

BEST Hastings time in the East Sussex Cycling Association's 100-mile time trial was recorded by P. Baker in 4hr 47min 08sec. The winner was D. Hook (Folkestone) in 4hr 47min.

Riding for Hastings in the Southborough Evening 10 was M. Carpenter, who recorded 24min 10sec and his two sons, Steve (25min 45sec) and Tim (27min 16sec). All were personal best times.

Tomorrow's club run will start after the Eastbourne Rovers 25 from Iron Pear Tree Corner.