

JUVENILE 10-MILE TIME TRIAL CHAMPIONSHIP

SHOCK VICTORY FOR ANDREW - HE JUST WANTED TO GET IN FIRST 10

THE GHS 10-mile juvenile time trial championship produced a surprise champion in Andrew Mummery (Hardenhuish School) from Chippenham who upset the form book with his winning 22-15. Born March 27, 1976, Mummery must be one of the youngest to win the title yet mastered the undulating K8 based at Hartlebury near Kidderminster with its headwind 5.25 miles outward leg and 4.75 miles wind assisted return.

The silver medal went to Carwyn Nott (Ysgol Llanharry) with 22-20 and the bronze to Christopher Simpson (Harrogate Granby) with 22-27. The fastest girl was 15-year-old Ruth Gamwell (Fallibroome High) with 26-6.

Mummery was only 14 years and three months when he qualified for the final with a third place in the West DC final in 25-14 won by Phillip Jefferies (Gordano School) with 24-44. But a 21-28 personal best in a club event a week before the championship went unnoticed and even Mummery did not begin to think in terms of winning medals.

'I would have been happy to get in the top 10,' he confessed at the finish. As it was, his 22-15 was the fourth fastest winning ride since the first GHS final in 1966, the championship record standing for Peter Keen with 21-30 in 1980.

The first 22-minute ride came from Richard Montgomery (Framlingham School) off number six from a 4pm Saturday evening start. He clocked a 22-58 that stood for 24 minutes until Lee Mosley (Melsworth High) took over the lead with 22-43. Already there was a feeling of deflation by the non-appearance of Richard Wright (Lincoln City School) at number seven, author of no less than five records en route to three national juvenile track championships a month

before. Later, at number 71, Matthew Middleton (Ormskirk Grammar) the juvenile 500-metre time trial silver medallist and the national juvenile circuit race champion also failed to start.

Tension for Mosley increased as the next hour passed with none of the seeded riders breaking through 23 minutes, but 70 minutes later Mummery found the winning streak, a single 50-tooth chainring and 14 and 15-tooth sprockets on the hills and against the wind and a 12-tooth sprocket 'for downhill bits' using a borrowed disk wheel, but happy to ride. In his words 'my old fashioned upright road bike.'

Another four sub-23 minute rides followed Mummery's 22-15, all of them by top seeds with Paul Manning (Chase Terrace High) off 105 and a member of the Cannock CRC clocked 22-30 followed by Craig Chappell (Loxford High) number 110, with 21-31. A broken foot from football and the vital months off in summer laid low his hopes for a medal in this the last of his three GHS championship rides.

Carwyn Nott clocked 22-20, the Cardiff Ajax CC rider certain to improve on his 10th place last year with 24-06. In fact taking silver medal position with just five riders to come and only one, last man off Christopher Simpson (Harrogate Granby) a danger.

One minute after Nott, Chris Kitchenham (William Parker School) did the ride of his life with 23-10 to take 11th place. The Hastings and St Leonards CC rider had won his South East DC Final in 25-15 and before starting was embarrassed that his ride was 17th fastest in the list of 21 DC Finals. It emerged that his winning ride was on tough Kentish course and a foul day. He was probably the only rider in this championship field who thought the K8 was flat while the majority verdict was that it was hilly and tough.

Fastest girl Ruth Gamwell, a member of Macclesfield Wheelers, showed massive improvement in one year. She was 93rd from the 99 finishers in the 1989 championship with a time of 29-35. She was fastest of the girls in the Manchester DC final with 29-0, but on the day it really mattered she clocked a winning 26-6 that withstood a determined attack from blonde Rebecca Rhodes (Les Beachamps) who excelled herself with 26-44.

The team championship battle was tense, 1988 champions Oakbank School (Keighley) had three early starters and totalled 1-14-0 with Nathan Fox one of the original team clocking 24-2 backed by brother Daniel with 25-34 and Stephen Grange 24-32. It was bettered by King Henry VIII (South Wales) with 1-12-23 which in turn was lowered to 1-11-52 by Tarleton High (Liverpool). But it was a slock trio of Gloucester City CC lads who had the final say. Immaculate in their yellow strip with local sponsorship by Noah's Ark Cycles and Mitsubishi Motors, Alister Scott led the team with 23-3 although slower than is personal best 21-44, with both Clive Hanby 23-10 and Keir Williams 24-20 riding to p.b.'s for a total of 1-10-33, the third fastest aggregate in the history of the GHS championship.

TITLE WIN EASES SAD MEMORY OF 1968

EIGHT years before Andrew Mummery (VC St Raphael) was born, his father Joe came within one second of winning the 1968 men's 25-mile championship in an extraordinary race organised by the Stretford Wheelers and won by Ray Ward (Oldbury & District) with 54-51.

Joe (Poly CC) was leading at the 12.5-mile check with 26-48, Ward and Alf Engers (Poly CC) were level in 26-56.

Then Joe's chain came off and he dismounted to put it back on before hammering back to the time-keeper to clock 54-52 and find that not only had he missed the gold medal by one second, but that he would share the silver medal because Alf Engers had also clocked 54-52.

Joe was a character and a half, always smiling, always polite, he believed in quality miles and still does. He was drummed this belief into young Andrew who says, 'I love speed training, although the

BCF advice waiting until 16 before preactising it. The truth is I cannot get myself out for long plodding miles, even with a group. I prefer the shorter, sharper speed training.'

One of the stories of Joe's training methods 22 years ago came from Mick Ballard, one of the top 25-milers from those days.

He rang Joe one evening and Joe's wife answered, 'He's just this minute gone training, ring back in 10 minutes, he'll be back by then.'

Andrew had no fears about using a single chainring, the cause of his father's failure 22 years before. He used a single 50-tooth chainring on his father's original Alan Shorter machine, his only concession to modern equipment being a disc wheel on loan from a supporter.

Unfortunately Joe was taken sick on the eve of the GHS '10' and did not travel to see Andrew win his first championship aged 14 years and six months.

L. Quinlan (Tarleton High)	23 40
J. Foster (Alderman Peel Sch)	23 40
L. Smithers (Collingwood Sch)	23 43
T. Griffin (Hurstmere Sch)	23 45
C. Gillman (Paignton College)	23 49
G. Day (King Henry VII Sch)	23 49
J. Stewart (Hatch End)	23 50
M. Baxter (Tarleton High)	23 55
A. Lane (Marshalls Park Sch)	24 02
N. Fox (Oakbank Sch)	24 02
M. Howells (King Henry VIII Sch)	24 03
F. Corbyn (Weavers Sch)	24 09
B. Eloome (Beacon Sch)	24 11
S. Tait (Hetton Comp)	24 11
C. Dale (Clough Hall Comp)	24 12
P. Baggaley (Alleyne's High)	24 16
S. McNamara (Worthing High)	24 16
S. Bond (Tarleton High)	24 17
S. Jones (Harry Carlton Comp)	24 17
H. Fairgrieve (Priory High)	24 18
M. Fletcher (Oakwood Park Grammar)	24 18
H. Leach (Bacup & Raw.Gr)	24 19
D. Hicks (Edge End High)	24 19
K. Williams (Newent Comp)	24 20
G. Ripley (Torquay Grammar)	24 21
C. McNamara (Worthing High)	24 24
G. Cresswell (Burnham Upper Sch)	24 25
D. Ellacott (Northgate High)	24 26
M. Wason (Ysol Gyfun Glantaf)	24 28
J. Cannon (Upper Rhonda Comp)	24 30
M. Phillips (King Henry VII Sch)	24 31
T. Lewis (Ridings High)	24 31
A. Edwards (Worthing High)	24 32
S. Grange (Oakbank Sch)	24 32
T. Weatherley (Woodbridge High)	24 32
M. Hope (Swinton Comp)	24 37
A. Broyad (Geoffrey Chaucer Sch)	24 48
A. Lee (Shildon Sunnydale Comp)	24 48
N. Long (Ingateson Ang European)	24 49
K. Smith (Purbeck Sch)	24 54
C. Ash (Tanfield Lea Comp)	24 51
M. Carter (St Peters High)	24 58
C. Boucher (Hutton Grammar)	25 03
A. Sheppard (St Joseph College)	25 03
A. Mazeika (Oundle Sch)	25 04
A. Welton (Wyomondham High)	25 08
S. Francart (Les Beaucamps)	25 10
D. Donald (Crofton Sch)	25 13
B. Robinson (Weydon Sch)	25 16
C. Durkin (Allaynes High)	25 19
S. Riley (Thomas Beckett Sch)	25 21
A. McGarry (Cannonslade Sch)	25 27
B. Clayton (Meadowhead Sch)	25 30
M. Barker (Brushwood County Sch)	25 33
D. Fox (Oakbank Sch)	25 34
S. Reeves (Sheldon Heath Sch)	25 35
J. Grafton (Heles Sch)	25 40
A. Lucas (Kingswood Sch)	25 51
B. Elliott (The Kings Sch)	25 00
Ruth Gamwell (Fallibroome High)	26 06
A. Helps (Burlington Danes Sch)	26 09
M. Taylor (Kings Lanley Sch)	26 11
N. Cammell (Attwood C of E Sch)	26 17
N. Sluman (Heles Sch)	26 42
Rebecca Rhodes (Les Beaucamps)	26 44
M. Fletcher (Alleyne's High)	26 49
Lorna Wates (Dunottar Sch)	26 58
M. King (Oundle Sch)	27 13
N. Smith (William Farr Sch)	27 29
Angela Gill (St Edwards Seniors)	28 24
M. Hollier (Oundle Sch)	29 16
Sarah Gambold (Pembroke Sch)	29 28
Caroline Sullivan (Sandy Upper Sch)	29 39
Angela Beedham (Robert Patt'son)	30 18
Karen Thompson (Ysgol Uwchradd)	30 33
P. Turner (Kings Langley Sch)	30 46
Victoria Bradshaw (Waseley Hills)	36 11
Girl - Ruth Gamwell (Fallibroome High)	26-6
Team - Newent Comp (Alister Scott 23-03, Clive Hanby 23-10, Keir Williams 24-20)	1-10-33

BERNARD THOMPSON

ANDREW MUMMERY (Hardenhuish)	22 15
Carwyn Nott (Ysgol Llanharry)	22 20
Christopher Simpson (H'gate Gr)	22 27
P. Manning (Chase Terrace)	22 30
C. Chappell (Loxford H)	22 31
L. Mosley (Hemsworth High)	22 43
R. Montgomery (Framlingham C)	22 58
S. Shawcross (Wellacre High)	23 00
A. Scott (Newent Comp)	23 03
P. Waddington (Allerton Grange High)	23 04
C. Kitchenham (William Parker Sch)	23 10
R. Price (Meole Brace Comp)	23 10
C. Hanby (Newent Comp)	23 10
M. Wheatcroft (Chesterfield Sch)	23 13
P. Jefferies (Gordano Sch)	23 16
W. Southwell (Lady Manners Sch)	23 21
A. Robinson (Horsforth Sch)	23 22
M. Green (Cottingham High)	23 24
G. Boswell (Eeign Sch)	23 27
R. Lapper (Langley Sch)	23 30
W. Crust (St Georges Sch)	23 30
Z. Carr (Wyomondham High)	23 34
S. Higgins (Streety Comp)	23 34
A. Slater (St Andrews Sch)	23 36
M. Pettit (John Port Sch)	23 39

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