

HASTINGS and
ST LEONARDS
CYCLING CLUB



President Mr Jack Southerden

HANDBOOK

1989 CLUB OFFICIALS

President:	Jack Southerden.	434772
Chairman:	Keith Evans.	425810
Treasurer:	Dennis Coleman.	427584
Road Race Reps:	Andrew Millman.	430909
	John Willis.	216217
Club Runs Reps:	Peter Campany.	
	Mark Richardson.	752894
Event Organiser:	John Adams.	
Junior Committee Member:	Chris Kitchenham.	713856

General Secretary:

Alan Brooks.
"Echelon"
78. Paynton Road.
St. Leonards on-sea.
East Sussex. TN37 7DZ.
Tel: 435618

Club Event Timekeepers:

Peter Baker	Alan Brooks	Peter Campany
Anne Baker	Sandie Brooks	Jack Southerden
Vic Butler	Nigel Davies	Bruce Mitchell
John Adams	Keith Evans	Dennis Coleman
Ron Powell	Ernie Spray	

Life Members:

Mr. Jack Southerden Mr. George Jenkins
Mr. Ernie Spray Mr. Ron Powell Mr. Sid Powell
 Mrs. Barbara Powell

All of the above named officials were elected by The Club at the Annual General Meeting which was held on Sunday the 20th of November 1988.

The Club is affiliated to the following cycling bodies:

B.C.F.	British Cycling Federation.
R.T.T.C.	Road Time Trials Council.
K.C.R.R.L.	Kent Cycle Road Race League.
B.C.C.A.	British Cyclo Cross Association.
E.S.C.A.	East Sussex Cycling Association.
K.C.A.	Kent Cycling Association.
S.C.A.	Sussex Cycling Association.
S.E.C.A.	South Eastern Cycling Association.
S.C.R.L.	Sussex Cycle Racing League.

This year the Club is promoting only two Open Events, The Open Hilly 35km Time Trial centred at Westfield is on Sunday May 28th, the Organiser is Keith Evans. The ESCA Open 50m Time Trial around Nailsham, Lewes and Uckfield is on Sunday August 6th, the Organiser is John Adams.

Both of these events will rely on everyone's support either as marshalls or riders, so please do your bit. The Club will most likely promote two Kent League Road Races but as yet no date or course has been fixed. Andrew Hillman will be the Organiser.

1989 SUBSCRIPTIONS

The cost of Club Membership, from January 1st to December 31st is as follows:

Juvenile	12 - 15	year old	£5. 00
Junior	16 & 17	year old	£7. 50
Senior	18	and over	£10.00
Family	Parents and any children at school		£15.00

All members taking part in any racing activity MUST have some form of insurance. The British Cycling Federation and The Cyclists Touring Club include Third Party Insurance and Legal Aid in their membership fee, which are:

B.C.F.	Juvenile	£5. 50
	Junior	£9. 00
	Senior	£11. 50
C.T.C.	Under 21	£7. 50
	Over 21	£15. 00

If you wish to take part in Road, Criterium or Track Racing, you will have to have a BCF Racing Licence as well as BCF Membership. The cost of a licence is as follows:

Juvenile	Free
Junior	£5. 50
Senior	£11. 00

Alan Brooks will arrange all above memberships.

1988 AWARDS & TROPHY WINNERS

Club Record Certificates

Junior 10 miles	Daniel Wood	22. 32
Senior 50 miles	Peter Baker	1.58. 50
Senior 100 miles	Vic Butler	4.12. 19

Evening Events Medals

Schoolboy	Christopher Kitchenham
Veteran (fastest)	Vic Butler
Veteran (standard)	Vic Butler

Road Race Medals

Martin Markowski, Michael Blann, Daniel Wood

Trophy Winners

Dominic Windsor Best Newcomer.	Chris Kitchenham
Opening 25 Trophy.	Alan Brooks
Rye - hythe - Rye Trophy.	
Dominic Windsor Fastest Junior.	Daniel Wood
Ron Powell Junior 10 Shield.	
Ron Eastees Fastest 25 Trophy.	
Junior Best All Rounder	
Chairmans Cup	Anne Baker
Jack Southerden 25 Trophy	Peter Baker
Croft 50 Trophy	
Du Cros Shield	
Hastings-Rye-Hastings Trophy.	
Martin 100 Trophy.	
Road Race Points Trophy.	Martin Markowski
Road Race Trophy.	
Veterans 25 Trophy.	Vic Butler
Bliss 12 Hour Bowl.	
Senior Best All Rounder	
Hill Climb Trophy.	Not Awarded

1989 CLUB AWARDS

Dominic Windsor Best Newcomer Shield.	To someone new to the sport in 1989.
Dominic Windsor Fastest Junior Shield.	To top junior in the evening events.
Ron Powell Junior Shield.	Fastest 10 by club junior any event.
Opening 25 Trophy.	Fastest club rider, ESCA 25 on 23/4/89.
Jack Southerden 25 Trophy.	Fastest club rider, ESCA 25 on 3/9/89.
Vets 25 Trophy.	Fastest 25 by a club vet any event.
Ron Bastees 25 Trophy.	Fastest 25 any event.
Croft 50 Trophy.	Fastest 50, QorG course.
Martin 100 Trophy.	Fastest 100, QorG course.
Du Cros Shield.	Fastest 100, any event.
Bliss 12 Hour Bowl.	Greatest distance in any event.
Hastings-Rye-Hastings.	Fastest rider.
Rye-hythe-Rye.	Fastest rider.
Hill Climb Trophy.	Fastest combined times of the series.
Chairmans Cup.	Decided by the committee.
Junior BAR Trophy.	Fastest average speeds of any 2X10 & 2X25 miles.
Senior BAR Trophy.	Fastest average speeds of any 25, 50 and 100 miles.
Evening Events Trophy	To be decided by a points system based on riders placings in any and all evening club events.
Top juvenile medal	
Top vet	
Top vet on age handicap	
Junior Road Race Trophy.	For most BCF points.
Senior Road Race Trophy.	For most BCF points.
Roy Hillman Memorial Trophy.	Best placed rider in Sussex Senior Divisionals.

PROVISIONAL CALENDAR OF 1989 CLUB EVENTS

All Wednesday Evenings.

<u>Date</u>	<u>Course</u>	<u>Distance</u>	<u>Time of Start</u>
April 26	Hastings - Rye - Hastings	19 miles	6. 45 pm
May 3	Pevensey Marsh	10 miles	7. 00 pm
May 10	Pevensey Circuit	15 miles	7. 00 pm
May 17	Pevensey Marsh	10 miles	7. 00 pm
May 24	Pevensey Circuit	15 miles	7. 00 pm
May 31	Pevensey Marsh	10 miles	7. 00 pm
June 7	Pevensey Circuit	15 miles	7. 00 pm
June 14	Pevensey, Boship Circuit	24 miles	7. 00 pm
June 21	Rye - Rye - Rye	44 miles	6. 30 pm
June 28	Pevensey Marsh	10 miles	7. 00 pm
July 5	Pevensey Circuit	15 miles	7. 00 pm
July 12	Pevensey, Boship Circuit	24 miles	6. 30 pm
July 19	Pevensey Circuit	15 miles	7. 00 pm
July 26	Pevensey Marsh	10 miles	7. 00 pm
August 2	Pevensey Circuit	15 miles	7. 00 pm
August 9	Pevensey Marsh	10 miles	7. 00 pm
August 16	Pevensey Marsh	10 miles	6. 30 pm
August 23	Pevensey Marsh	10 miles	6. 30 pm
August 30	Pevensey Marsh	10 miles	6. 30 pm
Sept 6	Battery Hill	Hill Climb Series	6. 30 pm
Sept 13	Chowns Hill	Hill Climb Series	6. 30 pm
Sept 20	Stonestile Lane	Hill Climb Series	6. 30 pm
Sept 27	Elphinstone Road	Hill Climb Series	6. 30 pm
Sunday 24 December	Pevensey Marsh Christmas 10	10 miles	10. 30 am

The Evening Events Series is to be decided on a points system. Points will be awarded on a basis, regardless of how many riders in the event, as follows:

Winner	12 Points	5th	7 Points	9th	3 Points
2nd	10 Points	6th	6 Points	10th	2 Points
3rd	9 Points	7th	5 Points	11th	and all riders
4th	8 Points	8th	4 Points		who finish 1 Point

The winner will be the rider who has attained the most points over the whole list of events, with neither a maximum or a minimum number of events to count. Schoolboy, Junior and Veteran categories to be won on the same basis.

CLUB RECORDS

JUVENILE

10	miles	D.Windsor	22.45	1980
25	miles	K.Burden	1.01.05	1983

JUNIOR

10	miles	D.Wood	22.32	1988
15	miles	I.Buckland	39.19	1948
25	miles	D.Windsor	57.21	1985
50	miles	P.Baker	2.11.21	1975

SENIOR

10	miles	M.Markowski	21.54	1987
25	miles	M.Markowski	56.02	1987
50	miles	P.Baker	1.58.50	1988
100	miles	V.Butler	4.12.19	1988
12	hours	V.Butler	244.104 miles	1986
24	hours	S.Carpenter	398.230 miles	1982

TRICYCLE

10	miles	M.Carpenter	24.50	1982
25	miles	M.Carpenter	1.04.35	1982
30	miles	M.Carpenter	1.20.56	1982
50	miles	M.Carpenter	2.15.26	1957
100	miles	M.Carpenter	4.58.55	1957
12	hours	M.Carpenter	218.328 miles	1957

CLUB RECORDS

TEAM RECORDS, BICYCLE

10	miles	M. S. T. Carpenter	1.07.57	1981
25	miles	M. S. T. Carpenter	2.57.53	1979
50	miles	A. Brooks J. Gumbrell T. Carpenter	6.15.07	1982
100	miles	P. Baker R. Sier V. Butler	13.56.09	1984
12	hours	J. Southerden J. Davies M. Carpenter	692.022 m	

TANDEM RECORDS

10	miles	M. Carpenter T. Carpenter	21.02	1981
25	miles	M. Carpenter T. Carpenter	53.55	1981
30	miles	M. Carpenter T. Carpenter	1.03.40	1981
50	miles	J. Mackie W. Griffen	2.00.00	1933
100	miles	J. Mackie R. Harmer	4.24.09	1931
12	hours	J. Mackie R. Harmer	239.500 miles	1931

CLUB RECORDS

Ladies Records

10	miles	E.Carpenter	25.58	1983
15	miles	E.Rolleston	43.23	1956
25	miles	E.Carpenter	1.08.45	1983
30	miles	E.Rolleston	1.26.41	1956
50	miles	E.Rolleston	2.31.57	1955
100	miles	E.Rolleston	5.13.06	1957
12	hours	E.Rolleston	211.002 miles	1957
24	hours	E.Carpenter	365.403 miles	1982

Ladies Tricycle Records

10	miles	E.Rolleston	30.16	1958
12	hours	E.Rolleston	200.189 miles	1958

CLUB PLACE TO PLACE RECORDS

Hastings - Eastbourne - Hastings				
Bicycle	P.Baker	1.26.01		1986
Tandem	J.Southerden			
	A.Moorhouse	1.23.40		1951
Hastings - Folkestone - Hastings				
Bicycle	P.Baker	3.18.11		1986
Tandem	P.Bliss			
	G.Prince	3.25.00		1938
Hastings - Worthing - Hastings				
Bicycle	P.Baker	4.27.53		1983
Tandem	A.Helliwell			
	W.Helliwell	4.35.00		1934
Hastings - London - Hastings				
Bicycle	P.Baker	5.48.57		1985
Tandem	A.Helliwell			
	W.Helliwell	6.04.00		1934

GENERAL INFORMATION

All Club members under the age of 18 are strongly advised to wear some type of protective headwear when they take part in any race, this includes Club Time Trials.

Sunday Club Runs leave from The Briers at 9.00 am.

Midweek Training Rides leave from on the seafront at Warrior Square opposite the Queen Victoria Statue around 6.00 pm on most Tuesdays and Thursdays.

The Club holds a supply of Polylite Racing Jerseys and Club Training Tops.

All members are reminded that The Club can only be run successfully if every member contributes some time and effort. The evening Time Trials especially, not only need riders but marshalls, timekeepers and a pusher-off, please dont leave it to the same people every week.

If you need to know anything about Club matters please ask a committee member. If you have any sensible suggestions, please put them forward.

LIST OF CLUB MEMBERS

as at 14/2/89

Life Members

Jack Southerden
Arthur Coleman
Ernie Spray
George Jenkins
Ron Rowell
Sid Powell
Barbara Powell

Subscribed Members

Alan Brooks
Sandie Brooks
Kelly Brooks
Stacey Brooks
Peter Baker
Anne Baker
Ron Smith
Nigel Davies
Peter Company
Dominic Windsor
Graham Kitchenham
Chris Kitchenham
John Adams
Jackie Adams
Matthew Hammond
Mark Richardson
Bruce Mitchell
Keith Evans
John Willis
Dennis Coleman
Andrew Hillman
Vic Butler
Gary Markwick
Chris Parker
John Ashdown
Ben Ashdown

