

East Sussex Cycling Association

2010 President: Ian Burgess – In-Gear Quickvit Trainsharp

ESCA 100 mile time trial – Scratch and Handicap

Sunday 22nd August 2010

Course Number – G100/86E

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Event Secretary: Bob Harber, (Brighton Excelsior)
10 Windmill Close, Upper Beeding, Steyning, West Sussex BN44 3JP
Telephone: 01903 879598 Email: bikerider@phonecoop.coop Mobile: 07979 836259

Timekeepers: Mick Kilby (Lewes Wanderers) & Su Balcombe (Brighton Excelsior)

Handicapper: Mick Kilby (Lewes Wanderers)

– The final 100 miler of the Year! –

1st on Actual	£40.00
2nd on Actual	£25.00
3rd on Actual	£20.00
4th on Actual	£15.00
5th on Actual	£10.00
1st on Standard	£20.00
2nd on Standard	£15.00
3rd on Standard	£10.00
1st Woman	£20.00
2nd Woman	£15.00
3rd Woman	£10.00
1st on Handicap	£20.00
2nd on Handicap	£15.00
3rd on Handicap	£10.00
1st Team of Three – (£12.00 each)	£36.00
2nd Team of Three - (£10.00 each)	£30.00

This is a qualifying event for

ESCA points competition – 30 points for 1st place down to 1 point for 30th place for riders from East Sussex CA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies – counts towards the Senior and Veteran BAR competition. The fastest rider from an ESCA affiliated club will be awarded the 100m Cup at the annual prize presentation in January 2011. The fastest team of three riders from an ESCA affiliated club will be awarded the 100m Team Shield at the annual prize presentation in January 2011.

SCA SPOCO Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

BBAR – Qualifying event for the British Best All-Rounder competition

Course Details for G100/86E [same as 2009]

Map is at: <http://www.sussexca.org.uk/>,

Scroll down to UPCOMING EVENTS; click on 'ESCA 100' / Click on 'G100/86' / Click to open Google map.

WARNING The Start is Four and a Half miles from the HQ. Allow at least 20 minutes. The route will be signposted.

START Arlington Road West, just before junction with A22 Northbound.

LEFT and follow A22 via Boship RBT to junction with B2124.

LEFT on B2124 to TURN at Kennel Corner RBT, Ringmer [9.1 MILES].

RETRACE to A22 at Golden Cross.

LEFT on A22 via Little Horsted [19.9 MILES] to TURN at Lampool RBT [24.5 MILES].

RETRACE A22 via Shaw Rbt [32.1 MILES] to Boship RBT.

RIGHT on A22 to Cophall RBT.

LEFT on A27 to Pevensey RBT [46.0 MILES].

STRAIGHT ON, now A259, to TURN at Little Common RBT [51.0 miles].

RETRACE to Pevensey RBT.

RIGHT on unclassified road via Wartling to junction with A271 at Windmill Hill [60.6 MILES].

LEFT on A271 **passing Drinks Station just before** Boship RBT.

STRAIGHT ON, now on A22, to junction with B2124.

LEFT on B2124 to TURN at Kennel Corner RBT [74.1 MILES].

RETRACE to A22 at Golden Cross.

LEFT on A22 via Little Horsted RBT [84.9 MILES] to TURN at Black Down RBT [87.9 MILES].

RETRACE on A22 to TURN at Boship RBT [99.1 MILES].

RETRACE on A22 to Coldharbour Road [99.9 MILES].

LEFT along Coldharbour Road to FINISH [100.0 MILES]

Headquarters

Berwick Village Hall [BN26 6TF]. Car Parking in field at back of Hall.

Directions to HQ:

- *From A27: follow Berwick Station signs at Alfriston roundabout. Hall is on Left 400 yards after Level Crossing.*
- *From A22 Uckfield: take Camberlot Road South (opposite Willow Café), then right in 1 mile. Hall is on right after 2 miles; 100 yards beyond village and '30' signs.*
- *From Boship roundabout: take A22 towards Uckfield for 600 yards, then first Left into Coldharbour Lane. Hall is on right after 3 miles; 100 yards beyond village and '30' signs.*

Hall will be Open for changing from 0500. Showers available.

Numbers to be collected and Late Information consulted when you sign on.

Drinks Station: 65 miles. You can leave your food and drink at HQ when signing-on; water will be handed-up.

Numbers to be returned for a free tea. Refreshments available in the Hall. Please make a generous donation.

- **Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Competitors Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Competitors Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- Competitors are requested **not to warm up on the course** after the first competitor has started.
- **Details of any additional hazards**, not listed on the start sheet, will be displayed or advised at the signing on point. All competitors must take note of these details when they sign on.
- **No times will be given out** at the finish.
- **No Vehicle**, except authorised, shall be parked on the highway within sight of the starting or finishing points.

ESCA 100; G100/86; 22August 2010

No.	Start	Rider	Club	Cat	Vet Std	Handicap	Actual
1	6.01	Chris Parker	Hastings & St Lnrds CC	V	5.26.24	89 minutes	
2	6.02	Jim Hollands	Rye & Dist Wheelers	V	6.10.17	94	
3	6.03	Simon Yates	Lewes Wanderers CC	V	5.36.17	94	
4	6.04	John Harrison	Hitchin Nomads CC	V	5.31.18	89	
5	6.05	Stuart Payne	Central Sussex CC	V	5.12.09	54	
6	6.06	Rachelle Pumphrey	Thornton RC	WV	5.36.17	89	
7	6.07	Alec Mayes	Ashford Wheelers	V	5.54.10	88	
8	6.08	Spencer Lee	Larkfield AC	V	4.54.02	82	
9	6.09	Steve Maxted	Rye & Dist Wheelers	V	5.59.27	81	
10	6.10	Oliver Walker	South Eastern RC	S		46	
11	6.11	Mark Rogers	Metropolitan Police CC	V	5.07.33	50	
12	6.12	John Clegg	VC Elan	V	6.07.32	42	
13	6.13	Mick Fountain	Didcot Phoenix CC	V	6.04.47	54	
14	6.14	Simon Grogan	Hastings & St Lnrds CC	V	5.26.24	70	
15	6.15	Stephen Connery	Southboro' & Dist Wh	V	4.56.14	48	
16	6.16	John Mankelow	Lewes Wanderers CC	V	5.46.23	52	
17	6.17	Mark Amon	Rye & Dist Wheelers	V	5.05.15	56	
18	6.18	Tony Murphy	Eastbourne Rovers CC	V	5.09.51	63	
19	6.19	Gurpal Panesar	Maidenhead & Dist CC	V	5.16.49	74	
20	6.20	Nathan Gale	Worthing Excelsior CC	S		44	
21	6.21	Daniel Arthur	Epsom CC	V	5.00.43	50	
22	6.22	Helen Millier	Lewes Wanderers CC	WV	5.26.24	72	
23	6.23	Natalie Bent	San Fairy Ann CC	WS		59	
24	6.24	Nicole Patterson	Worthing Excelsior CC	WS		70	
25	6.25	Gary Boyd	Lea Valley CC	V	4.58.29	48	
26	6.26	Tracey Horne	Wildside RT	WV	5.16.49	50	
27	6.27	Adam Ford	Eastbourne Rovers CC	S		54	
28	6.28	Neil Midgley	Lewes Wanderers CC	S		62	
29	6.29	Keith Wilkinson	East Surrey RC	V	5.51.34	59	
30	6.30	David Steel	Hereford Wheelers	V	5.48.59	42	
31	6.31	Alan Lloyd	Lewes Wanderers CC	V	5.36.17	54	
37	6.37	Peter Morris	Lewes Wanderers CC	S		27	
38	6.38	Andy Payne	GS Stella	V	5.07.33	34	
39	6.39	David Hickman	Old Portlians CC	V	5.23.57	32	
40	6.40	Nick Dwyer	Lewes Wanderers CC	V	5.09.51	10	
41	6.41	Kevin Bashford	East Grinstead CC	V	5.19.12	40	
42	6.42	Peter Moon	Eastbourne Rovers CC	V	5.14.27	24	
43	6.43	Martin Brown	7 Oaks Tri	V	5.14.27	34	
44	6.44	Mike Levett	Lewes Wanderers CC	V	5.31.18	38	
45	6.45	Andy Miles	VC Elan	V	4.56.14	06	
46	6.46	Tony Reeves	GS Stella	S		22	
47	6.47	Noel Miles	East Grinstead Tri Club	S		35	
48	6.48	Michael Pumphrey	Thornton RC	V	5.16.49	28	
49	6.49	Peter Baker	Lewes Wanderers CC	V	5.21.36	36	
50	6.50	Iain Brogden	Eastbourne Rovers CC	V	4.56.14	08	
51	6.51	David Mayes	Deal Tri	V	5.07.33	22	
52	6.52	Sarah Lovelock	Bodyworks XTC	WS		30	
53	6.53	Johan Stegers	Lewes Wanderers CC	V	5.09.51	32	
54	6.54	Elisabeth Brama	Brighton Phoenix ATC	WS		38	
55	6.55	David Shepherd	GS Stella	V	5.14.27	04	
56	6.56	Tom Glandfield	Lewes Wanderers CC	S		17	
57	6.57	John Glaysher	a3crg	S		24	
58	6.58	Stuart Medhurst	Eastbourne Rovers CC	V	5.12.09	34	
59	6.59	Geoff Smith	Sussex Nomads CC	V	5.41.20	35	
60	7.00	Rob Pelham	Lewes Wanderers CC	S		Scr	

ESCA '100'. Roll of Previous Winners

1951	Charles Robson	Eastbourne Rovers	4.38.12
1952	Cedric Pearson	Uckfield & District CC	4.34.59
1953	Dave Marsh	Lewes Wanderers	4.30.39
1954	no result in "Cycling"; so probably no event held.		
1955	Cedric Pearson	Uckfield & Dist CC	4.36.14
1956	Dave Marsh	Eastbourne Rovers	4.19.31
1957	Cedric Pearson	Uckfield & Dist CC	4.35.12
1958	Peter Crowsley	East Grinstead CC	4.43.35
1959	Ron Hayward	Southborough Wheelers	4.37.53
1960	Brian Cornwall	Eastbourne Rovers	4.51.19
1961	Ken Atkins	Central Sussex CC	4.39.36
1962	Ray Lunn	East Grinstead CC	4.37.07
1963	Don Hook	Hastings & St Leonards CC	4.28.58
1964	Ken Atkins	Central Sussex CC	4.37.39
1965	Cliff Sharp	Eastbourne Rovers	4.27.00
1966	John Dutson	Central Sussex CC	4.23.44
1967	Don Hook	Eastbourne Rovers	4.26.12
1968	Don Hook	Eastbourne Rovers	4.30.05
1969	Don Hook	Eastbourne Rovers	4.19.46
1970	Don Hook	Eastbourne Rovers	4.28.51
1971	John Dutson	Central Sussex CC	4.24.50
1972	John Booty	Wigmore CC	4.24.46
1973	Roger Travers	Wigmore CC	4.31.44
1974	Martin Hawes	Central Sussex CC	4.24.31
1975	Cliff Sharp	Eastbourne Rovers	4.15.18
1976	Don Hook	Folkstone & Dist CC	4.28.25
1977	Cliff Sharp	Eastbourne Rovers	4.24.05
1978	Brian Phillips	East Grinstead CC	4.26.04
1979	Brian Phillips	East Grinstead CC	4.15.49
1980	Mark Jones	Central Sussex CC	4.30.40
1981	Don Hook	Folkstone & Dist CC	4.31.27
1982	Mark Jones	Central Sussex CC	4.23.03
1983	Simon Prior	Eastbourne Rovers	4.24.15
1984	Tony Deacon	Lewes Wanderers	4.06.27
1985	Peter Baker	Hastings & St Leonards CC	4.33.39
1986	Matthew Rabbetts	Lewes Wanderers	4.23.58
1987	John Woodburn	Manchester Wheelers	4.13.42
1988	Steve Dennis	East Grinstead CC	4.18.55
1989	Steve Dennis	East Grinstead CC	4.10.22
1990	Matthew Rabbetts	Lewes Wanderers	4.16.00
1991	Matthew Rabbetts	Lewes Wanderers	4.11.09
1992	Andy Seltzer	East Grinstead CC	4.30.50
1993	Peter Price	Lewes Wanderers	4.25.36
1994	Mike Marchant	GS Stella	4.11.57
1995	Steve Willis	Eastbourne Rovers	4.03.51
1996	David Shepherd	Bognor Regis CC	4.10.43
1997	Steve Elms	East Grinstead CC	3.57.25
1998	Simon Prior	Eastbourne Rovers	4.05.17
1999	Nick Gardiner	Mid-Oxon CRT	3.49.40
2000	Steve Elms	In-Gear RT	3.56.23
2001	David Shepherd	Rother Valley CC	4.07.23
2002	Steve Dennis	East Grinstead CC	4.03.55
2003	Andy Green	Brighton Mitre CC	4.12.40
2004	Wayne Levett	VC St Raphael	3.57.27
2005	Keith Coffey	Bec CC	3.58.08
2006	Keith Coffey	Bec CC	3.59.25
2007	<i>No event; Tour de France in England</i>		
2008	Keith Coffey	Bec CC	4.03.53
2009	David Shepherd	Liphook Cycles RT	4.04.19
2010	?????	?????	?????