

# EAST SUSSEX CYCLING ASSOCIATION

President: S Crabbe

The association's 10 Mile Time Trial, Saturday 19<sup>th</sup> April 2008

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Timekeepers: Richard Meed Lewes Wanderers CC  
Su Balcombe Brighton Excelsior CC

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Event HQ: East Hoathly Pavilion, London Road, East Hoathly.

## Prizes

Scratch	1 <sup>st</sup> £15, 2 <sup>nd</sup> £12, 3 <sup>rd</sup> £9, 4 <sup>th</sup> £8, 5 <sup>th</sup> £7
Vets on age standard (V)	1 <sup>st</sup> £8, 2 <sup>nd</sup> £6
Women (W)	1 <sup>st</sup> £8, 2 <sup>nd</sup> £6.
Juvenile (Juv)	1 <sup>st</sup> £7
Team of 4 riders	1 <sup>st</sup> £7 each

Overall 10 & 25 mile classification with the ESCA '25' the next day are:

Scratch	1 <sup>st</sup> £12, 2 <sup>nd</sup> £9, 3 <sup>rd</sup> £7
Vets on age standard	1 <sup>st</sup> £12, 2 <sup>nd</sup> £9, 3 <sup>rd</sup> £7
Woman	1 <sup>st</sup> £8

## Course Details for G10/87

**Start** at red arrow at drain in South St, East Hoathly 28 yards before 'T' junction with East Hoathly by-pass, South of East Hoathly. **Turn Left** and follow A22 via Whitesmith and Golden Cross to Boship Roundabout (4.9 miles) (M). **Encircle** and retrace on A22 via Golden Cross and Whitesmith to **Finish** by red arrow at 2nd drain past field gate on East Hoathly by-pass, just before first footpath crossing and 344 yards past right turn (South St) for East Hoathly (10 miles).

## Safety Instructions

- Competitors are requested not to warm up on the course after the first competitor has started.
- Details of any additional hazards not listed on the Start Sheet will be displayed or advertised at the signing on point. All competitors must take note of these details when they sign on.
- Competitors must exercise extra care when turning LEFT just after Start and at Boship roundabout.
- No times will be given at the Finish.
- After finishing, competitors MUST continue to the Shaw RBT and take second exit (RIGHT) to return to Event HQ at East Hoathly. No "U" turns after finishing or riders will be disqualified.

## Notes

1. Numbers will be at the hall please sign on before being given your number.
2. The hall will be open from 6:30am.
3. The start is less than one mile from the HQ. Turn right out of the car park, following the road to the start.
4. London South District Regulation: No vehicles, except those of the timekeepers and officials, shall be parked in the vicinity of the start and finish areas.
5. CTT regulations require the compulsory use of helmets for under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors all competitors to wear a hard/soft shell helmet that meets an internationally accepted safety standard.