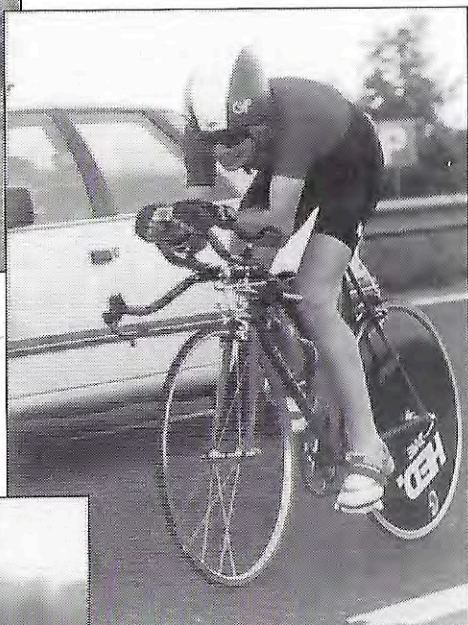




The Yellow Jersey Leading the break in 3-day Rue-de-la Montagne



*Testing on the famous E72/25.
55.12 aged 14.*



Cyclo-Cross International Meeting 1992

ASSOCIATION OF BRITISH CYCLING COACHES

Are proud to present the

33rd National Youth Week



Awards won during 1996 with French club O.G.S.

**August 10th ~ 16th 1997
Easton College, Norwich.**

33rd NATIONAL YOUTH WEEK

August 10th - 16th 1997. Easton College Norwich

The Association of British Cycling Coaches formerly the British Cycling Coaching Scheme which, jointly sponsored by all the National Governing Cycling bodies in England and Wales, will be staging an intensive training course designed for young people to build character and independence. Although the course is aimed at young riders we will, for the second year running be opening up the course to a wider range of people, including female riders of any age, looking to improve their racing performances and to gain some very valuable experience in racing, particularly training. The course is also open to young mountain bike riders and triathletes wishing to improve basic skills and how to increase their overall fitness. Cycling parents have not been overlooked and are welcome to attend the course but they naturally do not qualify for the awards that are an integral part of National Youth Week.

The course is designed for riders that have had some experience in competitive cycling, and is very intensive giving you an in-depth idea of what is expected to become a champion cyclist, as many previous youth week students have in the past. The youngest age that can be accepted for the course is 11 years.

For the fourth year Youth Week will be held at Easton College Norwich, Norfolk. which is part of the Norwich Agricultural College and sited next to Norwich Show grounds, which is the working area for the week. With its many roads and extensive grounds this makes an ideal centre for the road and off-road work. As last year we will be including Grass Track & Hill Climbing to our comprehensive range of practical and lecture activities.

The accommodation is in single unit rooms each with it's own wash basin and on a full board basis, because of the move away from London we are able to bring the costs down to £185.00 for the week, fully inclusive.

The Forest CC have generously donated a silver trophy to the best schoolboy of the week, the leading junior boy on the course is awarded the prestigious Peter Valentine Trophy in memory of the first Youth Week Director. The best girl on the course also receives a trophy. Leaders in each category are awarded a course leaders jersey daily and the whole week operates on a points system which are awarded for various reasons as well as the competitive aspect of the course.

Every year we expect and get future National Champions, and many of you will go on to represent your country in international events overseas.

The course is under the directorship of National Coach Stan Turner and ably supported by senior and qualified staff which will include a medical officer. **All coaches are fully qualified under the ABCC**

If any student coaches that feel that this course would be ideal for them to gain valuable experience in a "Hands on situation" they would be most welcome at the standard course fee.

Please send your completed application form with a deposit of £75.00, with the balance to be paid on first introductory session at the beginning of the course to:

Stan Turner
13 TURSTAN ROAD, WITHAM, ESSEX, CM8 1PB.
☎ 01376 500102

Please make cheques payable to:
ASSOCIATION OF BRITISH CYCLING COACHES.

ASSOCIATION OF BRITISH CYCLING COACHES

Sponsored jointly by the British Cycling Federation, Road Time Trials Council,
and in part with the British Cyclo-Cross Association, British Mountain Bike Federation and U.K.B.M.X.

NATIONAL YOUTH WEEK 1997

Cost £185.00 fully inclusive August 10th - 16th 1997

APPLICATION FORM

Open to male or female riders. Minimum age 11 years.

Name:..... Date of Birth:..... Age:.....

Full Postal Address:.....

.....Postcode:.....

☎ No:..... Cycling Club:.....

Category 1997..... (As BCF Rules)

Best Performances

Road Races:.....

Time Trials:.....

Track Racing:.....

Mountain Biking:.....

Triathlon:.....

Please reserve me a place on the 33rd NATIONAL YOUTH WEEK August 10th - 16th 1997 at Easton College, Norwich, Norfolk.

I enclose a cheque for the full amount/Deposit £75.00. All cheques made payable to the:-
ASSOCIATION OF BRITISH CYCLING COACHES.

We the undersigned agree that the ASSOCIATION OF BRITISH CYCLING COACHES, it's servant, agents or officials shall not be liable in any way or under any circumstances for any injury, loss or damage suffered during, in connection with or as a result of this course. Whether such damage or injury is caused by any negligence or breach of statutory duty by the said association or persons.

It is also agreed that I (the applicant) will abide by any rules laid down by the organisers may withhold part or all of the fee should the applicant withdraw after being accepted for the course.

Signature of applicant:..... Date:.....199

Signature of parent or guardian:..... Date:.....199

Receipt of applications and payments of the fee or a deposit, does **NOT** guarantee a place on the course. A receipt for such payments will be issued as soon as possible, and notification of acceptance or non-acceptance for the course will be during June 1997.

In July, accepted applicants will receive full instructions of what to bring, the location of the centre to be used, and a complete itinerary, along with an attendance list of students and staff.

Return this form with your fee or deposit to:-

Stan Turner (Course Director)
13 TURSTAN ROAD, WITHAM, ESSEX, CM8 1PB.

MESSAGE FROM JAMIE BURROW

Whether you are 12 or 18 and whatever your ability I would highly recommend National Youth Week.

As a juvenile/junior Youth Week encouraged me to try every aspect of cycle sport before deciding which discipline I would like to concentrate on.

I attended twice and each time was beneficial, as a week away from home it helped me gain some independence at an early age and was an excellent chance to make new friends.

As a juvenile I was placed 6th in the National Pursuit, 5th National Cyclo-Cross and winner overall in the National Trophy Cyclo-Cross Series, as a junior, 1st National TT Series, 3rd National Kilo Championship 5th Peter Buckley RR Series and a member of the 10 and 25mile National Junior Championship winning team.

1996 was my first year in France and I had 5 wins and 16 top four placings and am now an Elite Category rider for U.V.Aube.

I am now based in France for most of the season and the lessons learnt at Youth Week have served me well.

If you have any qualms or fears about a week away from home, I can assure you that the time will fly by and before you know it , the final day awards ceremony will be in full swing!

Wishing you all the very best of luck for the future

Jamie Burrow