



# East Sussex Cycling Association

2009 President Mike Cross, Horsham Cycling



100 Mile Time Trial – Sunday 05 July 2009 – Course G100/86E (2009)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

## 2009 points competition – ESCA points awarded for this event:

Individual Points					329
Rider	Club	Cat	Time	Rank	Points
Iain BROGDEN	Eastbourne Rovers	V	4:05:45	1	30
Mark WINTON	Lewes Wanderers	S	4:20:58	2	29
Andy COX	Lewes Wanderers	S	4:23:59	3	28
Nick DWYER	Lewes Wanderers	V	4:30:00	4	27
Peter BAKER	Lewes Wanderers	V	4:33:34	5	26
Sarah LOVELOCK	Bodyworks XTC Tri Store	W S	4:33:54	6	25
Bronwen EWING	Rye Wheelers	W V	4:35:00	7	24
Geoff SMITH	Sussex Nomads	V	4:35:12	8	23
Mike LEVETT	Lewes Wanderers	V	4:40:16	9	22
Alan LLOYD	Lewes Wanderers	V	4:43:22	10	21
Hugh PROCTER	Lewes Wanderers	V	4:56:16	11	20
Chris PARKER	Hastings & St L CC	V	5:27:38	12	19
Simon YATES	Lewes Wanderers	V	5:34:28	13	18
Carmen KUBISA	Rye Wheelers	W S	6:35:08	14	17

Club Points	329
Club	Points
Lewes Wanderers	191
Rye Wheelers	41
Eastbourne Rovers	30
Bodyworks XTC Tri Store	25
Sussex Nomads	23
Hastings & St L CC	19
In-Gear Quickvit RT	0
VC In-Gear	0
Bayeux Landscapes	0
In-Gear Dev Squad	0
Brighton Mitre	0
Brighton Excelsior	0
East Grinstead CC	0
21st Century Airports CT	0
Central Sussex CC	0
Crawley CC	0
Crawley Wheelers	0
East Grinstead TC	0
GS Stella	0
Horsham Cycling	0
Southborough Wheelers	0
VTTA (Surrey/Sussex)	0
Worthing Excelsior	0

## Don't forget forthcoming ESCA events:

**Saturday 12 Sep 2009 \***

Distance: 10 m – Time Trial  
Event HQ: East Hoathly Sports Centre

Course: G10/87  
Entry Fee: £8.00

**Promoter:**

**John Double** (Crawley Wheelers)  
1B Climping Park, Bognor Road, Littlehampton, West Sussex BN17 5DW  
Telephone: 01903 734837 E-mail: john.double@crawleywheelers.co.uk

**Sunday 13 Sep 2009 \***

Distance: 25 m – Time Trial  
Event HQ: Fairwarp Village Hall

Course: G25/89  
Entry Fee: £8.00

**Promoter:**

**Richard Blackmore** (East Grinstead CC)  
Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE  
Telephone: 01342 713272 E-mail: dicknjan@btinternet.com

\* Includes overall prize board for combined weekend result

East Sussex Cycling Association  
 Open 100 Miles TT  
 Course G100/86E variant, HQ Berwick, Sussex  
 Sunday 5th July 2009

No.	Start Time	Rider	Club	Cat	H' cap	Vet Std	Actual Time
1	6.01	Simon Yates	Lewes Wanderers CC	V	88	5.33.45	
2	6.02	Chris Parker	Hastings & St Leonards CC	V	76	5.23.47	
3	6.03	Jim Hollands	Rye & Dist Wheelers	V	86	6.07.32	
4	6.04	Carmen Kubisa	Rye & Dist Wheelers	WS	94		
5	6.05	Tony Murphy	Eastbourne Rovers CC	V	57	5.07.33	
6	6.06	David Mackey	Kent Cycles RC	S	35		
7	6.07	James Fuller	Bournemouth Jubilee CC	V	43	5.09.51	
8	6.08	Hugh Procter	Lewes Wanderers CC	V	50	5.31.18	
9	6.09	Bronwen Ewing	Rye & Dist Wheelers	WV	56	5.19.12	
10	6.10	Peter Baker	Lewes Wanderers CC	V	39	5.19.12	
11	6.11	Sarah Lovelock	Bodyworks XTC	WS	44		
12	6.12	Alan Lloyd	Lewes Wanderers CC	V	46	5.33.45	
13	6.13	Bryn Tully	Anerley BC	V	48	5.51.34	
14	6.14	Ann Shuttleworth	Chelmer CC	WV	60	5.16.49	
15	6.15	Simon Underwood	CC Topp	S	24		
16	6.16	Geoff Smith	Sussex Nomads CC	V	30	5.38.48	
17	6.17	Oliver Tuckley	Lewes Wanderers CC	V	36	5.23.57	
18	6.18	Barry Charlton	Kent Cycles RC	V	26	5.36.17	
19	6.19	Mike Levett	Lewes Wanderers CC	V	36	5.28.51	
20	6.20	Ralph Mullan	Shaftesbury CC	S	5		
22	6.22	Ian Brogden	Eastbourne Rovers CC	V	12	4.54.02	
24	6.24	Mike Anton	East Grinstead CC	V	22	4.54.02	
26	6.26	Mark Winton	Lewes Wanderers CC	S	12		
28	6.28	Stephen Morgan	Tooting BC	V	18	4.56.14	
30	6.30	Ben Ward	Kent Cycles RC	S	5		
32	6.32	Duncan Murdoch	Redhill CC	V	23	5.07.33	
34	6.34	Nick Dwyer	Lewes Wanderers CC	V	16	5.05.15	
36	6.36	Peter Moon	Eastbourne Rovers CC	V	21	5.12.09	
38	6.38	Alex Fairman	Kent Cycles RC	S	24		
40	6.40	James Hughes	Bec CC	S	6		
42	6.42	Andy Cox	Lewes Wanderers CC	S	33		
44	6.44	Mark Gidney	34th Nomads	V	16	5.09.51	
46	6.46	David Shepherd	Liphook Cycles RT	V	Scr	5.12.09	

- **Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Competitors Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Competitors Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- Competitors are requested **not to warm up on the course** after the first competitor has started.
- **Details of any additional hazards**, not listed on the start sheet, will be displayed or advised at the signing on point. All competitors must take note of these details when they sign on.
- **No times will be given out** at the finish.



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## 100 Mile Time Trial – Sunday 5 July 2009 – Course G100/86E (2009)

Scratch, Handicap and BBAR qualifying event

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Promoter: Bob Harber (Brighton Excelsior C C)

10 Windmill Close Upper Beeding Steyning West Sussex BN44 3JP

T: 01903 879598 M: 07979 836259 Email: [bikerider@phonecoop.coop](mailto:bikerider@phonecoop.coop)

Timekeepers and Handicapper: Mick Kilby and Su Balcombe.

### Prizes

Fastest Rider:	1 <sup>st</sup> £40	2 <sup>nd</sup> £25	3 <sup>rd</sup> £20	4 <sup>th</sup> £15	5 <sup>th</sup> £12.
Veterans on Standard:	1 <sup>st</sup> £18	2 <sup>nd</sup> £15	3 <sup>rd</sup> £12.		
Handicap:	1 <sup>st</sup> £18	2 <sup>nd</sup> £15	3 <sup>rd</sup> £12		
Fastest Woman:	1 <sup>st</sup> £15	2 <sup>nd</sup> £12			
Fastest Team (3 riders):	Each rider	£12			

### Awards for Riders from ESCA affiliated clubs only:

Fastest Rider:	The 100 Mile Cup
Fastest Team:	The 100 Mile Team Shield

### Qualifying event for:

ESCA points competition (30 points for 1st place down to 1 point for 30th place for riders from East Sussex CA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club).

ESCA Senior and Veteran BAR Trophies competition.

SCA SPOCO Long distance competition (120 points for 1st place down to 1 point for 120th place for registered riders from Sussex CA affiliated clubs).

BBAR, the British Best All-Rounder competition.

Course Details for G100/86E [2009 variation; due to developments in the Uckfield area].

**WARNING The Start is Four and a Half miles from the HQ. Allow at least 20 minutes. The route will be signposted.**

START Arlington Road West by Give Way sign just before junction with A22 Northbound. LEFT and follow A22 via Boship RBT to junction with B2124. LEFT on B2124 to TURN at Kennel Corner RBT, Ringmer. RETRACE to A22 at Golden Cross. LEFT and follow A22 to TURN at Lampool RBT. RETRACE A22 to Boship RBT. RIGHT on A22 to Cophall RBT. LEFT on A27 to Pevensey RBT. STRAIGHT ON, now A259, to TURN at Little Common RBT. RETRACE to Pevensey RBT. RIGHT on unclassified road via Wartling to junction with A271 at Windmill Hill. LEFT on A271 to **[Drinks station just before]** Boship RBT. STRAIGHT ON, now on A22, to junction with B2124. LEFT on B2124 to TURN at Kennel Corner RBT. RETRACE to A22 at Golden Cross. LEFT and follow A22 to TURN at Black Down RBT. RETRACE on A22 to Boship RBT. RETRACE on A22 to Coldharbour Road. LEFT to FINISH.

Google map on: <http://www.sussexca.org.uk/> Go to Courses → Open Courses → No 11, 2009 course.

### Headquarters

Berwick Village Hall [BN26 6TF]. Car Parking in field at back of Hall.

#### Directions to HQ:

- From A27: follow Berwick Station signs at Alfriston roundabout. Hall is on Left 400 yards after Level Crossing.
- From A22 Uckfield: take Camberlot Road South (opposite Willow Café), then right in 1 mile. Hall is on right after 2 miles; 100 yards beyond village and '30' signs.
- From Boship roundabout: take A22 towards Uckfield for 600 yards, then first Left into Coldharbour Lane. Hall is on right after 3 miles; 100 yards beyond village and '30' signs.

Hall will be Open for changing from 0500.

Numbers to be collected and late information consulted when you sign on.

**Drinks Station at 65 miles. You can leave your drink at HQ when signing-on; water will be handed-up.**

Numbers to be returned for a free tea.

Refreshments available in the Hall. Please make a generous donation.