

# Pedal ups and downs

*TRIUMPHS and disappointment were charted by members of the Hastings and St Leonards Cycling Club at the weekend.*

*Of the three teams of pairs riding the Wessex VTTA team time trial at Ringwood in Hampshire, Mark Knowles, 16, aided by veteran partner Derek*

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## CYCLING

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*Addrison recorded a scorching 59min 2sec to score 11th position in the 49-team field.*

*Meanwhile, John Willis and Pete Company clocked a creditable 1hr 1min 55sec.*

*The third club team to start would have been juvenile club star Chris Kitchenham and veteran Keith Evans but a puncture during their pre-race warm up prevented them from even reaching the timekeeper.*