#### HASTINGS & ST. LEONARDS CYCLING CLUB

Club competitions over 10 miles are to be as follows:

Evening '10's' - 14 and under - medal for aggregate of two fastest tens.

All riders - medal for aggregate of two fastest tens.

All '10's' on Broad Oak Course (Q10/12) - medal for the rider who improves most during the season on his/her first ride of 1978 on this course.

## HASTINGS & ST. LEONARDS CYCLING CLUB

The Club Committee have agreed to introduce a 'time standards award' scheme for schoolboy members.

The times are as follows, and there a few simple rules to govern the competition.

	bronze	silver	gold
under 13	33.30	32.30	30.30
under 14	31.00	29.00	27.00
under 15	29.00	27.30	26.00
under 16	28,00	26.30	25,00

There is a fee of 50p - payable to the Secretary or the Racing Secretary.

Times to count from receipt of fee.

Times recorded on any course to count.

One fee - one medal! All three standards can be acquired, but it costs 50p for each grade.

If you haven't achieved a standard before your birthday, the 50p will be carried on, but you will have to try for the faster set of times.

The medals awarded will be of base metal, with a bronze, silver or gilt coloured edge to a 'cyclist' centre.

### Entry form

I want to compete for time standards, and enclose 50p fee.

Name .....

Received

Signed.

#### Standards for medals as set at 4.11.63

SENIORS	Gold	Silver	Bronze
25 miles	1.0.0	1. 3. 0	1. 6. 0
50 miles	2. 0. 0	2. 6. 0	2.12. 0
100 miles	4.20. 0	4.30. 0	4.40.0
12 hours	240 miles	230 miles	220 miles
JUNIORS			
10 miles	24.00	24.30	25.30
25 miles	1. 2. 30	1. 5. 0	1. 8. 0
50 miles	2. 6. 00	2.12. 0	2.18. 0

Ι	wa	nt	to	compe	ete	for	time	st	tanda	rds	at			
di	ist	ano	ces,	and	end	close		• • •		fe	90.	(50p	each	distance)
Nε	ame	• • •		••••										

Received Signed

# HAS TNGS & ST. LEONARDS CYCLING CLUB

At our Committee meeting recently it was decided, with reluctance, that restrictions must be imposed on the number of young riders we can accept as club members. We hope this will be a temporary measure, and it is one that we have introduced in the interests of safety.

The Committee decided that the number of young members should be limited to TWELVE. We have 10 at the moment, so can accept 2 more! Membership fee is 50p plus £1 for B.C.F. membership, which provides third party insurance cover and free legal aid in the case of an accident.

Only fully paid up members can attend club meet-ings!

Sorry, no CHOPPERS or small wheelers! LIGHTS MUST BE CARRIED (IN GOOD WORKING ORDER) AT ALL TIMES WHEN YOU MAY EXFECT TO BE OUT IN THE EVENINGS! Puncture outfits and a few tools are necessary, as is a pump to fit the appropriate valve fitted to your inner tube!

We also decided that a lower ege limit of 12 years must be imposed.

The reason for these decisions being taken is the difficulty in maintaining a well regulated club run with novice riders. Road travel is dangerous today, and it is important to ride in tidy formation on the club runs. Single file on busy roads.

Your club captain, Martin Chambers, is trying to arrange a programme of clubruns for you, and will do his best to keep you informed.