

HASTINGS & ST. LEONARDS CYCLING CLUB



May 1998
News 4/98

Secretary
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KCRRL ROAD RACE

The KCRRL Road Race promoted by the club on the Ninfield Circuit is on Sunday Morning 24 May.

We will be needing 4 drivers, CB radio operators, marshals and catering assistance. Please make every effort to help and make the event a success, offers to Chris Parker as soon as possible.

JUNE TIME TRIAL EVENTS

Listed below are some of the local events in June. Further details can be found in the RTTC handbook and the club handbook.

3.6.98	8.25 mile	QS/19	Club event	Broad Oak	
6.6.98	10 mile	Q10/22	Kent CA	Harrietsham	*1
7.6.98	50 mile	Q50/7	Kent CA	Bethersden	
10.8.98	18.5 mile	QS/27	Club event	Hastings - Rye - Hastings	
14.6.98	50 mile	G50/83	ESCA	Fairwarp	*2
	25 mile	G25/18	Norwood Paragon	Crawley	
	25 mile	Q25/12	Ashford Wheelers	Ham Street	
17.6.98	42 mile	QS/28	Club event	Rye - Hythe - Rye	
	18 mile		Club event (Juniors)	Rye - Brenzett - Rye	
21.6.98	50 mile	Q50/12	Kent CA	?	*3
24.6.98	25 mile	G831	Club Event	Sidley (Ninfield)	
27.6.98	25 mile	Q25/9	Team Clean 4 up ttt	?	*3
28.6.98	100 mile	Q100/4	Kent CA	Bethersden	
	25 mile	G25/89	VTTA	Fairwarp	

*1 Incorporates GHS championship, South East DC final

*2 ESCA best all rounder qualifying event

*3 Q courses not in RTTC handbook

For anyone aiming to include a 50 in their racing programme this season try and make the ESCA open on 14th June one of your priority events. We usually have a good club representation and often have supporters out on the course making it more of a social occasion! The ladies should be riding so that they can qualify for the ESCA (and Club) BAR with the September 25 and 10 to come. The men should be riding in their build up for the ESCA 100 if not simply for the pure pleasure of a Sunday morning ride! The ESCA 100 is on the 5th July and will have a larger field this year as it is combined with the SCA because they have not had a volunteer to run a 100 in the west of the county. We will be needing to supply marshals (offers to Chris Parker) at Little Common over half way into the event. Put the date in your diary and aim to turn up and give your support to riders, it can make all the difference to them in the closing stages if they hear friendly voices of encouragement.

CLUB KIT

Club kit still available. Contact Jon Hollidge on 01424 433165 for stock details.

ESCA 25

A fine morning saw a good turnout for this event with the early pace being set by Nik Leech with 1.01.10. This time stood for nearly an hour until the return of Dave Dixon in a PB of 59.42. Rumours began over what he's been taking lately, not so much malicious thoughts but more, where can we get some! Seriously though, a fine ride which has been on the cards since his strong display in the ESCA 2 up. Other times were Derek Addrison in 1.04.14, Archie Soan in 1.04.38, Jon Hollidge, 1.05.04, Tim Blower, 1.05.15, Jay Miles, 1.08.17, Kerrie Cloke, 1.11.14, Roger Barden, 1.11.42 and Anne Addrison in 1.16.53.

Thanks to all those who assisted with refreshments, marshalling, results and to Chris for being pusher off at a minutes notice.

TIME TRIAL ENTRIES

Despite prompts in the Feb, March and April newsletters, a couple of club entries were unfortunately too late to be included in the ESCA 25. Time trials on a Friday, Sat, Sun or Monday have a closing date of 6pm on the Tuesday 10 to 13 days before race day. This is to allow organisers to put together a start sheet which often involves handicapping, seeding the field etc. and therefore the earlier entries are sent in the better. Over half of the ESCA entries, about 50, were received on the cut off date or later which resulted in 10 entries being returned after the start sheets had been printed. It is up to all of us to enter races well in advance where possible to make life easier for organisers.

CLUB EVENTS

As you are probably by now aware, the Pevensey events for May have been switched to a shortened Ninfield course due to roadworks. The meeting place is next to the village green at Ninfield. It is hoped that the event on 27th May will be back on the Pevensey course, roadworks allowing.

A final reminder that the Sunday morning event on 17th May starts at 0800, signing on from 0730 at the start, the entrance to Tarmac Topbloc on Standard Hill, nr Ninfield. This is a change to the time published in the handbook. Please remember to come prepared with your best 25 mile times to allow the winners to be determined on the day. If you haven't ridden a 25 miler before then your best 15, 10 or 50 mile time (in that order of preference) will suffice. Choose your partner carefully, this is a testing course!

RACE RESULTS

ESCA 2 up ttt - 5/4/98. A damp, windy day saw 3 pairs in action on the 23 mile, undulating circuit. First home were Steve Holland and Nick Rudkin in 56.18 followed by Archie Soan and Dave Dixon, 59.32 and Len Norman and Dave Freeman in 1.03.21. The VC Bayeaux pairs of Vic Butler and Keith Evans, John Willis and Bruce Mitchell finished in 1.02.40 and 1.05.20 respectively.

VTTA 25 - 12/4/98. Steve Holland recorded 1.02.27 for 5th overall.

Unity CC 25 - 12/4/98. Jon Hollidge 1.03.20, Cleo Webster 1.20 in her first attempt at the distance.

West Kent RC 10 - 18/4/98. Steve Holland 23.15.

ESCA 10 18/4/98. Torrential rain slowed riders but a good turnout saw the following: Tim Blower, 25.36; Derek Addrison, 25.39; Roger Barden, 28.36; Chris Parker, 29.52; Emma Warner, 30.05; Anne Addrison, 31.53; Stuart Patterson, 32.59 and Damien Taylor, 35.01.

TIME TRIAL SECRETARY

Rob Dixon will be standing down as time trial secretary at the end of the year. For next year we need one, possibly two volunteers to take on this role and the promotion of the ESCA 25 in April. Please give this some thought and perhaps discuss at club nights, evening time trials etc. as we need names by the end of the season for inclusion in the RTTC handbook for the ESCA 25 and for the district handbooks. Contact - Rob or Chris.

RANDONEE

Rumour has it that one of the sponsors of Belle d'Europe will be handing out free samples on the day. The HQ is in Stamco's well equipped clubhouse which includes a bar so Chimay may have to offer their products (8%+ beers brewed by Belgian Trappist monks) elsewhere. Someone has suggested the final refreshment stop at Pevensey Castle, possibly as an attempt to slow the racing folks down since many hardened tourists run on beer. The big TV screen in the bar will be featuring various cycling videos so there will be plenty to keep everyone amused after the ride. Entry forms and further details from Dave Dixon and Chris Parker, be there or be square!

DUATHLON

In the long event, as reported last month, Steve Pocock did perform well and finished 35th out of 67 finishers taking 41.48, 1.39.47 and 49.29 for the 9km runs and 55km cycle, an overall time of 3.11.04 including transitions. Steve's run splits compare well to those in the shorter event despite being two laps each time of the gruelling circuit and with the added effort of the cycle leg between Rye and Brenzett.

In the sprint event, the split times show that Kerrie Cloke led the way on the first 4.5km run in 20.01, Tim Blower 2nd in 20.10 and Rob Dixon 3rd in 21.12. On the 30km cycle, Tim took over the lead with a 56.04, then Kerrie in 57.26 and Rob in 59.58. Kerrie regained the lead on the last run to finish in 1.39.35, Tim in 1.43.28 and Rob in 1.46.38. Kerrie's efforts earned her 2nd lady and a place in the first team, 1066 triathletes. With a third counter for the cycling club, perhaps next year we could provide a challenge in the team event.

Overall, a very well organised event providing an enjoyable mornings racing.

FOR SALE

Wheels - 700c Rigida Aero rims, Hope hubs. 18 spoke radial front, 24 spoke radial / cross rear. 8 speed Shimano cassette, bladed spokes. Very good condition. £250.

Contact Jon Gumbrell on 01424 716140

WANTED

Felix Lelyveld one of the Club BARs in the 1930s has donated two small frame bikes for use of younger members on loan. The Harry Quinn is equipped with sprints but we would like some 700C wheels for it. Does anyone have a pair of wheels they can donate? Please contact Chris Parker.

Deadline for the June issue will be May 28th. Contributions are welcome from all members and should be sent to Rob Dixon.