

**Course details:** Start on B2124 opposite stables 3/4 mile east of Laughton at paint mark on kerb opposite stables on left and drain on opposite side of road, soon after Park Lane Crossroads. Follow B2124 to T junction with A22 (M) at Golden Cross. Turn Left on A22 and continue via Whitesmith to the Shaw RAB where bear Left (1<sup>st</sup> exit) and then straight on at Halland RAB (2<sup>nd</sup> exit) (M) and Golf Course RAB (2<sup>nd</sup> exit) to Little Horsted RAB (M). Turn Left (1st exit) on A26 and continue to Earwig Corner (M). Turn Left on B2192 and continue through Ringmer to Kennel Corner RAB (M). Carry straight on (1<sup>st</sup> exit) to finish on The Broyle opposite centre point of double metal field gate opposite house named "Whitecroft".

**Warning:** Competitors must take extra care when joining the A22 at Golden Cross, when joining the B2192 at Earwig Corner and at all roundabouts

Please do not warm up on the course after the first team has started.

**London South District Regulation:** No vehicles shall be parked on the highway within sight of the start or finishing points.

**Traffic Lights:** In Ringmer there is one set of pedestrian crossing lights which must be obeyed.

**Headquarters:** Laughton Village Hall. Laughton is on the B2124 between Ringmer and Golden Cross. Turn south at the crossroads in the centre of the village, opposite the Roebuck PH. The hall is 200 yds on Right.

**The Start:** is about 5 minutes from the HQ. Go back to the crossroads and turn Right.

**Numbers:** will be at the hall. BOTH riders MUST sign for their number in accordance with CTT rules.

**Hazards:** Any additional hazards not listed on the Start Sheet will be displayed or advised at the Signing-On Point. All competitors must take note of these details when they sign on.

**Times:** Will be available at HQ. No times will be given at the finish.

**Parking:** There is parking available outside the hall and in the car park approx. 100 yards further down towards the church. If parking on the road please use the opposite side of the road to the hall and do not block driveways.

**Toilets:** There are toilets in the hall. Please use them.

Promoted for & on behalf of Cycling Time Trials under their rules & regulations

## LEWES WANDERERS CYCLING CLUB

(President - Mr Mick Burgess)

Present their Nineteenth Annual

## GRAND PRIX DES GENTLEMEN

(Organiser: Graham Jeffs, 90 Southridge Rise, Crowborough, TN6 1LJ  
Tel: 01892 664898)

To be held on Sunday, 7 October 2007

Over 17.68 miles on Course GS/838

Timekeepers: Mick Kilby & Richard Meed

(A Gentlemen's Grand Prix is for teams comprising one veteran and one other rider. The veteran is paced round the course by his partner but may overtake 200 yds before the line. Two veterans may form a team but one must be pacer and one the nominated veteran)

### PRIZE LIST

1 <sup>st</sup> Team on Standard:	£50
2 <sup>nd</sup> Team on Standard:	£40
3 <sup>rd</sup> Team on Standard:	£35
4 <sup>th</sup> Team on Standard:	£30
5 <sup>th</sup> Team on Standard:	£25
6 <sup>th</sup> Team on Standard:	£20
1 <sup>st</sup> Women's Team on Standard:	£15
1st Family Team on Standard:	£15
Fastest Team:	£30

PRIZES WILL BE PRESENTED AS SOON AS POSSIBLE AFTER THE EVENT.  
PLEASE STAY TO COLLECT YOURS OR TO APPLAUD YOUR TEAMMATES.

Don't forget the LWCC Cycle Jumble on Saturday 27 October at Chailey Parish Hall from 9am to 1pm - Entry £1 - Doors open to sellers from 7.30am with tables inside £7 or outside £5 - For more information please contact: Mick Burgess on 01892 661754

47	Debbie Evers	Lewes Wanderers CC			
48	Sue Hudson (WV53)	Lewes Wanderers CC	(WT)	55.26	9.18
49	Mark Paton	Sussex Nomads CC			
50	Geoff Smith (V57)	VC Etoile		53.51	9.20
51	Adam Ford	Eastbourne Rovers CC			
52	David Cox (V60)	Eastbourne Rovers CC		55.02	9.22
53	Martin Bailey	Kettering CC			
54	Tom Bailey (V70)	Kettering CC	(FT)	59.02	9.24
55	Peter Barling	Lewes Wanderers CC			
56	Hugh Procter (V55)	Lewes Wanderers CC		53.05	9.26
57	Ron Rogers	Sussex Nomads CC			
58	Geoff Boore (V69)	Sussex Nomads CC		58.46	9.28
59	David Kennett	Norwood Paragon CC			
60	Doug Rollins (V47)	GB Cycles.co.uk		50.03	9.30
61	Steve Frame	Eastbourne Rovers CC			
62	Harry Featherstone (V75)	Eastbourne Rovers CC		61.16	9.32
63	Michael Valks	Sussex Nomads CC			
64	Paul Valks (V63)	Sussex Nomads CC	(FT)	56.16	9.34
65	Buddy Wheatley	In-Gear Velo Club			
66	Michael Levett (V54)	Lewes Wanderers CC		52.42	9.36
67	Mark Vowells	San Fairy Ann CC			
68	Roy Manser (V73)	San Fairy Ann CC		60.21	9.38
69	Christian Yates	In-Gear Quickvit RT			
70	Sean Yates (V47)	In-Gear Quickvit RT	(FT)	50.03	9.40
71	Spencer Coleman	Lewes Wanderers CC			
72	Bob Coleman (V63)	Epsom CC	(FT)	56.16	9.42

**(FT) = Family Team**

**(WT) = Womens Team**

**Sponsored Clubs:**

In-Gear Development Squad

In-Gear Cycles

Liphook Cycles RT

Liphook Cycles

Crawley Tri Club

Circuit Alert / Holmes Couriers / BeLife

Trisportnews Racing

Trisportnews

GB Cycles.co.uk

GB Cycles

In-Gear Velo Club

In-Gear Cycles

In-Gear Quickvit RT

In-Gear Cycles / Quickvit

NO.	NAME	CLUB	STD. TIME	START TIME
1	Andy Comben	Lewes Wanderers CC		
2	Bob Comben (V52)	Lewes Wanderers CC (FT)	51.56	8.32
3	Adam Gent	In-Gear Cycling Development Squad		
4	Graham Merritt (V52)	Sussex Nomads CC	51.56	8.34
5	James Parfitt	Lewes Wanderers CC		
6	Tracy Caudle (WV40)	Lewes Wanderers CC	50.25	8.36
7	William Robin	Sussex Nomads CC		
8	Richard Harwood (V41)	Sussex Nomads CC	47.52	8.38
9	Stuart Medhurst	Eastbourne Rovers CC		
10	Andrew Stobbart (V46)	Eastbourne Rovers CC	49.41	8.40
11	Richard Weatherstone	GS Stella		
12	John Double (V65)	Crawley Wheelers	57.06	8.42
13	Ben Hardisty	East Grinstead CC		
14	Edward Boorman (V65)	East Grinstead CC	57.06	8.44
15	Roger Watts	Lewes Wanderers CC		
16	Joe Pardo (V50)	Lewes Wanderers CC	51.10	8.46
17	Thomas Jamieson	In-Gear Cycling Development Squad		
18	Richard Jamieson (V40)	In-Gear Cycling Development Squad (FT)	47.31	8.48
19	David Shepherd	Liphook Cycles RT		
20	Ben Fielden (V65)	VC Godalming	57.06	8.50
21	Peter Baker	Lewes Wanderers CC		
22	Ian Landless (V67)	Lewes Wanderers CC	57.56	8.52
23	Nathan Gale	Worthing Excelsior CC		
24	Mark Bernhardt (V45)	Worthing Excelsior CC	49.19	8.54
25	Steve Rollason	Crawley Tri Club		
26	Chris Rollason (V40)	East Grinstead CC (FT)	47.31	8.56
27	Stephen Gaston	Lewes Wanderers CC		
28	Horry Hemsley (V73)	Lewes Wanderers CC	60.21	8.58
29	Mark Winton	Lewes Wanderers CC		
30	Chris Hill (V52)	Lewes Wanderers CC	51.56	9.00
31	Mark Bashford	East Grinstead CC		
32	Kevin Bashford (V48)	East Grinstead CC (FT)	50.25	9.02
33	Mike Anton	East Grinstead CC		
34	Paul Winkley (V51)	East Grinstead CC	51.33	9.04
35	Dean Collins	Wigmore CC		
36	Preston Anderson (V58)	Wigmore CC	54.14	9.06
37	Sharon Watts	Lewes Wanderers CC		
38	Claire Pardo (WV46)	East Grinstead Tri Club (WT)	52.42	9.08
39	Karl Roberton	Worthing Excelsior CC		
40	Mel Roberton (V59)	Worthing Excelsior CC (FT)	54.38	9.10
41	Stuart Edmonds	Sussex Nomads CC		
42	Ade Fadero (V45)	Sussex Nomads CC	49.19	9.12
43	Dave Palmer	Trisportnews Racing		
44	Nick Mann (V46)	Metropolitan Police CC	49.41	9.14
45	Jay Miles	Hastings & St Leonards CC		
46	Tim Miles (V61)	Hastings & St Leonards CC (FT)	55.26	9.16

**Possible course change** – Owing to over running road works at Ringmer, it is possible that we will not be able to use our normal course on the day. If this happens we have an alternative available and you may wish to familiarise yourself with the emergency course details, which are given below. In any case, we will be using the advertised headquarters and start line.

We will not be able to confirm which course is being used until Saturday 6<sup>th</sup> October but if you wish to know in advance please call me on 01892 664898 or 07813 900474 **AFTER 3pm.**

**Course GEM/05**

Start at normal start point as per course GS/838 and continue along B2124 to T junction with A22 at Golden Cross where LEFT and follow A22 via Whitesmith to the Shaw RAB. LEFT (1<sup>st</sup> exit) and continue via Halland RAB (2<sup>nd</sup> exit STRAIGHT ON) to Golf Course RAB where TURN and take 3rd exit retracing via Halland RAB (2<sup>nd</sup> exit STRAIGHT ON) To the Shaw RAB where take 2<sup>nd</sup> exit (RIGHT) and continue on A22 via Whitesmith and Golden Cross to Boship RAB where TURN and take 4<sup>th</sup> exit to retrace on A22 to junction with B2124 at Golden Cross. Turn LEFT on B2124 to finish approximately 488 yards before the start.