

CYCLING: Sunshine and sleet showers brought mixed fortunes to members of Hastings and St. Leonards Cycling Club at the weekend. Early starters in Saturday afternoon's East Sussex CA 10-mile time trial at Whitesmith suffered the worst of the heavy sleet. Clive Piper, 14, was first man off in the Hastings club promotion and got round in a creditable 29min 13sec. Less fortunate in 13th starting position was Frank McCloud. He hit the deck on a greasy corner and lost further time with an unshipped chain to finish in 27-15.

Chris Kitchenham produced another amazing ride to finish as first junior and overall winner in 24-14. Suffering sore legs from that ride, Chris was second junior in Sunday's 25-mile time trial at Uckfield, clocking 1hr 2min 54sec. Triathlete Paul Panagi scored a personal best 1-4-30 while Peter Baker finished in 1-8-26.