

ARITHMETICAL TABLES

<p>Conversion Table</p> <p>..... 1 12 123 1,234 12,345 123,456 1,234,567 12,345,678 123,456,789</p>	<p>Avoirdupois Weight For all Goods except Gold, Silver and Jewels</p> <p>16 Drams 1 ounce oz. 16 Ounces 1 pound lb. 14 Pounds 1 stone st. 28 Pounds 1 quarter qr. 4 Quarters 1 hundredweight cwt. 20 Cwt. 1 ton tn.</p>	<p>Imperial Dry Measure</p> <p style="text-align: right; font-size: small;">Avoird. of Water—lb. oz.</p> <p>2 Glasses 1 noggin = 0 5 4 Noggins 1 pint = 1 4 2 Pints 1 quart = 2 8 4 Quarts 1 gallon = 10 0 2 Gallons 1 peck = 20 0 4 Pecks 1 bushel = 80 0 8 Bushels 1 quarter = 640 0</p>
<p>Sterling Money Table</p> <p>12 Pence 1 shilling s. 2 Shillings 1 florin 2 Shillings & sixpence 1 Halfcrown 5 Shillings 1 crown cr. 10 Shillings 1 half sov. 20 Shillings, 1 sov. or. 1 pound £ 21 Shillings 1 guinea</p>	<p>Hay and Straw Weight</p> <p>36 lb. Straw 1 truss 56 lb. Old Hay 1 truss 60 lb. New Hay 1 truss 36 trusses 1 load</p>	<p>Square Measure</p> <p>144 Square inches ... 1 square ft. 9 Square feet 1 square yd. 30½ Square yards ... 1 square pole 40 Square poles ... 1 rood 4 Roods 1 acre</p>
<p>Arithmetical Signs</p> <p>+ Plus; sign of addition - Minus; sign of subtraction × Sign of multiplication ÷ Sign of division = Sign of equality ∴ Sign of proportion √ Sign of the square root ∛ Sign of the cube root ° Degree, 'minute, "second ∴ Therefore</p>	<p>Long or Lineal Measure</p> <p>12 Lines 1 inch in. 12 Inches 1 foot ft. 3 Feet 1 yard yd. 2 Yards 1 fathom f. 5½ Yards 1 Pole 40 Poles 1 furlong fur. 8 Furlongs or 1,760 yds. 1 mile</p>	<p>Table of Motion</p> <p>60" Seconds 1 minute 60' Minutes 1 degree 30° Degrees 1 sign 12 Signs, or 360° the circle of the earth</p>
<p>Troy Weight For Gold, Silver and Jewels.</p> <p>24 Grains 1 pennyweight, dwt. 20 Pennyweights ... 1 ounce oz. 12 Ounces 1 pound lb.</p>	<p>Cloth Measure</p> <p>2½ inches 1 nail 4 Nails 1 quarter of a yard. 4 Quarters ... 1 yard</p>	<p>Table of Time</p> <p>60 Seconds 1 minute 60 Minutes 1 hour 24 Hours 1 day 7 Days 1 week 4 Weeks 1 month 365 Days 1 year 366 Days 1 leap year 52 Weeks 1 year 12 Calendar or 13 Lunar Months 1 year</p>
<p>Apothecaries' Weight For Mixing Medicines</p> <p>20 Grains 1 scruple scr. 3 Scruples 1 dram dr. 8 Drams 1 ounce oz. 12 Ounces 1 pound lb.</p>	<p>Solid or Cubic Measure</p> <p>1,728 cubic inches ... 1 cubic foot 27 cubic feet 1 cubic yard 24½ cubic feet 1 solid perch mason's work 12½ cubic feet 1 solid perch brickwork</p>	<p>Days in the Month</p> <p>Thirty days hath September, April, June and November, All the rest have thirty-one, Excepting February alone, Which has but twenty-eight days Clear, And twenty-nine in each leap year.</p>
<p>Imperial Heaped Measure</p> <p style="text-align: right; font-size: small;">Lbs. Avoird. of Water</p> <p>8 Gallons 1 bushel ... = 80 3 Bushels 1 sack = 240 12 Sacks 1 chaldron . = 2,880</p>		

MULTIPLICATION TABLE

2	3	4	5	6	7	8	9	10	11	12
Times 2	Times 3	Times 4	Times 5	Times 6	Times 7	Times 8	Times 9	Times 10	Times 11	Times 12
1 are 2	1 are 3	1 are 4	1 are 5	1 are 6	1 are 7	1 are 8	1 are 9	1 are 10	1 are 11	1 are 12
2 - 4	2 - 6	2 - 8	2 - 10	2 - 12	2 - 14	2 - 16	2 - 18	2 - 20	2 - 22	2 - 24
3 - 6	3 - 9	3 - 12	3 - 15	3 - 18	3 - 21	3 - 24	3 - 27	3 - 30	3 - 33	3 - 36
4 - 8	4 - 12	4 - 16	4 - 20	4 - 24	4 - 28	4 - 32	4 - 36	4 - 40	4 - 44	4 - 48
5 - 10	5 - 15	5 - 20	5 - 25	5 - 30	5 - 35	5 - 40	5 - 45	5 - 50	5 - 55	5 - 60
6 - 12	6 - 18	6 - 24	6 - 30	6 - 36	6 - 42	6 - 48	6 - 54	6 - 60	6 - 66	6 - 72
7 - 14	7 - 21	7 - 28	7 - 35	7 - 42	7 - 49	7 - 56	7 - 63	7 - 70	7 - 77	7 - 84
8 - 16	8 - 24	8 - 32	8 - 40	8 - 48	8 - 56	8 - 64	8 - 72	8 - 80	8 - 88	8 - 96
9 - 18	9 - 27	9 - 36	9 - 45	9 - 54	9 - 63	9 - 72	9 - 81	9 - 90	9 - 99	9 - 108
10 - 20	10 - 30	10 - 40	10 - 50	10 - 60	10 - 70	10 - 80	10 - 90	10 - 100	10 - 110	10 - 120
11 - 22	11 - 33	11 - 44	11 - 55	11 - 66	11 - 77	11 - 88	11 - 99	11 - 110	11 - 121	11 - 132
12 - 24	12 - 36	12 - 48	12 - 60	12 - 72	12 - 84	12 - 96	12 - 108	12 - 120	12 - 132	12 - 144

REF. 135

A Sinclair
PRODUCT

British Manufacture

EXERCISE BOOK



HASTINGS & ST. LEONARDS
CYCLING CLUB

TIME TRIALS

1965

RYE - HYTHE - RYE

42

	STARTING TIME	FINISHING TIME	Actual
R. FRENCH	8:35	9:16 10:32.56	1:57.56
M. ASHDOWN	8:36	9:17.30 D.N.F.	
J. ASHDOWN	8:37	9:25.30 10:51.29	2:14.29
"15"			
P. MILES	8:39	9:27.12 9:27.32	48.12
R. WALL	8:40	9:22.32	42.32
S. ASHDOWN	8:41	9:30.06	49.6

2/-

2/-

2/-

1/6

1/6

1/6

10/6

EVENING 10 AUG. 11TH.

D. ASHDOWN	1/6 ✓	4:56 4:55 8:00 5:5	22.50	27.50
J. HOLLANDS	1/6 ✓	5:56	23.45	27.45
I. #SINDEN	1/6 ✓	5:57	25.46	28.46
P. ASHDOWN	1/6 ✓	5:58	28.48	30.48
R. WALL	1/6 ✓	5:59	26.34	27.34
M. ASHDOWN	1/6 ✓	5:00	26.5	26.5
R. FRENCH	1/6 ✓	07.01	26.40	25.40

21.

22 50

23 45

24

25. 46 (3)

26 5. (4)

34. (5)

40 (7)

28 28

August 18th

	START	FINISH	ACTUAL
P. ASHDOWN 1/6	7-0	7-31-2	31-2
R. FRENCH 1/6	7-4	7-29-6	25-6
R. WALL 1/6	7-6	7-33-40	27-40

1/9/65

	START	FINISH	AET.
M. ASHDOWN	7-0	7-26-41	26-41
P. ASHDOWN	7-1	7-32-43	31-43
P. GEORGE	7-2	7-32-11	30-11
R. WALL	7-3	7-30-58	27-58
T. JEAL	7-4	7-37-18	33-18

EVENING "10" August 25th.

1	R. ESTHER 1/-	A-44	5.17.11	33.11
2	P. ASHDOWN 1/-	A-46	5.16.40	30.40
3	I. SINDEN 1/-	A-47	5.16.1	29.1
4	T. JEAL 1/4	A-48	5.19.3	31.3
5	J. HOLLANDS 1/-	A-49	5.16.24	27.24
6	D. ASHDOWN 1/-	A-50	5.17.17	27.17
7	R. WALL 1/-	A-51	5.18.46	27.46
8	M. ASHDOWN 1/-	A-52	5.17.17	25.17
9	R. FRENCH 1/-	A-53	5.18.7	25.7
10	G. KING 1/-	A-54	5.23.13	29.13

McLennan

33 40
34