9th in National Hill Climb 1991,

**Otley CC 2stage Hill Climb**  
Course V192 & V196 Start 11am

60 riders have entered here with J.Wright Tyne Velo last man off also included S.Green, S.Calland, T.Battersby, S.Tyson, S.Roberts, and N.Hall.

**Sunday 18th Oct, 1992**

**Knaresborough CC 29 mile Invitation**  
Course V8610 Start 11am

41 riders accepted invitations include Pete Longbottom, Stuart Dangerfield, Matthew Postle, Kevin Dawson, Wayne Randle, Dominic Sweeney, Nick Gardiner and Julian Read. Raleigh Pro's Caroline Alexander and Barry Clarke are also among the entries along with many more top riders.

**Bognor Regis Hilly 28 mile TT**  
Course P911 Start 8am

**Norwich ABC 25 mile TT**  
Course B25/27 Start 10am

**ECCA 25 mile TT**  
Course E72/25 Start 7.30am

**Brighton Mitre CC 25 mile TT**  
Course G531 Start 8am

A good field for this well sponsored event with over £800 in prize money to be won. Eddie Adkins looks set to challenge for the top prize having won this event in 1997/6/77. Last years winner Peter Cookson is entered along with Keith Reed, Steve Elms, Matthew Watt, Bob Thorne, Pete Pickers, the ladies include Pauline Strong, Gill Reynolds and Claire Salmon. The Tandem event includes Andy Smith/Rick Holkham and Neville Stroud/Alan Dawson.

**VC Leeds 2up 25 mile TT.**  
Course V336 Start 9am

**Ashford Whs 2up 15 Mile TTT**  
Course QS/18 Start 8.30am

**Kettering Amateur CC 10 mile TT**  
Course N4/10A Start 2pm

**Swindon RC 10 mile TT**  
Course U4 Start 9am

**Matlock CC Hill Climb**  
Course AHC/1 Start 10.30am

Of the 29 riders entered 10 are juniors and 3 scoolboys, a very testing hill which Chris Boardman holds the course record in 3.36:4

**East Midlands CC Hill Climb**  
Course AHC/3 Start 3pm

**Lincs RRA Hill Climb**  
Course CHC/1 Start 11am

**Catford CC Hill Climb**  
Course G302 Start 11am

38 entries with 10 riders from the promoting club and 10 from the Gemini BC

**Bec CC Hill Climb**  
Course G301 Start 2pm

**Kinder RT Hill Climb**  
Course J9/5 Start 10am

More than 35 riders have entered this 3.2mile climb of Snake pass from the Glossop side and include S.Roberts, T.Battersby and last years winner T.Donnellon Ellesmere Port CC.

**MCCA Hill Climb**  
Course KH12 Start 11am

**North Lancs RC Hill Climb**  
Course L806 Start 11am

**VC Nouveau Hill Climb**  
Course MH/6 Start 10 am

**Ridley CC Hill Climb**  
Course MH/7 Start 2pm

**Calder Clarion CC Hill Climb**  
Course V9916 Start 10am,

16 riders have entered this event which incorporates the National Clarion Championship S.Bowering is fastest on paper a promoting club's 1st cat. roadman. Tom. Wilson of VTTA is 72 years old and is sure to pickup some prize money.

**Sunday 25th Oct, 1992**

**National Championship Hill Climb.**  
Course MH/7 Start 10am

**Hainault RC 2up TTT 28 miles**  
Course E84/28 Start 3pm

**ECCA 25 mile TT**  
Course E72/25 Start 7.30am

**Rother Valley CC 24 mile TT**  
Course F875 Start 8am

**Kettering Amateur CC 10 mile TT**  
Course N4/10A Start 1pm

**Sth West London Combine Hill Climb**  
Course G401 Start 10.30am

**Peak Region Vets**

**Saturday 17th October 11 am**  
Loncliffe, North West Derbyshire.  
'Veterans British Open Mountain Time Trial Championship 5Km.'  
(B5056 Ashbourne to Bakewell Road)  
100 riders in 3 Catagories.  
'A' 35 - 49 'B' 50 - 59 'C' 60+

**Saturday October 24th 10 am**  
Elton, North West Derbyshire.  
'Veterans British Open Road Pursuit Championship'  
10 Km.  
(Elton Circuit)

## Les Pick by nearly a Minute

On a cold and wet morning on the F5 course at Milton Keynes, Les Pick (Icknield RC) won his second event of the 1992 season. His time of 56.19, was an excellent ride on a course which is noted for having seven round-a-bouts to negotiate in the first five miles. In second place was junior Jonathan Hunt (Hemel Hempstead CC) showing a clean pair of heels to many riders of greater experience.

In the veterans and ladies event only D.Sheppard (Oundle Velo) and R.Barker. (Cheshire RC) were inside the hour, both fine rides on the day. Event promoter Peter Hamon (Verulam CC) had the misfortune to puncture with only 4 miles to go but still finished in fifth position, for the second consecutive year, Ken Craven (Crescent CC) took the veterans on standard award.

Cliff Tremaine continued his excellent form taking sixth place on standard on his trike.

Fastest lady was Ruth Freestone (Verulam CC) in her first year of competition.

Verulam CC have promoted this end of season event for 29 years, and with only 72 entries for the two events it was the lowest entry ever.

Margaret Hamon.

### Verulam CC 25 mile TT Sunday 11th October.

Les Pick. (Icknield RC).....	56.19
J.P.Hunt. (Hemel Hempstead).....	57.18
R.M.Barker. (45 Road Club).....	57.26
J.L.McClelland. (London St Chris).....	58.54
J.Cross. (Nth Bucks RC).....	59.05
G.Andrews. (Finsbury Park CC).....	59.29
W.Marchment. (Verulam CC).....	59.49
C.a.Smith. (Hemel Hempstead).....	1.00.58
M.Holden. (Beds Roads CC).....	1.01.41
R.Brennan. (Oundle Velo).....	1.02.08
Jun. Hunt. Juv. A.J.Evans. (Icknield RC).....	1.09.51
Team. Hemel Hempstead CC. (Hunt/Smith/ P.R.Thompson. 1.03.54.) 3.02.10.	

### Fastest Vets.

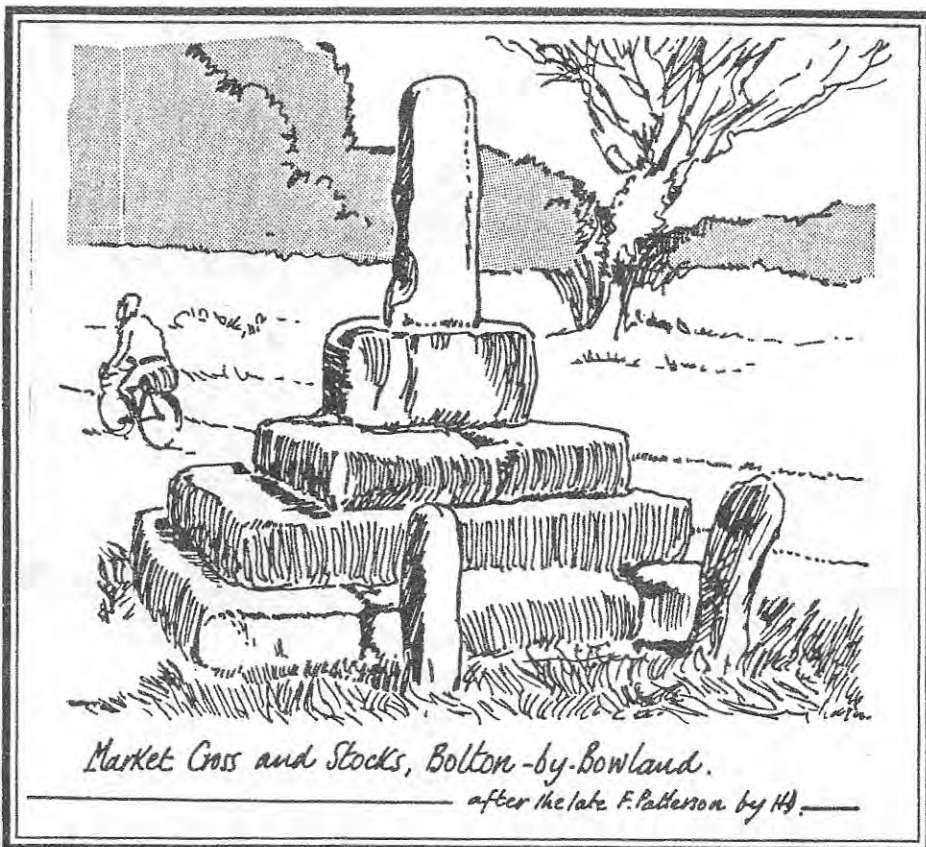
D.Sheppard. (Oundle Velo).....	59.16
R.E.Barker. (Cheshire RC).....	59.57
K.Craven. (Crescent CC).....	1.02.11
M.Hockridge. (Welland Valley).....	1.03.54
P.G.Hamon. (Verulam CC).....	1.04.32
R.E.Brown. (Sth Eastern RC).....	1.05.15
P.J.Bailey. (Kettering Am).....	1.05.55
G.Warwick. (Welland Valley).....	1.06.21
D.Jones. (Coventry RC).....	1.06.52
G.D.Cunningham. (Herts Whs).....	1.07.05

### Standard.

K.Craven. (Crescent CC).....	+15.00
M.Hockridge. (Welland Valley).....	+13.17
G.E.Barrett. (Oundle Velo).....	+12.36
D.Sheppard. (Oundle Velo).....	+12.23
R.E.Brown. (Sth Eastern RC).....	+11.22
C.Tremaine. (Kettering Am) (Trike).....	+11.08
R.E.Barker. (Cheshire RC).....	+ 9.05
W.J.Marshall. (London St Chris).....	+ 8.40
G.L.Thompson. (Nth Road CC).....	+ 8.22
T.J.Bailey. (Kettering Am).....	+ 7.54
Team. Welland Valley Whs. (Hockridge/M.Reay +7.41./G.Warwick. +2.41.) +23.39.	

### Ladies.

R.Freestone. (Verulam CC).....	1.08.56
J.Wilson. (Bath CC).....	1.16.29
C.Oakes. (Herts Whs).....	1.16.35
J.Bird. (Icknield RC).....	1.16.48



### Hull Thursday RC. (Jack McClone 2 Stage HC) Sunday 11th October. V792

S.Wells. (Lindsey RCC).....	4.01.0
J.Wainman. (Hull Thursday RC).....	4.03.5
M.Adams. (City RC. Hull).....	4.06.6
R.Osman. (University of York).....	4.09.1
G.Thorley. (Morley CC).....	4.09.5
A.Dean. (University of York).....	4.10.1
D.Evington. (Hull Thursday RC).....	4.16.2
I.Johnson. (Scunthorpe Poly).....	4.17.6
J.Snowden. (Hull & East Riding).....	4.19.5
A.Faichney. (City RC.Hull).....	4.23.5
Jun. Wainman. Juv. B.Mingam. (Knaresboro CC).....	4.52.0
Vet. B.Whittles. (Morley CC).....	5.33.8.

### Stage 2

M.Adams. (City RC. Hull).....	2.56.0
S.Wells. (Lindsey RCC).....	2.57.1
R.Osman. (University of York).....	2.57.8
A.Dean. (University of York).....	3.00.9
J.Wainman. (Hull Thursday RC).....	3.01.2
G.Thorley. (Morley CC).....	3.04.2
I.Johnson. (Scunthorpe Poly).....	3.06.5
D.Fulston. (City RC. Hull).....	3.13.4
D.Evington. (Hull Thursday RC).....	3.13.5
P.Vokes. (Hull Thursday RC).....	3.14.7
Jun. Wainman. Vet. B.Whittles. (Morley CC).....	4.40.8.

### Overall Result.

S.Wells. (Lindsey RCC).....	6.58.1
M.Adams. (City RC).....	7.02.6
J.Wainman. (Hull Thursday RC).....	7.04.7
R.Osman. (University of York).....	7.06.9
A.Dean. (University of York).....	7.11.0
G.Thorley. (Morley CC).....	7.13.7
I.Johnson. (Scunthorpe Poly).....	7.24.1
D.Evington. (Hull Thursday RC).....	7.29.7
J.Snowden. (Hull & East Riding).....	7.36.0
D.Fulston. (City RC).....	7.41.2
Team. University of York. (Osman/Dean).....	14.17.9.
Hc'p. G.Thorley. (Morley CC).....	6.23.7.nett.

### Lincoln Wheelers 10 mile TT Saturday 10th October.

#### Trikes

J.C.Read. (Mercia CC).....	27.06
F.Taylor. (Welland Valley).....	29.00
S.Greenwood. (Lincoln Whs).....	29.28

#### Tandems

T. & R.Beedham. (Lincoln Whs).....	21.03
M.Storey/S.Brown. (Scarboro/East Bradford).....	21.53
G.Pritchard/C.Lee. (Beauvale CC).....	21.55

#### Fastest Mixed

B.Fagg/Miss G.Cheatle. (Willesden CC).....	23.24
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#### Tanden Trike

M.Cowley/B.Moore. (VC Cumbria).....	24.30
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#### Vets. Std.

L.Lowe. (Trike) (Mercia CC).....	32.28 +0.04
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### Lincoln Wheelers 25 mile TT Sunday 11th October. C25/1R

#### Tandems.

T & R.Beedham. (Lincoln Whs).....	53.28
G.Pritchard/G.Lee. (Beauvale CC).....	56.10
E.Stevenson/A.Payne. (Sheff P/Sheaf Velo).....	57.02

#### Fastest Mixed

M.Fagg/Miss.G.Cheatle. (Willesden CC).....	59.29
R & Mrs. T.Brewer. (Lincoln Whs).....	59.53

#### Tandem Trike.

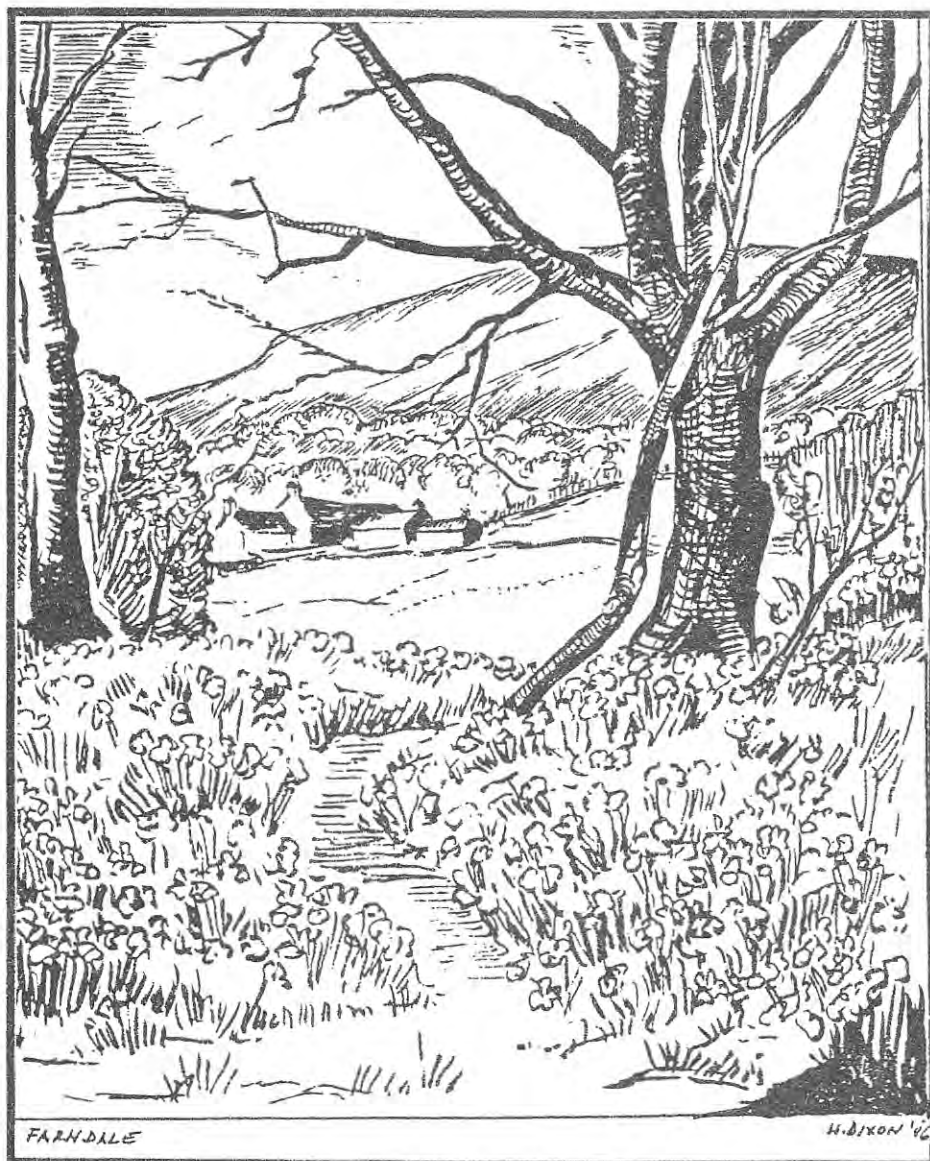
M.Cowley/V.Moore. (VC Cumbria).....	1.02.01
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#### Vet.Std. for 2 days

R.&Mrs N Newell. (Lincoln Whs).....	+24.19
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#### Trikes.

J.Read. (Mercia CC).....	1.09.01
F.Taylor. (Welland Valley).....	1.13.10
M.Purser. (Charlotteville CC).....	1.16.50
S.Greenwood. (Lincoln Whs).....	1.21.11
J.Lovell. (Shaftesbury CC).....	1.28.02



**The Warwickshire RC.  
Gentlemen's Grand Prix.  
Saturday & Sunday  
10th & 11th October.**

**10 miles 2up TT K37  
Fastest.1 rider a Vet**

G.Platts/K.Platts (Coalville Whs) .....	20.10
R.Sterling/S.Giles. (Leo RC).....	21.09
P.Pullinger/J.Tansey. (Stourbridge CC).....	21.33
W.Moore/R.Webb. (Leo RC) .....	21.38
S.Haines/R.Minovi. (B'Ham CC/Warwickshire..)	21.42

**Mixed Team.**

Miss.A.Thomas/A.Harris. (Stourbridge CC)...	22.50
Family Team. Platts. Oldest rider to finish.	
Mrs.W.Clarke. (Seamons CC)	

**Tandems.**

R.Jackson/P.Jackson. (Unity CC).....	20.34
W. & Mrs.C.Harper. (Warwickshire RC) .....	23.54

**Standard.**

S.Haines/R.Minovi. (B'Ham CC/Warwickshire..)	+6.43
M.Counter/H.McGuire. (Beacon RCC).....	+6.38
G.Hodges/B.Bailey. (Coalville Whs).....	+6.12
C.Groves/D.Baker. (Beacon RCC).....	+6.08
R.Sterling/S.Giles. (Leo RC).....	+5.45

**25 miles 2up TT**

G.Platts/K.Platts. (Coalville Whs) .....	55.17
M.Charity/G.Minion. (Dinnington RC/Sherw. .)	58.13
P.Pullinger/J.Tansey. (Stourbridge).....	59.02
W.Moore/R.Webb. (Leo RC) .....	59.12
M.Upton/G.Green. (Leicester RC).....	1.00.05

**Mixed Team.**

Miss.A.Thomas/A.Harris. (Stourbridge CC)..	1.03.11
Family team. Platts. Oldest rider to finish.	
B.Parsonage.	

**Tandem.**

W. & Mrs.C.Harper. (Warwickshire RC).....	1.06.00
G.Browning/M.Sharrock. (Coventry CC).....	1.06.19
Overall Fastest for two days. G. & K Platts. Vet/Std.	
Two days. M.Counter/H.McGuire. (Beacon RCC)	+19.45.

**Standard.**

M.Counter/H.McGuire. (Beacon RCC).....	+13.07
S.Haines/R.Minovi. (B'ham CC/W'wickshire..)	+12.39
C.Groves/D.Baker. (Beacon RCC).....	+11.13
G.Hodges/B.Bailey. (Coalville Whs).....	+11.06
M.Ward/B.Taylor. (Wyre Forest CRC).....	+11.01

**WINTER MAGAZINE ISSUES.**  
Time Trial Weekly will be published on the 8th, 15th, 29th October and 5th November. Then production will be suspended until Mid February 1993, with the exception of a special issue after the "Champions Night" at Derby.  
All subscription balances will be honoured from Feb 1993. and reminders to renew will be sent out when required.

**West London CA 10 mile TT  
10th October, 1992 H10/1**

Ron Keeble (Express RT).....	21.17
Keith Reed (Clarence Whs).....	21.19
Tim Stevens (34th Nomads).....	21.23
R.Thorne (Polytechnic CC).....	21.29
S.House (Clarence Whs).....	21.39
M.Silver (Hounslow & Dist Whs).....	22.22
M.Watt (High Wycombe CC).....	22.29
R.Pace (Clarence Whs).....	22.31
R.Gilmour (Clarence Whs).....	22.40
T.Batsford (Twickenham CC).....	22.47
Vet.Std. J.Sibun (Willesden CC).....	+7.23
2nd Std. D.Naylor (Hounslow & Dist).....	+5.48
Lady: Mrs J.Scott (Alton CC).....	24.48
Jun: P.Horner (Clarence Whs).....	23.25
Juv: M.Morgan (Clarence Whs).....	26.09
H'ep: T.Blackmore (Clarence Whs) (10.15)	16.58
1st Team: Clarence Whs (Reed/House/Pace)	1.5.29
2nd Team: Clarence Whs (Gilmour/Horner/ Broom)1.9.55.	

**B.C.F. (N.M.) Hill Climb  
Sunday 11th October, 1992 OHC3**

M.R.Freeman (Marple Whs).....	1.28.3
J.E.Brown (VC Chesterfield).....	1.29.3
P.Wilkins (Ashfield CC).....	1.32.7
F.J.Holmes (Paragon RT).....	1.33.1
D.Downing (Thurcroft CC).....	1.35.5
I.Dalton (Cherry Valley CC).....	1.37.3
L.G.Furniss (VC Chesterfield).....	1.37.9
A.J.Hibberd (Sheffield Poly CC).....	1.38.9
T.Grasby (Hull Coureurs).....	1.39.1
R.Holmes (Paragon RT).....	1.40.2
Lady: K.Griffiths (?).....	2.38.7
Jun. D.Downing (Thurcroft CC).....	1.35.5
Juv: N.C.Wales(Sheffield Phoenix).....	2.04.4
Team: Marple Whs (Freeman/ Hall/ Fosbrook)5.00.5	

**Chippenham & Dist Whs  
2 stage Hill Climb.**

**Saturday 10th October UH50/51**

R.Pears (Bath CC).....	3.58.8
P.Marshall (Bath CC).....	4.13.0
C.Hill (Bath CC).....	4.16.6
W.Bunday (Bath CC).....	4.23.4
S.Berryman (Heron RC).....	4.28.2
R.May (Coventry CC).....	4.39.9
G.Goodway (Chippenham Whs).....	4.48.0
S.Thomas (Weaver Valley).....	4.50.0
M.Wilkins (Clevedon & Dist Whs).....	4.50.6
R.Bruton (Farnham RC).....	4.51.3
Lady. G.Clare (Bath CC).....	5.25.2
Jun. W.Bunday (Bath CC).....	4.23.4
Juv. C.Hill (Bath CC).....	4.16.6
Team. Bath CC (Pears/Marshall).....	8.11.8
1st Stage Winner: R.Pears (Bath CC).....	1.47.6
2nd Stage Winner: R.Pears (Bath CC).....	2.11.2





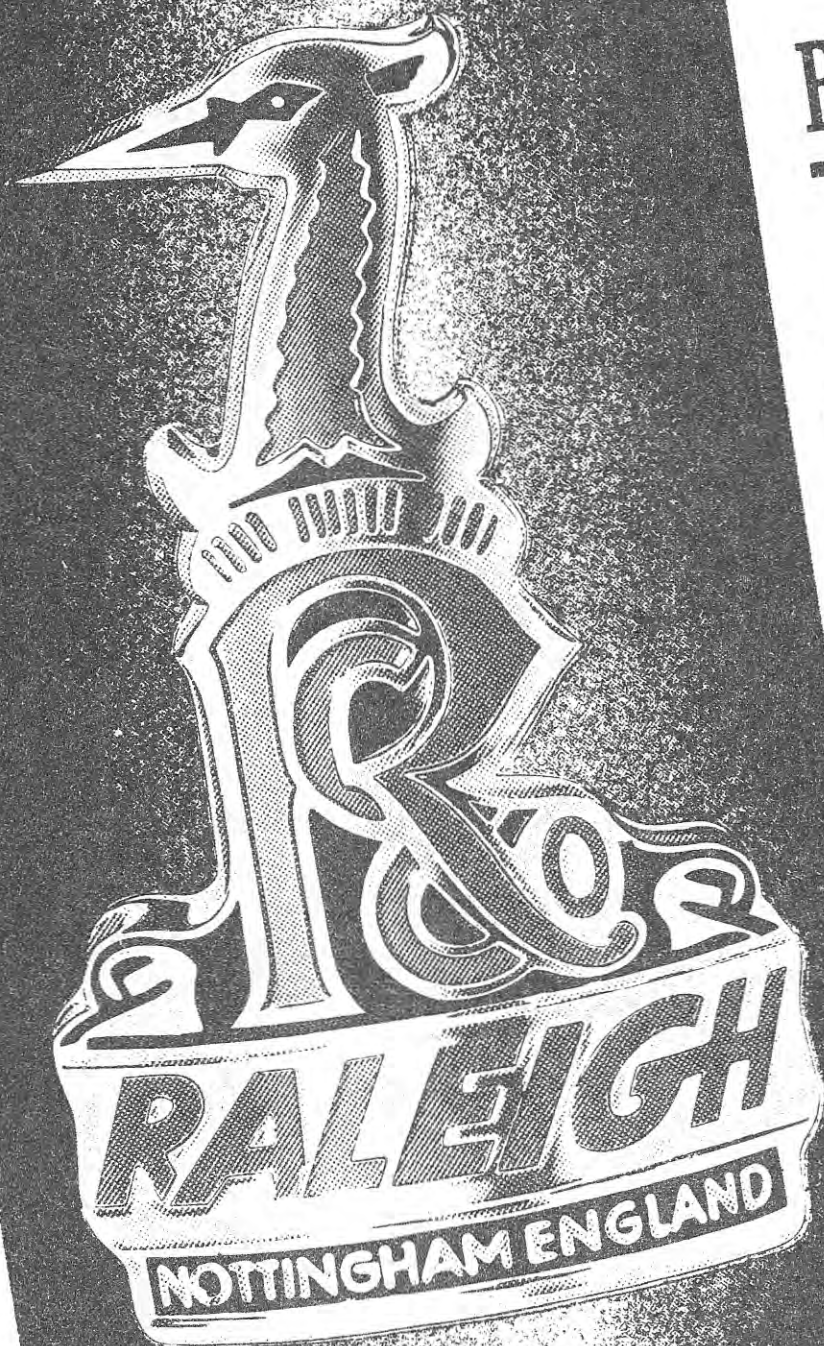
COMETITORS 100 MILE TIMES 1992 MEN

Table listing 100 mile times for men in 1992. Columns include competitor name, club, race name, date, and time. The data is organized into two main columns with names on the left and race details on the right. The table ends with competitor names on the far left and race details on the far right.









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