

Sussex Cyclists' Association

Founded 1921

President: Mike Anton – East Grinstead CC

OPEN 25 MILE TIME TRIAL

Incorporating Sussex Individual, Veterans & Team Championship

Sunday 3rd May 2009

(Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations)

Time Keepers: Start: Tony Palmer
Finish: Mike Irons

Event Secretary: Karl Robertson
11 Bridge Road, Worthing
West Sussex, BN14 7BU
01903 209433
Karl_Roberton@btinternet.com

Awards

1 st	£40
2 nd	£25
3 rd	£20
4 th	£15
5 th	£10
1 st Veteran	£15
2 nd Veteran	£10
1 st Veteran on Std	£20
2 nd Veteran on Std	£15
3 rd Veteran on Std	£10
1 st Woman	£15
1 st Junior	£15
Fastest Team of Three	£10 Each

SCA Awards

1 st	Boniface Trophy + Medal
2 nd	Medal
3 rd	Medal
1 st Veteran on Std	Horry Hemsley Trophy
2 nd Veteran on Std	Medal
1 st Woman	Medal
1 st Junior	Medal
1 st Team (4 riders)	Lee Memorial Shield + Medals
2 nd Team (4 riders)	Dave Henty Cup + Medals
1 st B Team (3 riders)	Medals

Safety Notes:

Race numbers will only be available from the Headquarters; details of any additional hazards not listed on the start sheet will be displayed at the signing on point. All competitors must read these details when signing on.

London South District Regulation: No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards. Please note that this event is a helmet only event. (S.C.A. regulation).

Competitors Machines It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Please be aware that you may encounter Triathlon riders who will be starting in Steyning at 6.00am in the pool before moving on to the cycle section. They will be using the A24 up to Ashington and the A283 between Washington and Shoreham.

Please take care after completing the course, as the Triathlon riders will be continuing on into Steyning. Please ignore any non-cycling triangle signs, there will be marshals on all R.A.B's, but there may be other marshals for the Triathlon event.

Headquarters:

Steyning Centre, Fletcher's Croft, Steyning

From the mini roundabout in Steyning High Street proceed northeast along Church Street pass the library & church, turn right into Steyning Centre. Open from 6am.

The distance from the Race Headquarters to the Start point is approximately 1.2 miles; please allow 10 mins to ride to the start from HQ.

Competitors are requested not to warm up on the course after the first competitor has started.

Car Parking:

Car parking is available in front of the Steyning Centre.

NO TIMES WILL BE GIVEN AT THE FINISHING POINT.

COURSE: G25/93

Details

	DISTANCE
START on B2135 just south of entrance to Wappingthorpe Manor (Map ref 172131).	0.0
Proceed north on the B2135 through Partridge Green to junction with A24.	6.708
Turn left and proceed southwards on the A24 to Washington RBT.	12.519
Turn left on A283 and proceed east, via Bramber and Beeding Court RBT to Turn at Adur Bridge RBT.	20.987
Retrace on A283 via Beeding Court and Bramber RBTs to Finish at paint mark on curb opposite TP3 about 25 yards before Canons Way. (Map ref 181118).	25.00

Acknowledgements to sponsored clubs

**In Gear Quickvit RT
Southdown Velo Hunter Spring Consultancy/Geared Bikes & wear
Wildside 707 RT**

RACE No.	NAME	CLUB	CAT	VET. STD	START TIME
3	Robin Johnson	Brighton Mitre C.C	V.60	1:16:37	7.03
4	David Bridle	Southdown Velo	V.49	1:10:35	7.04
5	Mark Paton	Sussex Nomads C.C.	V.48	1:10:04	7.05
6	Chirs Hodge	Brighton Excelsior C.C.			7.06
7	James Stone	West Kent RC	V.40	1:06:00	7.07
8	Ian Craig	Lewes Wanderers C.C.	V.46	1:09:02	7.08
9	Robert Downham	Worthing Excelsior C.C.	V.40	1:06:00	7.09
10	Daniel Paine	G.S Stella			7.10
11	Mel Robertson	Worthing Excelsior C.C.	V.61	1:17:11	7.11
12	Nigel Bicknell	Farnham R.C	V.63	1:18:20	7.12
13	Oliver Tuckley	Lewes Wanderers C.C.	V.53	1:12:43	7.13
14	Stuart Jago	Worthing Excelsior C.C.	V.52	1:12:11	7.14
15	Kevin Shaw	G.S Stella	V.53	1:12:43	7.15
16	Jeremy Wootton	Worthing Excelsior C.C.	V.48	1:10:04	7.16
17	Ade Fadero	Sussex Nomads C.C.	V.47	1:09:33	7.17
18	Alan Lloyd	Lewes Wanderers C.C.	V.56	1:14:22	7.18
19	Philip Walker	Worthing Excelsior C.C.	V.41	1:06:30	7.19
20	Paul Read	Redhill CC			7.20
21	Geoff Smith	Sussex Nomads C.C.	V.58	1:15:29	7.21
22	Adrian Rodgers	Worthing Excelsior C.C.			7.22
23	Tony Murphy	Eastbourne Rovers C.C.	V.45	1:08:31	7.23
24	Ian Leeding	Crawley wheelers	V.40	1:06:00	7.24
25	Tony Reeves	G.S Stella			7.25
26	Stuart Medhurst	Eastbourne Rovers C.C.	V.47	1:09:33	7.26
27	Richard Guy	Bec C.C.			7.27
28	Mark Storie	G.S Stella			7.28
29	Edward Klose	Worthing Excelsior C.C.	J.18		7.29
30	Jon Sharples	In Gear R.T.			7.30
31	Jain Brogden	Eastbourne Rovers C.C.	V.40	1:06:00	7.31
32	James Brickell	In Gear R.T.			7.32
33	Sandra Blenkinsop	Kingfisher Triathletes	WV.48	1:14:22	7.33
34	Helen Millier	Lewes Wanderers C.C.	WV.44	1:12:11	7.34
35	Paul Thatcher	Brighton Mitre C.C	V.45	1:08:31	7.35
36	Andy Cox	Lewes Wanderers C.C.			7.36
37	Dan Falconar	Dulwich Paragon			7.37
38	Mike Levett	Lewes Wanderers C.C.	V.55	1:13:49	7.38
39	Taka Wu	Dulwich Paragon	V.50	1:11:07	7.39
40	Mark Winton	Lewes Wanderers C.C.			7.40
41	Nick Varley	Sydenham	V.40	1:06:00	7.41
42	Peter Baker	Lewes Wanderers C.C.	V.51	1:11:39	7.42
43	Paul Outhwaite	Worthing Excelsior C.C.	V.50	1:11:07	7.43

44	Thomas Baker	Lewes Wanderers C.C.	J.17		7.44
45	James Lett	De Laune C.C			7.45
46	Richard Weatherstone	G.S Stella	V.42	1:07:00	7.46
47	Nick Dwyer	Lewes Wanderers C.C.	V.45	1:08:31	7.47
48	Stefano Arcidiacono	East Grinstead C.C.			7.48
49	Claire Isted	East Grinstead C.C.	W		7.49
50	Mike Coyle	V.C. Etoile	V.46	1:09:02	7.50
51	Stephen Morgan	Tooting B.C	V.41	1:06:30	7.51
52	Edward Boorman	East Grinstead C.C.	V.67	1:20:41	7.52
53	Andy Holladay	Lakes Road Club	V.40	1:06:00	7.53
54	Colin Miller	Worthing Excelsior C.C.	V.61	1:17:11	7.54
55	Paul Byford	G.S Stella	V.43	1:07:30	7.55
56	Richard Gifford	In Gear R.T.	V.46	1:09:02	7.56
57	Nick McCormick	Epsom C.C.	V.45	1:08:31	7.57
58	Colin Gray	Norwood Paragon C.C	V.47	1:09:33	7.58
59	Kevin Doe	Worthing Excelsior C.C.	V.52	1:12:11	7.59
60	Steve Dennis	East Grinstead C.C.	V.45	1:08:31	8.00
61	Peter Moon	Eastbourne Rovers C.C.	V.48	1:10:04	8.01
62	Steve Trott	G.S Stella	V.46	1:09:02	8.02
63	Bob Stapley	Epsom C.C.	V.70	1:22:30	8.03
64	Alan Symonds	Eastbourne Rovers C.C.	V.72	1:23:44	8.04
65	Mark Jones	G.S Stella	V.49	1:10:35	8.05
66	Peter Rowe	Southborough & District Wheelers	V.44	1:08:00	8.06
67	Matthew Miles	Wildside 707 RT	V.43	1:07:30	8.07
68	Ivan Johnson	Hastings & St Leonards	V.40	1:06:00	8.08
69	Stephen Gaston	Lewes Wanderers C.C.	V.44	1:08:00	8.09
70	Michael Hutchinson	In Gear R.T.			8.10