



East Sussex Cycling Association

2020 President Peter Moon – Eastbourne Rovers CC



ESCA 10m Time Trial – Saturday 12th September 2020 – G10/87

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Start Sheet

Event Secretary **Chris Parker** (Hastings & St Leonards CC)
5 Limden Close, Stonegate, Wadhurst, East Sussex TN5 7EG
Telephone: 01580 200016 Email: chrisparkerpett@aol.com Mobile: 07597 557432

Timekeepers **Peter Moon** (Eastbourne Rovers CC) and **Richard Meed** (Lewes Wanderers CC)

General Information

Event HQ

East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE –
Open from 6:15am. Heading north on the A22, turn right at The Shaw Roundabout
into London Road. The HQ is on the right, just before the village..

Only one toilet is available at the Event HQ

N.B. We only have access to the disabled toilet in the Sports Pavilion.

Car Parking

There is limited parking in the Sports Pavilion car park, when full please park
sensibly on London Road –with consideration for other road users and local
residents.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when
you sign on. **If pinning your number please only use the eyelets, and
please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next
to the signing on sheet.

Start

The start is less than a mile from the Sports Pavilion. Proceed out of the car park
and turn right, and continue to South Street.

Signing Out

Please note that all competitors are now required personally to sign the signing
out sheet when returning their number. In accordance with CTT regulations,
failure to do so will result in the competitor being recorded as DNF.

Prize List

Fastest Overall

First	£35.00
Second	£30.00
Third	£25.00
Fourth	£20.00
Fifth	£15.00
Sixth	£10.00

Fastest Lady

First	£35.00
Second	£30.00
Third	£25.00

Fastest Jun / Juv

First	£15.00
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Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

First	£15.00 each
Second	£10.00 each

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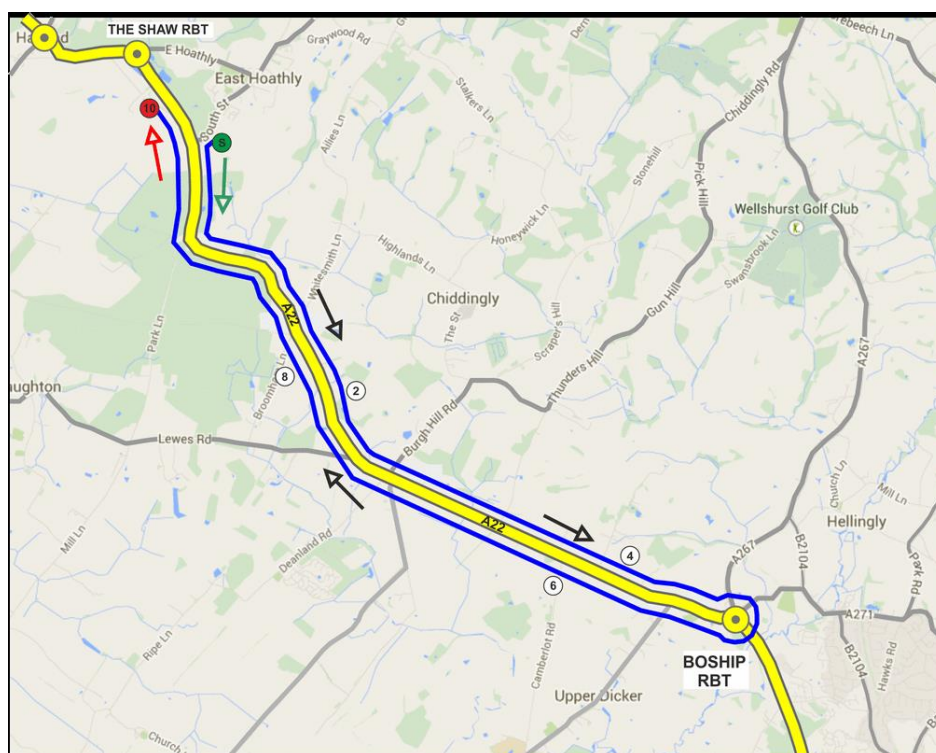
Course Details

G10/87 – East Hoathly – Whitesmith – Golden Cross - Boship – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g1087.html

OS Ref	Course G10/87	Distance
TQ517156	START in South Street, East Hoathly, at red arrow at drain 28 yards before T junction with East Hoathly by-pass	00.00m
TQ572112	LEFT and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN (Check)	04.90m
TQ513162	4th exit and retrace on A22 through Golden Cross and Whitesmith to FINISH at red arrow at second drain past field gate on East Hoathly by-pass just before first footpath crossing and 334 yards past right turn (South Street) for East Hoathly.	10.00m



Additional Safety Instructions

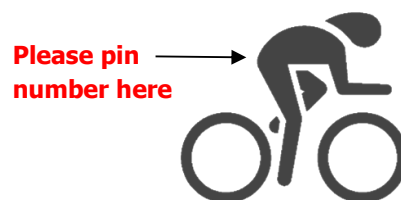
- Competitors must exercise extra care when turning LEFT just after Start and at the Boship roundabout
- **No 'U' turns after finishing or riders will be disqualified** – after finishing, competitors MUST continue to The Shaw roundabout and take second exit (RIGHT) to return to Event HQ at East Hoathly Sports Pavilion.

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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** No competitor shall be permitted to start the event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **NOTE THIS IS A NEW REGULATION FOR 2020.**
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



CTT COVID-19 INSTRUCTIONS:

- 1) Do not attend if you/your family members feel ill.
- 2) Park with social distancing in mind.
- 3) HQ not open other than for toilets; 1 in, 1 out.
- 4) Bring your own pen to sign on outside HQ and, if needed, safety pins.
- 5) Take with you a compulsory working rear light, a spare/tyre/tub and a mobile phone.
- 6) Please note you have to make your own way back in event of trouble – no collections offered.
- 7) No more than 5 riders, 2m apart, to wait at the start.
- 8) No changing facilities at the HQ.
- 9) No items to be left at the start or with the timekeeper.
- 10) No push-off.
- 11) After racing, leave your number in the bin bag when reporting to sign out.
- 12) No social, no drinks, no food and no prize presentation – sorry!
- 13) No result board – times will be emailed and on ESCA Facebook page asap, and then on CTT web site.
- 14) Please leave the car park in a timely fashion.

Keep up to date with what's going on with time trialling in Sussex ...

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/

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Order of Start

Race No.	Start Time	Rider	Rider	Club	Gender	Category
1	07:01	Paul	Fletcher	Lewes Wanderers CC	Male	Veteran
2	07:02	Chris	Jones	Eastbourne Rovers CC	Male	Senior
3	07:03	Martin	Stelling	Lewes Wanderers CC	Male	Veteran
4	07:04	Kevin	Battell	Eastbourne Rovers CC	Male	Veteran
5	07:05	Peter	Baker	Lewes Wanderers CC	Male	Veteran
6	07:06	Matt	Daly	Beachy Head CC	Male	Veteran
7	07:07	Dave	Richards	Ashford Road CC	Male	Veteran
8	07:08	Philip	Burgin	Newbury RC	Male	Veteran
9	07:09	David	Beale	Lewes Wanderers CC	Male	Veteran
10	07:10	Robert	Royle-Evatt	Addiscombe CC	Male	Veteran
11	07:11	Jim	O'Leary	GS Avanti	Male	Veteran
12	07:12	Colin	Jarman	Southborough & Dist. Whs	Male	Veteran
13	07:13	Jon	Fairclough	Woking Cycle Club	Male	Veteran
14	07:14	Paul	Townsley	Worthing Excelsior CC	Male	Veteran
15	07:15	Jon	Roberts-Bibby	Horsham Cycling	Male	Veteran
16	07:16	James	Stone	Brighton Excelsior CC	Male	Veteran
17	07:17	Vincent	Busk	Lewes Wanderers CC	Male	Veteran
18	07:18	Ian	Turner	Southborough & Dist. Whs	Male	Veteran
19	07:19	Marc-Etienne	Harding	Lindfield Coffee Works	Male	Senior
20	07:20	Duncan	Cochrane	7Oaks Tri Club	Male	Veteran
21	07:21	Graeme	Hadlow	trainSharp	Male	Veteran
22	07:22	Mark	Edleston	Lindfield Coffee Works	Male	Veteran
23	07:23	Neil	Giles	Mid Sussex Triathlon Club	Male	Veteran
24	07:24	Kevin	Burton	Eastbourne Rovers CC	Male	Veteran
25	07:25	Benjamin	Tappenden	trainSharp	Male	Senior
26	07:26	Bruce	English	Eastbourne Rovers CC	Male	Veteran
27	07:27	Simon	McLeod	BTNRT	Male	Senior
28	07:28	Mark	Gidney	Southborough & Dist. Whs	Male	Veteran
29	07:29	Peter	Noble	Epsom CC	Male	Veteran
30	07:30	Russell	Thorne-Jones	Crawley Wheelers	Male	Veteran
31	07:31	Michael	Valks	Lewes Wanderers CC	Male	Veteran
32	07:32	Greg	Cahill	Hastings & St. Leonards CC	Male	Veteran
33	07:33	Joe	Benians	Lewes Wanderers CC	Male	Senior
34	07:34	Ian	Newbold	Worthing Excelsior CC	Male	Veteran
35	07:35	Pritesh	Patel	Ashford Road CC	Male	Senior
36	07:36	George	Sloan	VC de Londres	Male	Espoir
37	07:37	Peter	Madarasz	Brighton Triathlon Club	Male	Senior
38	07:38	Michael	Thyer	Sussex Nomads CC	Male	Veteran
39	07:39	Tobias	Bunyan	Eastbourne Rovers CC	Male	Veteran
40	07:40	Dan	Ellis	BTNRT	Male	Senior
41	07:41	Jack	Dunne	Lindfield Coffee Works	Male	Senior
42	07:42	Andrew	Quye	Southborough & Dist. Whs	Male	Veteran

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43	07:43	Shayne	Howell	Eastbourne Rovers CC	Male	Veteran
44	07:44	Dominic	Lowden	Lewes Wanderers CC	Male	Veteran
45	07:45	Thomas	Seller	Oxted Cycle Club	Male	Senior
46	07:46	Christian	Yates	East Grinstead CC (Merlin Cycle Coaching)	Male	Veteran
47	07:47	Luc	Berthouze	Mid Sussex Triathlon Club	Male	Veteran
48	07:48	Gavin	Richards	Lewes Wanderers CC	Male	Veteran
49	07:49	Andrew	Stewart	Lindfield Coffee Works	Male	Veteran
50	07:50	Richard	Burchett	Lewes Wanderers CC	Male	Veteran
51	07:51	Vince	Freeman	Sussex Revolution Velo Club	Male	Veteran
52	07:52	Sam	Dix	trainSharp	Male	Veteran
53	07:53	Matthew	Woods	Eastbourne Rovers CC	Male	Veteran
54	07:54	Ivan	Johnson	Hastings & St. Leonards CC	Male	Veteran
55	07:55	Daniel	Moll-Morgan	Brighton Mitre CC	Male	Veteran
56	07:56	Jason	Hunter	Pearson Cycling Club	Male	Veteran
57	07:57	Paul	Currie	Hastings & St. Leonards CC	Male	Veteran
58	07:58	Lawrence	Coyle	South Downs Bikes / Casco Pet	Male	Espoir
59	07:59	Daniel	Ellis	Eastbourne Rovers CC	Male	Senior
60	08:00	Malcolm	Daly	Hastings & St. Leonards CC	Male	Veteran
61	08:01	Alfred	Bunyan	Preston Park Youth Cycling Club	Male	Juvenile
62	08:02	Billy	Gilbey	VC de Londres	Male	Junior
63	08:03	Francis	Schofield	Brighton Mitre CC	Male	Junior
64	08:04	Lukas	Nerurkar	VC de Londres	Male	Junior
65	08:05	Harry	Ives	trainSharp Development Team	Male	Junior
66	08:06	Henry	Salmon	GS Avanti	Male	Senior
67	08:07	Marcus	Edwards	Kingston Phoenix RC	Male	Veteran
68	08:08	Lawrence	Wintergold	Hounslow & District Whs	Male	Veteran
69	08:09	Tony	Reeves	GS Stella	Male	Veteran
70	08:10	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran
71	08:11	Kaye	Dwyer	Lewes Wanderers CC	Female	Veteran
72	08:12	Becca	Drake	BellaVelo cc	Female	Senior
73	08:13	Kate	Parrish	Lewes Wanderers CC	Female	Senior
74	08:14	Katie	Simmonds	URDT	Female	Senior
75	08:15	Olivia	Webb	Eastbourne Rovers CC	Female	Veteran
76	08:16	Anya	Tamplin	URDT	Female	Espoir
77	08:17	Anna	Dwyer	Lewes Wanderers CC	Female	Senior
78	08:18	Lisa	Davis	trainSharp	Female	Veteran
79	08:19	Jennifer	George	MEMORIAL - SANTOS	Female	Senior
80	08:20	Sally	Turner	trainSharp	Female	Veteran
81	08:21	Colin	Harrison	East Grinstead CC (Merlin Cycle Coaching)	Male	Veteran
82	08:22	Richard	Tully	Elite Cycling	Male	Veteran
83	08:23	Marek	Shafer	Brighton Mitre CC	Male	Senior
84	08:24	Paul	Newsome	Project 51	Male	Senior
85	08:25	Jesse	Yates	Maison du Velo / In-Gear Cycles	Male	Senior
86	08:26	Nathan	Russell	trainSharp	Male	Senior
87	08:27	Martin	Shoesmith	Crawley Wheelers	Male	Veteran
88	08:28	John	Watson	Hitchin Nomads CC	Male	Veteran

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89	08:29	Tom	Hilder	trainSharp	Male	Senior
90	08:30	Tom	Houghton	South Downs Bikes / Casco Pet	Male	Veteran
91	08:31	Jamie	Olsson	G!ro Race Team	Male	Senior
92	08:32	David	Clements	Eastbourne Rovers CC	Male	Veteran
93	08:33	Sam	Fuller	7Oaks Tri Club	Male	Senior
94	08:34	Steven	Kane	Team TMC	Male	Senior
95	08:35	David	Clark	Eastbourne Rovers CC	Male	Veteran
96	08:36	Brett	Davis	trainSharp	Male	Veteran
97	08:37	Kevin	Nelson	Crawley Wheelers	Male	Senior
98	08:38	Mark	Emsley	Team TMC	Male	Senior
99	08:39	David	Rumm	Southborough & Dist. Whs	Male	Veteran
100	08:40	Matthew	Smith	Team TMC	Male	Senior
101	08:41	Howard	Shaw	trainSharp	Male	Senior
102	08:42	Nick	Dwyer	Lewes Wanderers CC	Male	Veteran
103	08:43	Mark	Smith	Crawley Wheelers	Male	Veteran
104	08:44	Christopher	McNamara	Nuun-Sigma Sport-London RT	Male	Veteran