

HASTINGS & ST. LEONARDS  
**CYCLING & ATHLETIC CLUB**

Affiliated with the N.C.U., S.C.A.,  
S.C.C.U.

ESTABLISHED 1876.



**RULES.**

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**Annual Subscription - 6/-**

*Due Jan. 1st (Payable in advance).*

## RULES AND REGULATIONS.

1. THE TITLE of the Club shall be "HASTINGS AND ST. LEONARDS CYCLING AND ATHLETIC CLUB."

2. ELECTION OF MEMBERS. An applicant must be proposed and seconded by two members of the Club who shall vouch for his (or her) respectability. Name and address to be entered in the membership register, which shall always be open for inspection of Club members. The Committee shall have power to cancel at any time the membership of any member who commits any breach of the Club Rules or regulations, or whose membership is considered undesirable or injurious to the well-being of the Club, and such decision shall be final.

3. MANAGEMENT. The Committee shall be elected by members of the Club, and the Committee and Officers shall have power to make bye-laws and regulations, not being alterations of these rules for the order and conduct of the Club.

4. OBJECTS. (i) To afford the social advantage of the Club to members elected in accordance with the rules and conditions hereinafter contained.

(ii) To arrange Club runs, road and track events.

5. SUBSCRIPTIONS. All subscriptions and other payments by members become the property of the Club. The annual subscription shall be 6/-. All subscriptions to be paid on or before March 1st.

6. OFFICERS. The Officers of the Club shall consist of Hon. Gen. Secretary, Hon. Treasurer,

## OFFICERS

*President*—Alderman A. Blackman, J.P.

*Vice-Presidents* :

|                     |                        |
|---------------------|------------------------|
| E. W. Amooore, Esq. | A. G. Englefield, Esq. |
| J. Hughes, Esq.     | Dr. J. Walker          |
| L. Hughes, Esq.     | H. Smith, Esq.         |
| G. W. Jenkins, Esq. | J. Carter, Esq.        |
| W. Helliwell, Esq.  | Coun. W. H. Cremer     |
|                     | R Lapworth Esq.        |

*Chairman*—Mr. H. Smith

*Vice-Chairman*—Mr. F. L. March

*Hon. Gen. Sec.*—Mr. P. H. Bliss,  
253 Mount Pleasant Road, Hastings

*Hon. Treasurer*—Mr. C. T. Sutton,  
18 Vale Road, St. Leonards

*Hon. Time Trial Sec.*—Mr. G. Prince,  
79 Edmund Road, Clive Vale, Hastings

*Hon. Athletic Sec.*—Mr. J. Howard,  
29 Berlin Road, Clive Vale, Hastings

*Captain*—Mr. J. H. Southerden,  
22 Vicarage Road, Hastings

*Vice-Captain*—Mr. P. H. Bliss,  
253 Mount Pleasant Road, Hastings

*Timekeeper*—Mr. H. Smith

*Assist. Timekeepers*—Messrs. Jenkins, March  
and Sutton

*Handicapper*—Mr. G. W. Jenkins

*Hon. Auditor*—Mr. D. V. Hills

*Life Members*

Mr. C. T. March and Mr. H. Sherwood

# CYCLING RECORDS

## SINGLE BICYCLE

|                        | h.   | m.    | s. |               |
|------------------------|------|-------|----|---------------|
| 25 miles G. W. Jenkins | 1    | 4     | 35 | Apr. 13, 1930 |
| 30 " " "               | 1    | 21    | 32 | Apr. 27, 1930 |
| 50 " " "               | 2    | 9     | 22 | July 27, 1930 |
| 100 " " "              | 4    | 44    | 7  | Aug. 5, 1929  |
| 12 hours J. F. Mackie, | 225  | miles |    | Sept. 8, 1935 |
| 24 hours T. F. Maddex  | 395½ | miles |    | Sept. 2, 1928 |

### Hastings—London—Hastings :

C W Mabb 6hrs. 49mins 1929

### Hastings—Worthing—Hastings :

G. W. Jenkins 4hrs. 45mins. 1931

### Hastings—Folkestone—Hastings :

G. Prince 3hrs. 50mins. Sept. 25, 1938

## TANDEM BICYCLE

|                                         |                    |               |
|-----------------------------------------|--------------------|---------------|
| 50 miles J. F. Mackie and W. E. Griffin | 2hrs 0mins 0secs.  | July 7, 1235  |
| 100 miles J. F. Mackie and R. Harmer    | 4hrs. 24mins 9secs | July 19, 1931 |
| 12 hours J. F. Mackie and R. Harmer     | 239½ miles         | Sept. 6, 1931 |

### Hastings—London—Hastings :

A. and W. Helliwell 6hrs. 4mins. Oct. 21, 1934

### Hastings—Worthing—Hastings :

A. and W. Helliwell. 4hrs. 35mins. Oct. 7, 1934

### Hastings—Folkestone—Hastings :

P. Bliss and G. Prince,  
3hrs. 25 mins May 29, 1938

## TROPHIES

- Palmer Cup**—25 miles Handicap: K. D. Rome  
**Hughes Trophy**—25 miles Scratch: W. Jameson  
**Harry Smith Trophy**—50 mile Scr. : J. H. Southerden  
**President's Trophy**—Best All-Rounder : F. Lelyveld

## CLUB TIME STANDARDS

### Single Bicycle

|           | Gold      | Gold-Silver | Silver    | Bronze    |
|-----------|-----------|-------------|-----------|-----------|
|           | h. m. s.  | h. m. s.    | h. m. s.  | h. m. s.  |
| 25 miles  | 1 4 50    | 1 7 0       | 1 10 0    | 1 14 0    |
| 50 miles  | 2 15 0    | 2 20 0      | 2 27 0    | 2 36 0    |
| 100 miles | 4 50 0    | 5 0 0       | 5 15 0    | 5 30 0    |
| 12 hours  | 220 miles | 210 miles   | 195 miles | 170 miles |
| 24 hours  | 385 miles | 365 miles   | 340 miles | 300 miles |

### Tandem Bicycle

|           | h. m. s.  | h. m. s.  | h. m. s.  | h. m. s.  |
|-----------|-----------|-----------|-----------|-----------|
| 50 miles  | 1 58 0    | 2 2 0     | 2 8 0     | 2 15 0    |
| 100 miles | 4 15 0    | 4 20 0    | 4 28 0    | 4 40 0    |
| 12 hours  | 245 miles | 235 miles | 225 miles | 210 miles |

# CYCLING FIXTURES, 1939-1940.

| Date    | Event or Destination     | Tea         | H.Q. |
|---------|--------------------------|-------------|------|
| April 2 | Hassocks                 | Burwash     | 9 0  |
| 9       | Easter Tours             |             |      |
| 16      | K.C.A. 25. "Speldhurst"  | Cross Keys  | 9 0  |
| 23      | Brasted                  | Three Cups  | 8 30 |
| 30      | Club "25" H.T. Lympe     | Brenzett    | 5 0  |
| May 7   | S.F.A. "50" Frant        | Magham Down | 8 30 |
| 14      | Pullborough              | Stone Cross | 7 0  |
| 21      | Ashdown Forest           | Newick      | 8 30 |
| 28      | Whitsun Tours            |             |      |
| June 4  | Club "30" Dungeness      | Stone       | 5 0  |
| 11      | Ospringe                 | Tenterden   | 8 0  |
| 18      | K.C.A. "50" Paddock Wood | Burwash     | 8 30 |
| 25      | Cowfold                  | Firle       | 8 30 |
| July 2  | Club "100" L.T. Headcorn | Cross Keys  | 5 0  |
| 9       | Open                     |             |      |
| 16      | Withyam                  | Three Cups  | 8 30 |
| 23      | Club "50" H.S.           | Woodchurch  | 5 0  |
| 30      | Chanctonbury Ring        | Alfriston   | 8 0  |
| Aug. 6  | August Tours             |             |      |
| 13      | Box Hill                 | Buxted      | 7 0  |
| 20      | Club 12 hours            | Frittenden  | 5 0  |
| 27      | Hawkinge                 | Stone       | 8 30 |
| Sept. 3 | Open North Road "24"     |             |      |
| 10      | Chiddingstone            | Burwash     | 8 0  |
| 17      | Club "25" P.T.           | Brenzett    | 5 0  |
| 24      | Canterbury               | Tenterden   | 9 0  |
| Oct. 1  | Club Hill Climb          | Three Cups  | 9 0  |

| Date   | Event or Destination         | Tea           | H.Q.  |
|--------|------------------------------|---------------|-------|
| Oct. 8 | Groombridge                  | Magham Down   | 9 0   |
| 15     | G. Prince Mystery Run        |               | 9 0   |
| 22     | Speed-Judging Contest        | Hurst Green   | 9 0   |
| 29     | Birling Gap                  | Hooe          | 9 30  |
| Nov. 5 | Free Wheeling Contest        | Windmill Hill | 9 30  |
| 12     | Wye                          | Stone         | 9 30  |
| 19     | Mystery Run, K. Rome         |               |       |
| 26     | High Rocks                   | Three Cups    | 9 30  |
| Dec. 3 | Surprise Run                 | Tenterden     | 9 30  |
| 10     | Horsemonden                  | Burwash       | 9 30  |
| 17     | Mystery Run J. Watson        |               | 9 30  |
| 24     | Newhaven                     | Polegate      | 9 30  |
| 25     | Westfield                    |               | 10 30 |
| 31     | Hothfield                    | Brenzett      | 9 30  |
| 1940   |                              |               |       |
| Jan. 7 | Mystery Run, G. W. Cotton    |               | 9 30  |
| 14     | Matfield Green               | Hurst Green   | 9 30  |
| 21     | Mystery Run, P. H. Bliss     |               | 9 0   |
| 28     | Mayfield                     | Magham Down   | 9 0   |
| Feb. 4 | Paperchase                   | Hawkhurst     | 9 0   |
| 11     | Leeds                        | Frittenden    | 9 30  |
| 18     | Mystery Run, J. Southerden   |               | 9 0   |
| 25     | Rough Stuff "25"             | Polegate      | 8 0   |
| Mar. 3 | Stalisfield                  | Biddenden     | 9 0   |
| 10     | Mystery Run, F. L. March     |               |       |
| 17     | Wateringbury                 | Burwash       | 9 0   |
| 24     | Devils Dyke                  | Magham Down   | 9 0   |
| 31     | Med Gear, gears under 72 in. | Brenzett      | 6 0   |

# ATHLETIC FIXTURES

## 1939—1940

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- May 2 Opening of Season's Training at  
Pilot Field 7.0—9.0 p m.
- w.m. 29 Eastbourne Rovers Meeting
- June 3 Crawley 1st Track League Meeting
- 10 Sussex Championship Meeting  
(Brighton)
- 14 2nd Track League Meeting Brighton  
(Evening Meeting)
- July 5 East Sussex Police Sports, Lewes
- 15 Inter-County Meeting, Worthing
- 22 3rd Track League Meeting,  
Chichester
- Aug 19 4th Track League Meeting, Bexhill
- Sept. Cross Country Opening Run
- Oct. Cross Country Practice and Training  
Runs.
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**Training takes place at the Pilot Field  
Elphinstone Road every Tuesday and  
Thursday throughout the Season, from  
7 p.m. to 9 p.m.**

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**Other Fixtures will be arranged when  
opportunity occurs.**

*This is to certify that :*

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*of*  
.....  
.....  
.....  
.....

*is a member of this Club.*

*Secretary's Signature*  
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## IMPORTANT

Members are requested to give the Club every support by attending Club Runs, supporting promoted events and by introducing new members.

Members intending to attack "place to place" records or Club time standards must give 7 clear days' notice to the Cycling Secretary. The onus of arranging with an official Timekeeper rests with the rider.

Members attacking time standards when competing in Open or Club events must give 12 hours' notice. These notices must be in writing and accompanied by the fee of 1/6.

On payment of 10/- before May 31st a member becomes eligible for standard medals at all distances.

To qualify for a "Time Standard" award a rider must improve upon his best performance made during the immediate preceding season. **Club Cyclists attending Open Road Events are requested not to crowd at the Finishing point.**

## 1938 RESULTS

|                          |                  | h. | m. | s.  |
|--------------------------|------------------|----|----|-----|
| <b>Hughes Trophy</b> ... | W. Jameson       | 1  | 7  | 36  |
| <b>Palmer Trophy</b> ... | K. D. Rome       | 1  | 7  | 43  |
| <b>50 Mile</b> ...       | J. H. Southerden | 2  | 23 | 41  |
| <b>100 Mile</b> ...      | F. Lelyveld      | 5  | 20 | 1   |
| <b>12 Hours</b> ...      | P. H. Bliss      | 22 | 1  | 3/4 |
| <b>Medium Gear</b> ...   | W. Jameson       | 1  | 10 | 41  |

Chairman, Vice-Chairman, Captain and Sub-Captain, also any other assistant Secretary as shall be considered necessary to carry on any particular branch of the Club work. The officers and a Committee of 5 shall be elected at the Annual Meeting of the Club. The Officers shall be *ex-officio* members of the Committee, 5 to form a quorum.

7. ABSENCE OF COMMITTEE MEN. When any member of the Committee has been absent from three successive meetings he shall, failing an explanation which is satisfactory to the remainder of the Committee, lose his seat, and the Committee shall have power to fill any such vacancy; and also to call Sub-Committee Meetings for any special purpose.

8. MEMBERSHIP CARD AND FIXTURE LIST. On receipt of subscription each person shall be provided with a card of membership, which must be signed by the Hon. Secretary. The cards shall remain in the possession of the member and shall be produced for inspection by any member of the Committee or Secretary on request.

9. SUGGESTIONS AND COMPLAINTS. The Committee shall, in the interest of the Club, consider any suggestion or complaint placed before them through the Secretary. Their decision shall be deemed final. Any question arising not governed by these rules shall be decided by the Committee, whose decision shall be final.

10. RESIGNATION. Any member wishing to resign shall give notice to the Hon. Secretary in writing before November 1st, failing this he shall be held liable for his subscription for the coming year.

11. THE ANNUAL MEETING shall be held not later than February 28th each year.