

EAST SUSSEX CYCLING ASSOCIATION

President: Michael Cross (Horsham C.C.)



25 Mile Time Trial – 13th September 2009

Course G25/89

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

Timekeepers: Jane & Graham Lade (Eastbourne Rovers C.C.)

Event Secretary : Richard Blackmore {East Grinstead C.C.)
Ladymead, Snowhill
Crawley Down, West Sussex RH10 3EE

Tel: 01342 713272

Course G25/89: START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout), at red arrow on curb 14 yards before LP 12 (TQ461252). Proceed to Batts Bridge RBT. Take 2nd exit (straight on) and proceed to Black Down RBT. Take second exit (RIGHT) and follow A22 (Uckfield by-pass) via Copwood RBT to Little Horsted RBT. Take second exit (straight on) and continue on A22 via Golf Course and Halland RBTs, to The Shaw (East Hoathly) RBT (7.52mls). Take 2nd exit (RIGHT) and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN, (13.08mls) (TQ572112) (CHECK). 4th exit to retrace along A22 through Golden Cross and Whitesmith to The Shaw RBT (18.63mls), 1st exit (LEFT) and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Take 2nd exit (straight on) and follow A22 via Copwood RBT to Black Down RBT. LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT (25.00mls) (TQ461236).

Headquarters: Fairwarp Village Hall (second turning south of church). There is a small car park at the HQ. If this is full, cars **must be parked carefully on the North side ONLY** of the lane. Do not obstruct entrances and observe quiet in the road. The HQ will be open from 6.45am.

Signing On : Please sign on at the H.Q. from where numbers can be collected. Numbers can be exchanged for a drink after your ride.

Safety Instructions

Helmets: CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is strongly recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

Competitors are requested not to warm up on the course after the first competitor has started.

Details of any additional hazards, not listed on the start sheet, will be displayed or advised at the signing on point. All competitors must take note of these details when they sign on.

No times will be given out at the finish.

Prize List:	Scratch:	1 st £20	2 nd £15	3 rd £12	4 th £10	5 th £8
	Vets on Std:	1 st £12	2 nd £10	3 rd £8		
	Lady:	1 st £10	2 nd £8		Jun: 1 st £10	2 nd £8
	Handicap:	1 st £12	2 nd £10	3 rd £8		
	Team (3 riders):	1 st £10 each and Rosemary Shield for the fastest ESCA affiliated club team.				
		2 nd team £8 each.				

Overall Classification (10 and 25)

Scratch:	1 st £20	2 nd £15	3 rd £12	
Vets on Std:	1 st £12	2 nd £10		1 st Lady&Jun. £10

This is a qualifying event for

ESCA points competition – 30 points for 1st place down to 1 point for 30th place for riders from East Sussex CA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies – the fastest team of 3 riders from an ESCA affiliated club will be awarded the Rosemary Shield. This event also counts towards all BAR categories.

BBAR – Qualifying event for the British Best All-Rounder competition.

East Sussex Cycling Association '25'

13th September 2009

The Riders

<u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Cat.</u>	<u>H'cap</u>	<u>Start</u>
1	James Peckham	One Life-Fuga R.T.	S	10.30	7.31
2	Joshua Cunningham	In Gear Development Squad	S	12.00	7.32
3	Alan Lloyd	Lewes Wanderers C.C.	V57	13.00	7.33
4	Simon Newell	Hastings & St. Leonards C.C.	V48	16.00	7:34
5	Andy Cox	Lewes Wanderers C.C.	S	6.30	7:35
6	Graham Jeffs	Lewes Wanderers C.C.	V60	11.00	7:36
7	Carl Richardson	V.C. In Gear	V45	14.00	7:37
8	Phil Pearson	Old Portlians C.C.	V60	17.00	7:38
9	Sue Eaton	Bodyworks XTC - Tri Store	WV62	33.00	7:39
10	Mel Robertson	Worthing Excelsior C.C.	V61	6.00	7:40
11	Ade Fadero	Sussex Nomads C.C.	V47	9.00	7:41
12	Paul Winkley	E. Grinstead C.C.	V53	11.30	7:42
13	John Mankelow	Lewes Wanderers C.C.	V61	15.00	7:43
14	Alan Bowry	Brighton Excelsior C.C.	V55	18.00	7:44
15	James Brickell	In Gear Quickvit R.T.	S	6.00	7:45
16	Jason Salter	In Gear Development Squad	V41	9.00	7:46
17	Oliver Tuckley	Lewes Wanderers C.C.	V54	13.00	7:47
18	Dominic Lowden	Lewes Wanderers C.C.	V51	15.00	7:48
19	Michael Horner	Eastbourne Rovers C.C.	V72	25.00	7:49
20	James Bowtell	In Gear Development Squad	S	5.00	7:50
21	Matt Coombs	Lewes Wanderers C.C.	S	9.00	7:51
22	Andy Eaton	Bodyworks XTC - Tri Store	V47	11.30	7:52
23	Clive Lett	Worthing Excelsior C.C.	V44	14.00	7:53
24	Rob Rickson	Eastbourne Rovers C.C.	V43	16.00	7:54
25	Felix English	Team Corridori	JUN	5.00	7:55
26	James Stone	West Kent RC	V40	9.00	7:56
27	Stephen Gaston	Lewes Wanderers C.C.	V45	12.30	7:57
28	Peter Logan	Worthing Excelsior C.C.	V53	15.00	7:58
29	Horry Hemsley	Lewes Wanderers C.C.	V75	25.00	7:59
30	Steve Dennis	E. Grinstead C.C.	V46	SCR	8:00
31	Ian Hendry	Hastings & St. Leonards C.C.	V45	8.00	8:01
32	Bruce English	Lewes Wanderers C.C.	V44	10.00	8:02
33	Robert Downham	Worthing Excelsior C.C.	V41	14.00	8:03
34	Keith Carter	Horsham C.C.	S	16.00	8:04
35	Ian Burgess	In Gear Quickvit R.T.	V47	5.00	8:05
36	Stuart Edmonds	Sussex Nomads C.C.	V43	8.30	8:06
37	Tony Murphy	Eastbourne Rovers C.C.	V46	12.30	8:07
38	Donald Awcock	Central Sussex C.C.	V61	14.00	8:08
39	Chris Parker	Hastings & St. Leonards C.C.	V53	22.00	8:09
40	Michael Valks	Sussex Nomads C.C.	S	4.30	8:10
41	David Earl	Hastings & St. Leonards C.C.	V41	7.00	8:11
42	Julian Barnard	Dulwich Paragon C.C.	V51	11.00	8:12
43	Emma Richards	Eastbourne Rovers C.C.	W	14.00	8:13
44	Tim Miles	Hastings & St. Leonards C.C.	V63	15.00	8:14
45	Max Norrell	Giant C.C.	S	5.00	8:15
46	Stu White	Brighton Excelsior C.C.	S	8.00	8:16
47	Nathan Boschma	VC In Gear	S	12.00	8:17

48	Harry Featherstone	Eastbourne Rovers C.C.	V76	14.00	8:18
49	Nicole Patterson	South Western RC	W	20.00	8:19
50	Nick Dwyer	Lewes Wanderers C.C.	V45	4.00	8:20
51	Peter Moon	Eastbourne Rovers C.C.	V48	7.00	8:21
52	Jonathan Molton	Hastings & St. Leonards C.C.	V41	11.00	8:22
53	David Cox	Eastbourne Rovers C.C.	V59	14.00	8:23
54	Jonathan Carter	E.Grinstead C.C.	V44	16.00	8:24
55	Michael Davey	Giant C.C.	S	4.30	8:25
56	Stuart Davis	Eastbourne Rovers C.C.	S	7.30	8:26
57	Graham Hills	Southborough & District Wheelers	V51	12.00	8:27
58	Andy Morley	V C In Gear	V45	14.00	8:28
59	Katie Crowe	Serpentine RC	W	17.30	8:29
60	Iain Brogden	Eastbourne Rovers C.C.	V40	4.00	8:30
61	Mark Storie	G S Stella	S	7.00	8:31
62	Elisabeth Brama	Brighton Phoenix Triathlon Club	W	10.30	8:32
63	Stuart Papworth	Horsham C.C.	S	14.00	8:33
64	Thomas Baker	Lewes Wanderers C.C.	JUN	15.00	8:34
65	Peter Rowe	Southborough & District Wheelers	V45	4.30	8:35
66	Pete Hyland	Kent Cycles RC	V55	7.30	8:36
67	Kevin Burton	Eastbourne Rovers C.C.	V53	11.30	8:37
68	Simon Tully	Southborough & District Wheelers	S	14.00	8:38
69	Paul Hanratty	Lewes Wanderers C.C.	S	20.00	8:39
70	Tony Reeves	G S Stella	S	3.00	8:40
71	Richard Tully	Anerley BC	S	6.00	8.41
72	Peter Baker	Lewes Wanderers C.C.	V51	9.30	8.42
73	Andrew Thomas	Southborough & District Wheelers	V45	13.00	8.43
74	David Law	E.Grinstead C.C.	S	15.00	8.44
75	Jim Cheek	In Gear Quickvit R.T.	S	4.00	8.45
76	James Lowden	Lewes Wanderers C.C.	S	7.00	8.46
77	Lee Holdaway	Hastings & St. Leonards C.C.	V54	11.00	8.47
78	Bryn Tully	Anerley BC	V64	13.00	8.48
79	Helen Millier	Lewes Wanderers C.C.	WV45	17.30	8.49
80	Mark Winton	Lewes Wanderers C.C.	S	2.30	8.50
81	Alan MacInnes	E.Grinstead C.C.	S	5.30	8.51
82	Geoff Smith	Sussex Nomads C.C.	V57	9.00	8.52
83	James McCarron	In Gear Development Squad	JUN	12.00	8.53
84	Bryn Reeves	Horsham C.C.	V42	15.00	8.54
85	Richard Gifford	In Gear Quickvit R.T.	V46	4.00	8.55
86	Andrew Murray	Sigma Sport R.T.	V44	6.30	8.56
87	Richard Woodward	E.Grinstead C.C.	V47	9.30	8.57
88	Mike Levett	Lewes Wanderers C.C.	V55	11.00	8.58
89	Stuart Jago	Worthing Excelsior C.C.	V53	13.00	8.59
90	David Pollard	In Gear Quickvit R.T.	V52	1.00	9.00
	Sponsored Clubs				
	Kent Cycles RC	Bianchi / Look / Promet / Tekno Fuel			
	Bodyworks XTC Tri Sore				
	In Gear Development Squad	In Gear Cycles			
	In Gear Quickvit RT	In Gear Cycles			
	VC In Gear	In Gear Cycles			