

ESCA 25 mile TT Saturday 18th April 2010

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

East Sussex Cycling Association

2010 President – Ian Burgess, In-Gear Quickvit Trainsharp



Event Secretary and Timekeepers

Event Secretary: Dan Henchy, 48 Discovery House, 15 Susan's Road, Eastbourne, BN21 3AG
email: danhenchy@msn.com Mobile: 07841657108

Timekeepers: Richard Blackmore (East Grinstead CC) & Su Balcombe (Brighton Excelsior)

Event Headquarters

Fairwarp Village Hall, Nursery Lane, Fairwarp, Uckfield, East Sussex, TN22 3BD. Limited parking is available in the car park. When this is full park on the village hall side of the road but please park with consideration for other road users and local residents.

Prize Board

	Sun 18 Apr 2010 25 mile	Combined Weekend
1st on Actual	£20.00	£20.00
2nd on Actual	£15.00	£15.00
3rd on Actual	£12.00	£12.00
4th on Actual	£10.00	–
5th on Actual	£8.00	–

1st on Standard	£12.00	£12.00
2nd on Standard	£10.00	£10.00
3rd on Standard	£8.00	–

1st Lady	£10.00	£10.00
2nd Lady	£8.00	–
3rd Lady	£5.00	–

1st Junior/Juvenile	£10.00	£10.00
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1st on Handicap	£12.00	–
2nd on Handicap	£10.00	–
3rd on Handicap	£8.00	–

1st Team of Three (£9.00 each)	£27.00	–
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Results Board

Ann Human is very kindly operating the results board at the Headquarters. Due to poor mobile phone coverage, delay in getting results to the HQ is inevitable, please be patient.

Additional Awards and Qualifications

This is a qualifying event for

ESCA points competition – 30 points for 1st place down to 1 point for 30th place for riders from East Sussex CA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies – counts towards the Junior and Ladies BAR. Counts towards the fastest Junior, fastest Lady and the fastest team of three from an East Sussex CA affiliated club over 10 miles – **the best performance at either this, or the September 10**, will be eligible for the award at the annual prize presentation in January 2011.

Safety Information

- **HELMETS:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **COMPETITORS' MACHINES:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **COMPETITORS' VEHICLES:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- Competitors are requested not to warm up on the course after the first competitor has started.
- Details of any additional hazards, not listed on the start sheet, will be displayed or advised at the signing on point. All competitors must take note of these details when they sign on.
- No times will be given out at the finish.
- **Competitors must exercise extra care when turning left just after the start and at Boship Roundabout.**
- **After finishing, competitors MUST continue to the Shaw roundabout and take second exit (Right) to return to event HQ at East Hoathly. No 'U' turns after finishing or competitors will be disqualified.**
- **Please take extra care as there are many potholes on the road, particularly at the entrance and exit of the Boship roundabout.**
- There are no 'planned' roadworks on the A22, however, there is always scope for emergency roadworks, particularly given the number of potholes on the road. There is a road closure at Michelham Priory Road (off the A22) which might cause some additional traffic, take extra care in this area.

Course Details – G25/89

Keep on the A22 all the way to the turn and back

(TQ461252) **START** on Maresfield bypass 100 yards south of Lampool RBT at red arrow on kerb 14 yards before LP12. Proceed to Batts Bridge RBT. Take 2nd exit (**STRAIGHT ON**) and proceed to Black Down RBT. Take 2nd exit (**RIGHT**) following Uckfield by-pass via Copwood RBT to Little Horsted RBT. Take 2nd exit (**STRAIGHT ON**) via Golf Course and Halland RBTs to The Shaw RBT (7.52 mls) (TQ511165). Take 2nd exit (**RIGHT**) and proceed down East Hoathly by-pass and A22 via Whitesmith and Golden Cross to **BOSHIP ROUNDABOUT** where **TURN (CHECK)**. (TQ 572112)

Take extra care when approaching and encircling this roundabout.

Take 4th exit (TQ511165) and retrace on A22 through Golden Cross and Whitesmith and East Hoathly by-pass to the Shaw RBT (18.63mls). Take 1st exit (**LEFT**) and continue via the Halland and Golf Course RBTs to Little Horsted RBT. Take 2nd exit (**STRAIGHT ON**) and continue via Copwood RBT to Black Down RBT (24.40mls) (TQ468231). Take 1st exit (**LEFT**) and follow Maresfield by-pass to **FINISH** at red arrow on kerb opposite drain in lay-by just before Batts Bridge RBT (25 miles) (TQ461236).

ESCA 25 – 18th April 2010 Order of Start

Start Time	Number	Name	Club	Category	Vets Std	H'cap
7.31	1	Horry Hemsley	Lewes Wanderers CC	V	1:25:38	28.00
7.32	2	Chris Parker	Hastings & St Leonards CC	V	1:13:16	23.00
7.33	3	Neil Midgely	Lewes Wanderers CC	S		15.00
7.34	4	Alan Oakley	Southborough & District Wheelers	V	1:11:07	21.00
7.35	5	Jamie Beale *	Hastings & St Leonards CC	V	1:08:31	8.00
7.36	6	James Peckham	One Life Fuga RT	S		11.00
7.37	7	Stephen Connery **	Southborough & District Wheelers	V	1:06:30	15.00
7.38	8	Greg Cahill	Team Lifestyle	S		15.00
7.39	9	Martin Phillips	Lewes Wanderers CC	V	1:08:00	19.00
7.40	10	Peter Moon	Eastbourne Rovers CC	V	1:10:35	7.00
7.41	11	John-Paul Brophy	Team Lifestyle	S		12.00
7.42	12	Thomas Baker	Lewes Wanderers CC	Jun		13.00
7.43	13	Stuart Kirkham	Lewes Wanderers CC	V	1:12:11	14.00
7.44	14	Tim Miles	Hastings & St Leonards CC	V	1:18:20	16.00
7.45	15	James Brickell	In Gear Quickvit Trainsharp	S		8.00
7.46	16	Duncan Fuller	Lewes Wanderers CC	S		12.00
7.47	17	Tom Cosgrove	VTTA (London and Home Counties)	V	1:07:00	15.00
7.48	18	Martin Yardley	Southborough & District Wheelers	V	1:08:00	16.00
7.49	19	Simon Yates	Lewes Wanderers CC	V	1:14:55	22.00
7.50	20	Jim Cheek	In Gear Quickvit Trainsharp	S		5.00
7.51	21	James Ryan	Lewes Wanderers CC	S		12.00
7.52	22	Alan Lloyd	Lewes Wanderers CC	V	1:14:55	14.00
7.53	23	Timothy Christian	Southborough & District Wheelers	S		15.00
7.54	24	David Beale	Lewes Wanderers CC	V	1:18:55	19.00
7.55	25	Geoff Smith	Sussex Nomads CC	V	1:16:03	9.00
7.56	26	John Mankelow	Lewes Wanderers CC	V	1:17:45	13.00
7.57	27	Stephen Gaston	Lewes Wanderers CC	V	1:08:31	15.00
7.58	43	Natasha Fuller	Lewes Wanderers CC	W		14.00
7.59	29	Jay Miles	Hastings & St Leonards CC	S		19.00
8.00	30	Michael Valks	Sussex Nomads CC	S		5.00
8.01	31	Johan Stegers	Lewes Wanderers CC	V	1:09:02	12.00
8.02	32	Kevin Burton	Eastbourne Rovers CC	V	1:13:16	12.00
8.03	33	Matt Coombs	Lewes Wanderers CC	S		13.00
8.04	34	Debbie Evers	Lewes Wanderers CC	WV	1:14:55	22.00
8.05	35	Alan McInnes **	East Grinstead CC	S		7.00
8.06	36	Tony Murphy	Eastbourne Rovers CC	V	1:09:02	12.00
8.07	37	Paul Valks	Sussex Nomads CC	V	1:20:05	13.00
8.08	38	Ian Landless	Lewes Wanderers CC	V	1:22:30	14.00
8.09	39	John Miller	Lewes Wanderers CC	V	1:08:31	15.00
8.10	40	Nick Dwyer	Lewes Wanderers CC	V	1:09:02	5.00
8.11	41	Jimmy George	VO2 Maximum RT	S		9.00
8.12	42	Stuart Papworth	Horsham Cycling	S		13.00
8.13	48	Simon Newell	Hastings & St Leonards CC	V	1:10:04	16.00
8.14	44	Robin Johnson	Brighton Mitre CC	V	1:17:11	18.00
8.15	45	Max Norrell	Giant CC	S		7.00
8.16	46	Peter Morris	Lewes Wanderers CC	S		9.00

8.17	47	Chris Martin	Lewes Wanderers CC	V	1:11:39	15.00
8.18	28	James Horan	Amphibians 2 Triathlon Club	V	1:06:00	16.00
8.19	49	Sarah Dwyer	Lewes Wanderers CC	W		15.00
8.20	50	Iain Brogden	Eastbourne Rovers CC	V	1:06:30	4.00
8.21	51	James Lowden	Lewes Wanderers CC	S		10.00
8.22	52	John Powell	One Life Fuga RT	S		11.00
8.23	53	Oliver Tuckley	Lewes Wanderers CC	V	1:13:16	13.00
8.24	54	Fenella Brown	Beacon Road CC	WV	1:10:04	13.00
8.25	55	Andy Cox	Lewes Wanderers CC	S		7.00
8.26	56	Adam Ford	Eastbourne Rovers CC	S		10.00
8.27	57	Nathan Gale	Worthing Excelsior CC	S		11.00
8.28	58	Dominic Lowden	Lewes Wanderers CC	V	1:12:11	16.00
8.29	59	Charles Burrell	Sussex Nomads CC	S		15.00
8.30	60	Mike Piper *	San Fairy Ann CC	S		1.00
8.31	61	Andrew Curley	Beacon Road CC	V	1:09:02	8.30
8.32	62	Ian Hendry	Hastings & St Leonards CC	V	1:08:31	9.00
8.33	63	Harry Featherstone	Eastbourne Rovers CC	V	1:26:56	12.00
8.34	64	Paula Dewar	VO2 Maximum RT	WV	1:12:43	22.00
8.35	65	Mark Paton	Sussex Nomads CC	V	1:10:35	7.00
8.36	66	Stuart Davis	Eastbourne Rovers CC	S		9.00
8.37	67	Peter Baker	Lewes Wanderers CC	V	1:12:11	10.00
8.38	68	Elisabeth Brama	Brighton Phoenix Tri	W		11.00
8.39	69	Paul Hanratty	Lewes Wanderers CC	V	1:11:07	23.00
8.40	70	Richard Gifford	In Gear Quickvit Trainsharp	V	1:09:33	3.00
8.41	71	Paul Holdaway	Team Lifestyle	S		8.00
8.42	72	Ian Silvester	De Laune CC	V	1:09:02	8.30
8.43	73	Andrew Stobbart	Eastbourne Rovers CC	V	1:10:04	14.00
8.44	74	Katie Crowe	Crystal Palace Triathletes	W		16.00
8.45	75	Rob Pelham	Lewes Wanderers CC	S		5.30
8.46	76	Jon Sharples	In Gear Quickvit Trainsharp	S		7.00
8.47	77	Simon Neave	South Western RC	V	1:10:35	7.30
8.48	78	Keith Carter	Horsham Cycling	S		15.00
8.49	79	Peter Tadros	In Gear Quickvit Trainsharp	S		SCR

*Cheque received for £7 - £1 to pay

** To accommodate late entries, a number of entries have been accepted without payment. At the time the start sheet was prepared no payment received from these riders. Please be aware payment is due on the day or in advance whether you ride or not.

Don't forget forthcoming ESCA events

Sunday 13 Jun 2010 Distance: 50 m – Time Trial Course: G50/89 Event HQ: Fairwarp Village Hall
Entry Fee: £8.00

Promoter: Simon Yates (Lewes Wanderers), The Old Stables, Crowborough, East Sussex TN6 2HL.
Telephone: 01892 655785

Sunday 12 Aug 2010 Distance: 100 m – Time Trial Course: G100/86 Event HQ: Berwick Village Hall
Entry Fee: £12.00

Promoter: Bob Harber (Brighton Excelsior), 10 Windmill Close, Upper Beeding, West Sussex BN44 3JP.
Telephone: 01903 879598