



East Sussex Cycling Association

2023 President Peter Moon – Eastbourne Rovers CC



ESCA 15.06m Hardriders – Sunday 12th March 2023 – GS/895

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Start Sheet

Event Secretary **Dave Clark** (Eastbourne Rovers CC) 70 Wish Hill, Eastbourne, East Sussex BN20 9HA
Telephone: 01323 506 917 Email: daveron@wishhill.co.uk Mobile: 07855 746 616

Timekeepers **Main Race** **Richard Meed** (Lewes Wanderers CC)
Hill Prime **Gavin Smith** (Eastbourne Rovers CC) & **Peter Moon** (Eastbourne Rovers CC)

Event HQ

Bodle Street Green Village Hall, The Causeway, Bodle Street Green, Herstmonceux, East Sussex BN27 4UB – Open from 8am. **Thank you in advance for not wearing cycling shoes or cleats in the hall.**

Car Parking

The village hall car park shares a common entrance with the car park for the White Horse Inn. **Please park only in the village hall spaces which are marked in white.** The White Horse parking spaces are marked in yellow and are not to be used under any circumstances. When the hall car park is full please park sensibly in the road – village hall side only.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Signing Out

Please note that all competitors are required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Horses

Please be aware that this course includes rural lanes that are popular with horse riders. A startled horse can be unpredictable so as you approach please call from a distance to make riders and their horses aware of your presence. Please be prepared to slow down if necessary, to pass safely.

Courtesy to Local Residents

Please show courtesy towards the churchgoers at the Church of St John the Evangelist just before the start, and at the Ebenezer Chapel before the finish.

Start

Proceed out of the car park and turn right. The start is located approximately 300 yards south of the village hall.

Prizes

The result sheet will list all the cash prize winners and advise that those who wish to claim their prize money contact the Event Organiser to arrange means of payment. The preferred method of payment is by PayPal. Otherwise please

Visit our website www.eastsussexca.org.uk Find us on facebook www.facebook.com/groups/EastSussexCA

Prize List

Fastest Men

1st	£30.00
2nd	£25.00

Fastest Ladies

1st	£30.00
2nd	£25.00

Fastest Junior

No entries

Fastest Team of 3

1st	£10.00 each
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Fastest Hill Prime

1st	£20.00
2nd	£15.00

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give your account number and sort code and exact name of the holder(s) so that the account details can be verified for a BACS transfer. It is the responsibility of the rider to provide PayPal or bank details to the race organiser to claim prize money within 2 weeks of the event.

Several ESCA affiliated clubs donate funds to a charity, with riders that win prize money adding their winnings to the pot. ESCA will be selecting a charity e.g. Air Ambulance Kent Surrey Sussex, who have airlifted injured cyclists to hospital, and making an end of season donation. Any ESCA Prize winner that wishes to donate their winnings to the ESCA pot can let the Event Organiser know. Any unclaimed prizes will also go into the pot.

Course Details

GS/895 – Bodle Street Green – Windmill Hill – Ashburnham – Woods Corner – Three Cups Corner – Rushlake Green – Bodle Street Green – A271/B0296

OS Ref	Course GS/895	Distance
TQ650142	START at southern end of metal field gate on unclassified road, 95 yards south of Toll Lane and Church of St. John the Evangelist at Bodle Street Green and 27 yards south of derestrict sign	00.00m
TQ678122	Proceed south to Windmill Hill where fork LEFT into Joe's Lane. At junction with A271 by Windmill Garage, turn LEFT and follow A271 through Boreham Street and down the hill to junction with A269 (Check)	03.49m
TQ686136	LEFT , still on A271, and uphill past Kitchenham Farm to next junction signposted Ponto Green and Woods Corner	04.58m
TQ666194	LEFT on unclassified road through Ponto Green to T junction with B2096 at Woods Corner (Check)	08.75m
TQ666194	LEFT and follow B2096 down Carrick's Hill and through Earls Down to Three Cups Corner (Check)	10.79m
TQ627185	LEFT and proceed for 57 yards past telephone box to junction with Middle Lane. LEFT and follow Middle Lane to T Junction at Rushlake Green	11.99m
TQ650148	LEFT and, at corner or Green, continue straight on through what is effectively a minor crossroads formed by road round the Green bearing right and Rookery Lane on the Left. Continue through Great Iwood and past Sandhills Farm and Tiles Farm to FINISH at red paint mark on drain shortly after Ebenezer Chapel on left and 53 yards south of entrance of South Cottage on the Right	15.06m

Competitors must exercise care when

- Joining the A271 at Windmill Hill
- Joining the B2096 at Woods Corner
- Joining Middle Lane (just after turning left at Three Cups Corner)

Road Conditions

In general the course is OK, however there are numerous pot-holes in the road surface at various points around the course. On the upward hill sections these are relatively simple to spot and evade, however on the faster downhill sections please be cautious.

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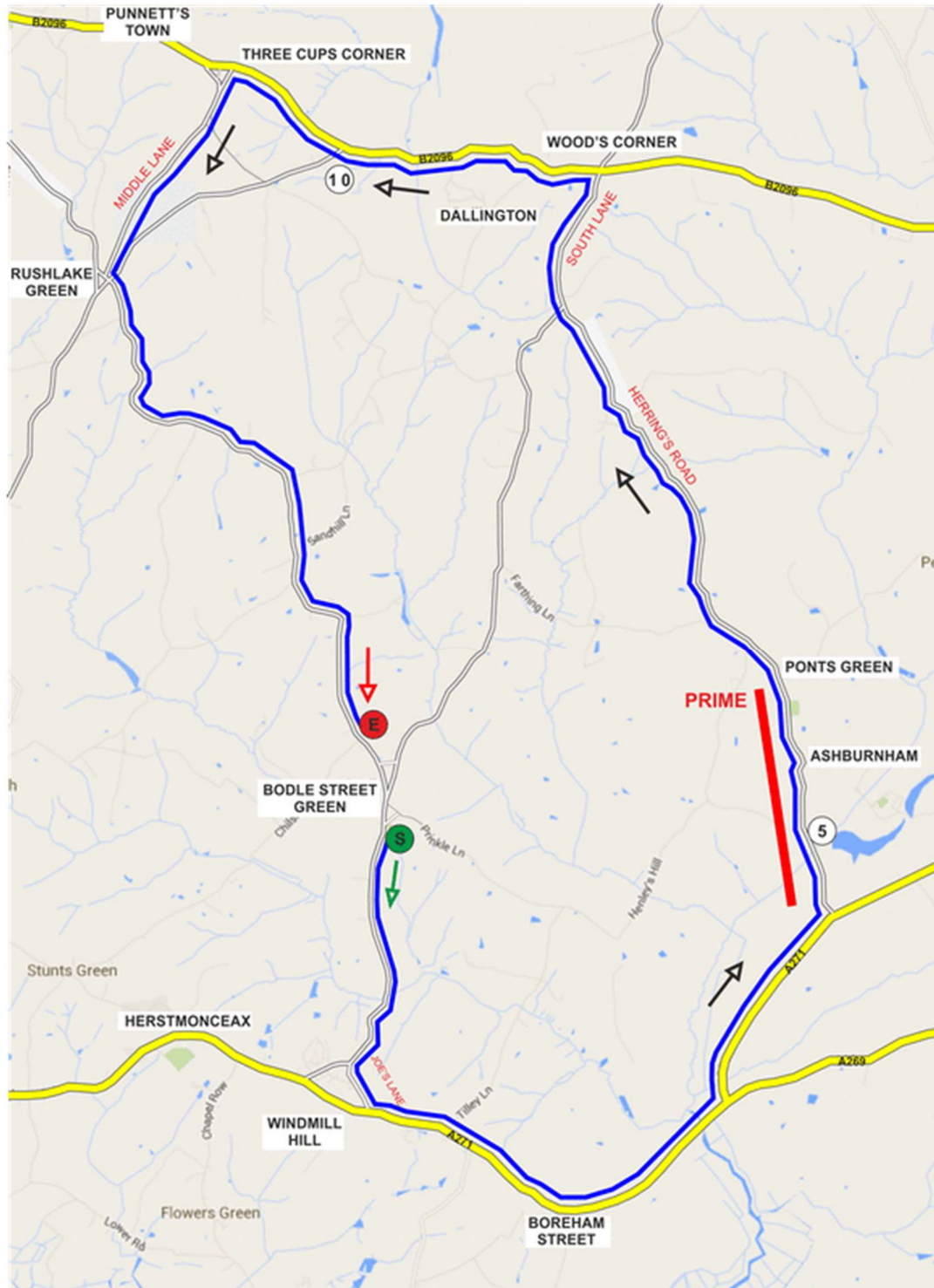
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In particular the run downhill from the start to Windmill Hill is in poor condition near the kerb side, but better 1-1.5m away from the roads edge. Another area of caution is the fast downhill section just before the start of the prime. There is a clear line near the centre of the road, but caution is needed if on coming traffic is present.

The course can be viewed or downloaded from

Ride with GPS <http://ridewithgps.com/routes/4132034>

Garmin Connect <http://connect.garmin.com/course/5827552>



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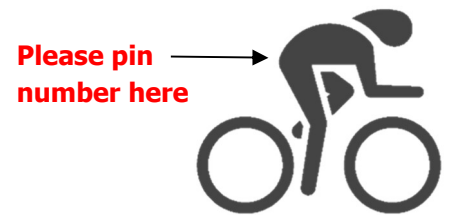
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Hill Prime

This is on the unclassified road between the left turn from the A271 and Pontoons Green. It is approximately 1 mile in length and includes Agony Hill. The start of the hill prime will be indicated by a blue flag and finish by a white flag.

Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the use of a helmet that meets internationally accepted safety standards for **all** competitors. **NOTE THIS IS A NEW REGULATION FOR 2022**
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users. **NOTE THIS IS A NEW REGULATION FOR 2022**
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Audio Equipment** Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation will be disqualified.
- **Mobile Phones** Competitors must not use a mobile phone while mounted on the machines.
- **Clothing** London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



This is a qualifying event for

- **ESCA Points Competition** Overall, 30 points for 1st place down to 1 point for 30th place and Ladies 10 points for 1st place down to 1 point for 10th place for first claim riders from ESCA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.
- **ESCA Trophies** The fastest rider from an ESCA affiliated club will be awarded the Page Tankard at the annual prize presentation.
- **Sussex SPOCO** 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

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Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/

Order of Start

Race No.	Start Time	Rider	Club	Cat	Age
1	09:01	Chris Parker	Hastings & St. Leonards CC	V	67
2	09:02	Michael Blann	Hastings & St. Leonards CC	V	52
3	09:03	Vince Todd	Hastings & St. Leonards CC	V	55
4	09:04	Joandel Fernandez	Eastbourne Rovers CC	S	34
5	09:05	Greg Blackwell	Hastings & St. Leonards CC	V	74
6	09:06	George Marshall	Hastings & St. Leonards CC	V	41
7	09:07	Lee Holdaway	Hastings & St. Leonards CC	V	68
8	09:08	Ivan Johnson	Hastings & St. Leonards CC	V	54
9	09:09	Neil Edwards	Lewes Wanderers CC	V	58
10	09:10	Gareth Hutchinson	Eastbourne Rovers CC	V	51
11	09:11	Dan Shipton	Eastbourne Rovers CC	V	46
12	09:12	Samuel Bengé	trainSharp	S	26
13	09:13	Dimitar Pachev	Hastings & St. Leonards CC		
14	09:14	John Vidler	Hastings & St. Leonards CC	V	51
15	09:15	Owen Vidler	Hastings & St. Leonards CC	S	23
16	09:16	Iain Brogden	Eastbourne Rovers CC	V	53
17	09:17	Iona Mitchell	Hastings & St. Leonards CC	WS	26
18	09:18	Olivia Webb	Eastbourne Rovers CC	WV	54
19	09:19	Kate Thomas	Lewes Wanderers CC	WV	43
20	09:20	Sally Turner	HUUB WattShop	WV	43
21	09:21	John McDonald	trainSharp	V	58
22	09:22	Roger Hutchings	VC Merlin	V	53
23	09:23	Paul Fletcher	trainSharp	V	44
24	09:24	Tony Reeves	GS Stella	V	51
25	09:25	Robert Lovett	Team TMC	S	37
26	09:26	Adam Rogers	Eastbourne Rovers CC	V	48
27	09:27	Theo Tadros	trainSharp	Esp	21
28	09:28	Nathan Russell	trainSharp	S	34
29	09:29	Richard Cartland	HuntBikeWheels.com	V	45

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Field Placement

With adjustments for early starts and travelling arrangements, the field has generally been set slowest to fastest to prevent too much fragmentation over a sporting course, and in accordance with Regulation 27 (h): Only riders listed on the start sheet shall be allowed to compete. Save as otherwise provided, the Event Secretary shall have discretion to arrange the starting order as they wish bearing in mind the characteristics of their event and the need to avoid company riding as far as possible.