



10 Mile Open Time Trial for Bicycles
Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Sat 26 June 2010

Start: 6.30am

Course G10/57

Prize List

1 st on actual time	£40.00
2 nd on actual time	£30.00
3 rd on actual time	£20.00
1 st Veteran, actual v VTTA 10 mile Standard	£30.00
2 nd Veteran	£20.00
3 rd Veteran	£15.00
Fastest team of three	£10.00 each

(Only one prize per rider except for Team Prize)

All prizes will be presented at the event headquarters at 8.30am.

Timekeepers:

Richard Blackmore

Mike Irons

Headquarters:

Holbrook Youth Centre, Holbrook School Lane, Horsham, West Sussex.
Open from 06.00am. Refreshments, signing-on and numbers will be available at the Centre. The Centre is in the middle of a residential area and so competitors are asked to refrain from excessive noise and to use warm-up turbo-trainers with consideration. **PLEASE DO NOT PARK ACROSS RESIDENTIAL DRIVEWAYS AND IN THE ENTRANCE WAY TO THE ADJACENT SCHOOL, AS THERE WILL BE AN EVENT ON THAT REQUIRES EMERGENCY VEHICLE ACCESS TO BE MAINTAINED.**

Route to Start:

From Headquarters car park, turn left into Holbrook School Lane and left again into North Heath Lane and follow to roundabout where right onto Giblets Way. Follow Giblets Way to roundabout where exit via 2nd exit onto Rusper Road and continue to Rusper Road Roundabout (care, this is the A 264 where finishing riders cross from right to left.) where straight on via 2nd exit into Rusper Road, signposted to Rusper. Allow 10minutes for the journey.

Safe return route to Headquarters:

Continue past Finish timekeeper to end of lay-by and continue to a point alongside a pedestrian crossing over the A 264 carriageway. Turn left through pedestrian walkway (signboard) into Pondtail Drive and mini roundabout at Pondtail Road where left to next roundabout. Turn right to exit via 2nd exit and go up North Heath Lane to Holbrook School Lane and the headquarters.

London South District Regulation:

No vehicles, except those of the timekeepers and event officials, shall be parked in the vicinity of the start and finish areas.

Course: (see diagram attached)

Distances

0.00miles

START in Rusper Road opposite Farm Shop sign at entrance to Moat Farm approximately 350 yards north of Rusper Road roundabout.

Proceed south to Rusper Road roundabout where **LEFT** via **1st exit** and follow A264 to Moorhead Roundabout.

At Moorhead Roundabout **LEFT** via **1st exit (M)** and continue on A264 via Faygate Roundabout to Bewbush Manor Roundabout.

At Bewbush Manor Roundabout, **STRAIGHT ON** via **2nd exit (M)** and follow A2220 via Breezehurst Roundabout to Broadfield Roundabout where **TURN. (M and CHECK)**

4.85 miles

Exit Broadfield Roundabout at **4th exit** and retrace on A2220 via Breezehurst Roundabout to Bewbush Manor Roundabout where **STRAIGHT ON** via **2nd exit (M)** and follow A264 via Faygate Roundabout to Moorhead Roundabout where **RIGHT** via **2nd exit (M)**.

Continue on A264 to Rusper Road Roundabout where **STRAIGHT ON (M)** via **2nd exit**.

Continue on A264 to **FINISH** at 4th drain cover in kerbstone from eastern end of lay-by, 0.5 miles west of Rusper Road Roundabout.

10.00miles

Competitors' Machines:

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Other Safety Instructions:

CTT regulations require the compulsory use of helmets for the under18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors must exercise extra care when negotiating roundabouts. You are advised that traffic using the Breezehurst Roundabout and passing in front of riders entering the roundabout on the outward leg of the course cannot normally be seen until the rider is approximately 15 metres from the entry.

Competitors are advised that there is a regular Saturday morning car boot sale at the Faygate Roundabout. Vehicles normally park in the lay-by on the side of the road immediately after the roundabout on the return route and pedestrians can be expected to walk along the carriageway in both directions at this point.

Competitors are requested not to warm up on the course after the first competitor has started.

No times will be given at the finish.

Details of any additional hazards not listed on the Start Sheet will be displayed or advised at the Signing On Point. All Competitors must take note of these details when they sign on.

..and finally, keep your head up and have a safe ride.

Event Organiser: Stewart Forbes
21 Fenby Close, Horsham, West Sussex RH13 6RP.
Email: stewart.forbes@horshamcycling.co.uk

Tel. 01403 756271
Club Mobile. 07563 752195



Horsham Cycling Open 10 miles Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

26 June 2010

Start: 06:31

Course: G10/57

No.	Name	Club	Class (J/L/V)	Age	VTTA Standard	Start Time am	
1	Peter	Delve	Horsham Cycling	M	62	30.16	6.31
2	Ronald	Osbourne	Charlotteville CC	M	80	34.55	6.32
3	Clive	Jackson	Central Sussex CC	M	58	29.20	6.33
4	Paul	King	Old Portlians CC	M	47	26.54	6.34
5	Iain	Brogden	Eastbourne Rovers	M	41	25.42	6.35
6	Max	Norrell	Giant CC	M	35		6.36
7	Peter	Baker	Lewes Wanderers Cycling Club	M	52	27.59	6.37
8	David	Dallimore	VTTA Surrey/Sussex	M	73	33.02	6.38
9	Colin	Derrick	South Eastern Road Club	M	70	32.15	6.39
10	John	Glaysher	...a3crg	M	32		6.40
11	Stuart	Hourigan	34th Nomads CC / Gem Hygene	M	34		6.41
12	Jim	Cheek	In Gear Quickvit RT	M	33		6.42
13	Christopher	Chapman	Hastings & St Leonards CC	M	42	25.54	6.43
14	Alan	Dolan	Horsham Cycling	M	52	27.59	6.44
15	Pete	Hyland	Kent Cycles RC	M	56	28.52	6.45
16	Michael	Porter	34th Nomads CC / Gem Hygene	M	43	26.06	6.46
17	Thomas	Baker	Lewes Wanderers Cycling Club	M	18		6.47
18	John	Randall	Horsham Cycling	M	79	34.38	6.48
19	Les	Humphrey	South Eastern Road Club	M	70	32.15	6.49
20	Christian	Yates	East Grinstead CC	M	47	26.54	6.50
21	Keith	Carter	Horsham Cycling	M	35		6.51
22	Neil	Stanley	Sydenham Wheelers	M	43	26.06	6.52
23	Harry	Featherstone	Eastbourne Rovers	M	77	34.06	6.53
24	Keith	White	Epsom CC	M	65	31.00	6.54
25	Mark	Paton	Sussex Nomads	M	49	27.20	6.55
26	Richard	Woodward	East Grinstead CC	M	48	27.07	6.56
27	Richard	Brambleby	Feltham Road Club	M	68	31.45	6.57
28	Phil	Pearson	Old Portlians CC	M	61	32.02	6.58
29	George	Hunter	Horsham Cycling	M	16		6.59
30	Andrew	Davies	Fit-For	M	36		7.00
31	Andrew	Ferry	Kent Cycles RC	M	42	25.54	7.01
32	Keith	Shuttlewood	Horsham Cycling	M	52	27.59	7.02
33	Michael	Coward	Bronte WHS / Neophix Engineering	M	74	33.18	7.03
34	Mike	Gibbons	South Eastern Road Club	M	65	31.00	7.04
35	Richard	Payn	34th Nomads CC / Gem Hygene	M	46	26.42	7.05
36	Damian	Poulter	Hounslow & District Wheelers	M	35		7.06
37	Kevin	Burton	Eastbourne Rovers	M	55	28.38	7.07
38	Jon	Fry	Horsham Cycling	M	39		7.08
39	Stephen	Burrows	I-TeamCC/Intamden/Cyclewold.co.uk	M	51	27.46	7.09
40	Paul	Mellen	Horsham Cycling	M	44	26.18	7.10
41	Barry	McDermott	Festival RC	M	46	26.42	7.11
42	Geoff	Smith	Sussex Nomads	M	59	29.34	7.12
43	Stuart	Davies	Eastbourne Rovers	M	39		7.13
44	Mark	Pelling	In Gear Quickvit RT	M	54	28.25	7.14
45	Jon	Archdeacon	De Laune CC	M	42	25.54	7.15
46	David	Haggart	De Laune CC	M	49	27.20	7.16
47	Paul	Winkley	East Grinstead CC	M	53	28.12	7.17
48	David	Cox	Eastbourne Rovers	M	63	30.30	7.18



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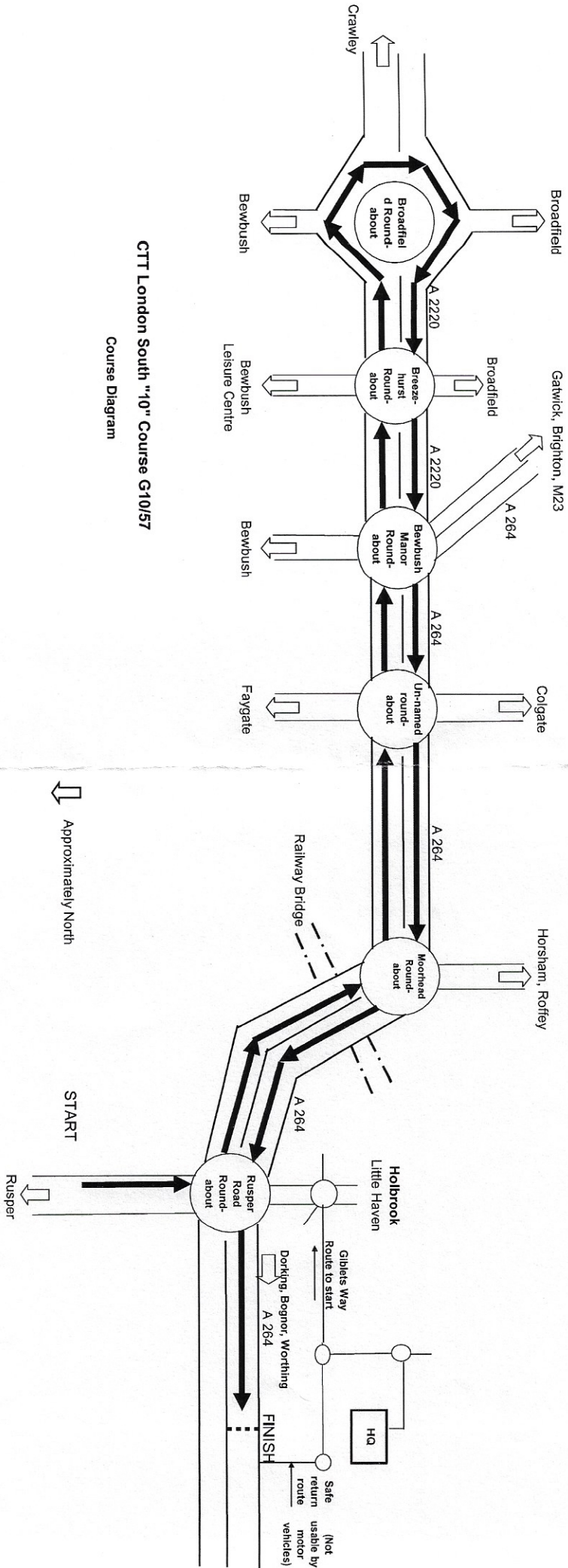
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No.	Name		Club	Class (J/L/V)	Age	VTTA Standard	Start Time am
49	Hans	Neuser	Epsom CC	M	73	33.02	7.19
50	Brian	Molloy	34th Nomads CC / Gem Hygene	M	42	25.54	7.20
51	Keith	Griffin	Kingston Wheelers	M	45	26.30	7.21
52	Alan	Robinson	Central Sussex CC	M	69	32.00	7.22
53	Andy	Castle	AD Cycles RT	M	47	26.54	7.23
54	Sarah	Archdeacon	De Laune CC	F	40	27.07	7.24
55	Mark	Newton	Bec CC	M	43	26.06	7.25
56	Stephen	Humphrey	Southborough & District Wheelers	M	44	26.18	7.26
57	Andrew	Ridsdale	Huddersfield RC	M	42	25.54	7.27
58	Simon	Newell	Hastings & St Leonards CC	M	49	27.20	7.28
59	Andrew	Parsons	Eastbourne Rovers	M	48	27.07	7.29
60	Keith	Coffey	Bec CC	M	41	25.42	7.30
61	Colin	Crocker	Sotonia CC	M	60	29.48	7.31

HORSHAM CYCLING



CTT London South "10" Course G10157
Course Diagram

↑ Approximately North

(Not usable by motor vehicles)
Safe return route